

# DETROIT SENIOR OLYMPICS

## REGISTRATION FORM



**DETROIT SENIOR OLYMPICS (DSO)** is the local games for individuals at least 50 years old to compete in an array of athletic and social events. DSO also offer resources opportunity in the areas of health & wellness, housing, finance, and networking for the senior population.

Detroit Senior Olympics started in 1984, with the vision that the ability to compete in athletic sports was ageless and that your social activities could be fun competition. Today, DSO host 400 diverse seniors over a three-day period.

### REGISTRATION:

**ONLINE REGISTRATION:** [tinyurl.com/detroitssenolympics](https://tinyurl.com/detroitssenolympics)

**IN PERSON:** 115 Erskine St. | Detroit or any Detroit Recreation Center

All Detroit Senior Olympics participants must register as an athlete or spectator

### REGISTRATION DATES

**Registration Dates:** Now – May 15, 2025

**Last Call Registration:** May 16, 2025 – May 19, 2025

[NO changes to rosters or registrations will be accepted after May 30, 2025.]

**On-Site Registration\*** June 9, 2025 – June 14, 2025

Accepted Payments: Cash, Visa, Mastercard, Discover, American Express, and Money Orders

All registration includes refreshments. Athlete registration include event bag, t-shirt.

### ELIGIBILITY

**Athlete:** Person at least 50 years old. If 49 years old but will turn 50 by December 31, 2025, they may register to compete in the 50-54 age category, where applicable.

**Spectator:** Non-Athlete, Open to All Ages

### RULES

Event times are subject to change (without notice). The Detroit Senior Olympics reserves the right to cancel or postpone individual events due to inclement weather.

All athletes must check in 10 minutes prior to the start of the event or forfeit.

No changes to rosters/registration will be accepted after May 30.

### Official Rules for the Detroit Senior Olympics are governed by the Detroit Senior Olympics Organizing Committee.

- All athletes and spectators of the Detroit Senior Olympics must complete and sign the Official Registration Application.
- Athletes may enter in no more than six (6) events.
- All **Athletes registered by May 19, 2025**, will receive the official Detroit Senior Olympics T-Shirt.
- Athletes shall dress according to events entered i.e., comfortable shoes, loose fitting clothes.
- Detroit Senior Olympics, City of Detroit and its representatives shall not be responsible for lost or stolen personal items.
- No DSO Registration Packets will be mailed or held after June 30.
- Detroit Parks & Recreation / Detroit Senior Olympics Committee reserve the right to cancel, modify, or change events or categories without prior notice.
- Medals will be awarded to 1st, 2nd, and 3rd place winners in events with age categories and non-age categories, unless a rule violation has occurred.  
Age categories: 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75+ except where noted.
- Detroit Senior Olympics will provide all event equipment unless where noted.
- **NO REFUNDS (unless the Detroit Senior Olympics is cancelled)**
- Events with less than two (2) participants for designated age/gender grouping or team, the event will be canceled without prior notice.
- **Arts & Crafts** – Contestant may enter one (1) original project in up to three (3) categories. Provide label describing the item entered for judging.  
SUBMISSION CAN NOT CONTAIN ATHLETE'S NAME OR DSO NUMBER.
- **Baking** – Contestant may enter one (1) baked item in up to three (3) categories. Provide label identifying the item and ingredients entered for judging.  
SUBMISSION CAN NOT CONTAIN ATHLETE'S NAME OR DSO NUMBER.
- **Individual Medley Relay** – A 100-yard IM competition swam in a specified order of **butterfly, backstroke, breaststroke, and freestyle**. Athlete must swim one lap of each stroke. **Team Medley Relay** – Each swimmer swims a different stroke: **butterfly, backstroke, breaststroke, and freestyle**.
- **5 on 5 Basketball** – Teams must be of one gender and have a minimum of five (5) players and no more than 12 players on the roster.  
Age categories 50-54, 55-59, 60-69, 70+
- **Bounce Volleyball** – Teams must have at least one gender of the opposite sex.
- **Bid Whist** – Play will follow the rules compiled from Card Sharks Inc. – Official Rules for Bid Whist Tournament and National Bid Whist Association – Tournament Rules.
- **Pinochle-Play** – will follow the rules compiled from Card Sharks Inc. – Official Rules for Pinochle Tournament and National Pinochle Association – Tournament Rules.

For the full list rules see the Detroit Senior Olympics Official Rules Manual.

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### JUDGING

Events are judged based on gender determination (male/female) and age categories: 50-54, 55-59, 60-64, 65-69, 70-74, 75+ except 8-Ball Billiards, Arts & Crafts, Baking, Bid Whist, Bounce Volleyball, Chess, Cornhole, and Pinochle.

**Arts & Crafts** – Will be judged in category designation only. Each entry will be judged on creativity and originality (its uniqueness), material, presentation, technical/quality of workmanship. See *Detroit Senior Olympics Official Rules* for more information.

**Baking** – Will be judged in category designation only. Each entry will be judge on Execution (Creativity and Originality), Appearance and Taste. The judges will give a score out of five for each criterion, 1 being inedible, 5 being excellent. SUBMISSION CAN NOT CONTAIN ATHLETE'S NAME OR DSO NUMBER.

See *Detroit Senior Olympics Official Rules* for more information.

### AWARD CEREMONY

This year's award ceremony will be a dinner dance held on Thursday, July 24, 2025, from 4 pm to 9 pm. The event is free for all medal winners. Non-Medal Winners, spectators, family, friends, guests, and public ticket cost is \$25.00 per person.

