

Strategic Issue Data Brief

2025



Strategic Issue 7: Chronic Conditions

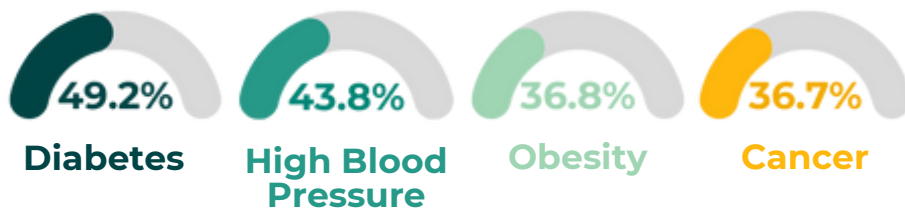
The prevalence of chronic conditions, coupled with systemic barriers such as inadequate trust in healthcare providers and insufficient prevention and management of care, contributes to the lower life expectancy rates in Detroit.

Community Focus Groups

Residents identified chronic diseases and conditions as a significant health concern in Detroit. During discussions, participants raised awareness of the City's air quality issues, which have led to a high prevalence of asthma among residents, particularly affecting vulnerable populations. Other conditions included diabetes, high rates of cancer, and hypertension among residents. These factors collectively underscore the urgent need for targeted interventions and resources to address the chronic health issues affecting Detroit's residents.⁷

Chronic Conditions*

Survey respondents indicated the following as the most important medical issues to address in their community (n=6258)¹



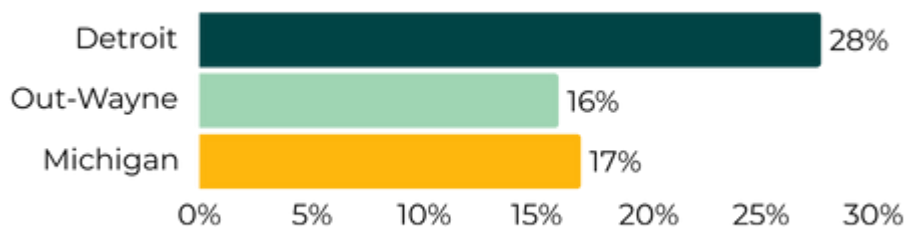
Life Expectancy for Detroit (2024)

69 Years

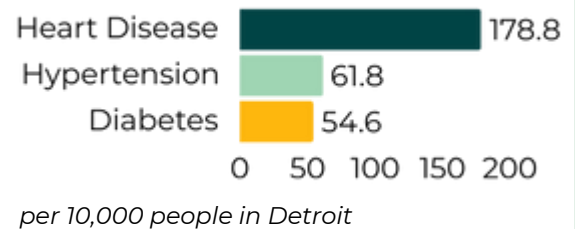
Compared to **73** in Wayne County and **76** in Michigan.³⁷



Reported "Fair" or "Poor" Health (2021-2023)²³



Hospitalization Rates³⁹



Diabetes



19.4%

of adults in Detroit have ever been told they have Diabetes, compared to **12.1%** in Wayne County and **11.6%** in Michigan.²³

Heart Attack

6.2%



of adults in Detroit have ever been told they had a Heart Attack, compared to **5.2%** in Wayne County and **4.7%** in Michigan.²³

*Data from the 2024 Detroit Community Survey



Strategic Issue 7: Chronic Conditions

The prevalence of chronic conditions, coupled with systemic barriers such as inadequate trust in healthcare providers and insufficient prevention and management of care, contributes to the lower life expectancy rates in Detroit.

Community Status Assessment (Primary Community Survey and Youth Visioning Data)	- Community Survey: Chronic conditions such as diabetes (49%), high blood pressure (44%), cancer (37%) and obesity (37%) were indicated as the most important medical issues to address. (n=6258) ¹ - Youth Visioning: A participant shared that for Detroit to be considered healthy, its residents should have access to regular medical check-ups. ²
Community Status Assessment (Secondary Health Indicators)	- Life Expectancy in Years (2024): Detroit – 69 years, Wayne County – 73 years, Michigan – 76 years ³⁷ - Percentage of Adults who were Ever Told They Had Diabetes (2021-2023): Detroit – 19.4%, Out-Wayne – 12.1%, Michigan – 11.6% ²³ - Percentage of Adults who were Ever Told They Were Obese (2021-2023): Detroit – 35.6%, Out-Wayne – 36.8%, Michigan – 34.8% ²³ - Percentage of Adults who were Ever Told They Had a Heart Attack (2021-2023): Detroit – 6.2%, Out-Wayne – 5.2%, Michigan – 4.7% ²³ - