

LET'S GET HEALTHY DETROIT!



SAT **OCT**
5TH
12PM-3PM

COUNCIL PRESIDENT PRO TEM
MARY SHEFFIELD

W/ARMOND RASHAD

SPECIAL EDITION OF

RUN THIS TOWN

YOGA/ MEDIATION BY LIVE CYCLE DELIGHT

DETROIT EDISON PUBLIC SCHOOL

FOOTBALL FIELD 2600 MACK DETROIT MI 48207