**\* Additional cost; Does not guarantee promotional items, DSO official T-Shirt, and refreshments will be on first come first serve basis.**

Vendor, exhibitor, sponsorship, and souvenir journal ad placement opportunities are available. See the Official Detroit Senior Olympics Registration Applications.

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Name: Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_ Birthday \_\_\_\_\_ Gender \_\_\_\_\_  
(MM/DD/YYYY) (M/F)

Address \_\_\_\_\_ City, Zip Code \_\_\_\_\_ Email \_\_\_\_\_

Detroit Parks & Recreation Senior Program Member? Yes ☐ No ☐ Center: \_\_\_\_\_ Member # \_\_\_\_\_

### ATHLETE SECTION

Athlete \$25 <input type="checkbox"/>	Onsite \$30 <input type="checkbox"/>	Basketball Team + 300 <input type="checkbox"/>	Bowling +\$20 <input type="checkbox"/>	Golf (Cart) +20 <input type="checkbox"/>	Golf (Walk) +15 <input type="checkbox"/>	Pickleball +\$10 <input type="checkbox"/>	Additional T-Shirt + add'l \$12
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Athlete T-Shirt Size ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL ☐ XXXXL

### SPECTATOR SECTION

Spectator T-Shirt ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL ☐ XXXXL  
\$5 ☐ \$12 ☐

(If purchasing a shirt ala carte)

### ADD-ON SECTION (NON-MEDAL WINNERS, GUESTS, SPECTATORS, FAMILY AND FRIENDS)

Award Dinner Dance \$25 x # of Tickets \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_ Money Orders, Visa, Master Card, Discover accepted, No Personal Checks or American Express

Detroit Senior Olympics Photo Release & Waiver Liability:

All participants are advised to consult with their doctor before competing in the Detroit Senior Olympics (DSO).

My signature below indicates I have read this form in its entirety and understand that my participation in the Detroit Senior Olympics events and activities is totally voluntary. Additionally, I acknowledge and agree to the following:

1. My participation in the Detroit Senior Olympics events and activities, including athletic competition, may result in injury. While rules, equipment and personal disciplines are put in place to reduce injury, the risk of injury still exist.
2. I knowingly and freely assume all such risks and agree to hold harmless the City of Detroit, the Detroit Parks & Recreation, their officials, agents, and /or employees, other participants, sponsors, advertisers, owners, and lessees of premises and / or equipment used to conduct the Detroit Senior Olympics.
3. I hereby grant the Detroit Senior Olympics Organizing Committee, my permission to contact the person listed below in the event of an emergency, as well as authorize a medical doctor to attend to me if it is necessary.
4. I give permission for any photograph, video tape reference or any other form of audio-visual record of my participation in the Detroit Senior Olympics, to be use by Detroit Senior Olympics, Detroit Parks & Recreation (DPRD), and its sponsors.
5. In providing my email address I agree to receive periodical notification of Detroit Parks & Recreation program information.

I have read this Waiver and Release of Liability and assumption of risk agreement and fully understand its terms and sign it freely and voluntarily without inducement.

### EMERGENCY CONTACT

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# DETROIT SENIOR OLYMPICS

## REGISTRATION FORM



Athlete Name \_\_\_\_\_

Membership # \_\_\_\_\_ Center \_\_\_\_\_

### MONDAY, JUNE 10

☐ **Bowling** (Additional Fee Required)

☐ **Golf** (Additional Fee Required)

### TUESDAY, JUNE 1

☐ **Bounce Volleyball**

☐ **Swim** ☐ Backstroke ☐ Breaststroke ☐ Butterfly ☐ Freestyle ☐ Individual Medley Relay ☐ Swim Walk

☐ **Table Tournament** ☐ **Bid Whist** ☐ **8-Ball Billiards** ☐ **Chess** ☐ **Pinochle**

☐ **Pickleball Pairs** (additional fee required) ☐ Men ☐ Women ☐ Mixed Doubles

☐ **Bounce Volleyball** Team Name: \_\_\_\_\_

**Bounce Volleyball roster:** (10 max) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,

☐ **Swim Team Medley** ☐ Men ☐ Women ☐ Co-Ed (2 male; 2 Female) Team: \_\_\_\_\_

**Swim Team Medley roster:** (10 max) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,

\_\_\_\_\_

### WEDNESDAY, JUNE 1

☐ **Arts & Crafts** (3 Entries max) ☐ Crochet ☐ Ceramics ☐ Drawing/Painting ☐ Jewelry Making ☐ Quilting ☐ Sewing ☐ Other

☐ **Baking** (3 Entries max) ☐ Bread/Rolls ☐ Pies/Tarts ☐ Cookies/Scones ☐ Cake/Brownies

☐ **Basketball Free Throw**

☐ **5 x 5 Basketball Tournament June 12-14** Team \_\_\_\_\_

**5 x 5 Basketball roster,** (12 max) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,

\_\_\_\_\_

☐ **Cornhole Singles** ☐ Men ☐ Women

☐ **Cornhole Pairs**

☐ **Frisbee Toss**

**Softball** ☐ Hit ☐ Throw

**Track** ☐ 50 Meter Dash ☐ 400 meter Run ☐ 1500 Meter Race Walk ☐ 1500 Meter Walk

Certified Check, Business Check, or Money Order accepted  
**Make Payable to:** City of Detroit **Memo:** Recreation Activity Fund

**Credit card payments:** Accepted through [detroitmi.gov/recreation](http://detroitmi.gov/recreation)

Detroit Parks & Recreation Division  
c/o Detroit Senior Olympics  
115 Erskine St  
Detroit, MI 48201

For more information call **313-224-1100**