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## District 4 Step Into Wellness

August 23, 2025 10:00 am - 2:00 pm Samaritan Center — Wellness Center 5555 Conner St, Detroit, MI 48213





## Councilwoman Johnson's District 4 Step Into Wellness Fair

In partnership with the Detroit Health Department and Henry Ford St. John

Join us for a day of fun, health, and community spirit!

- Learn hands-only CPR, get a chair massage, strike a few yoga poses and so much more!
- Free school supplies for kids (must be present/while supplies last)
- Music, video game truck, and activities for the whole family
- Free food from food trucks and Healthy snacks
- **f** Free giveaways & raffles

Come get the tools to keep your family healthy and ready for a great school year—inside and out! It's FREE, it's FUN, and it's for EVERYONE in District 4.



Registering will help us with our count. Scan the QR code to REGISTER for this event!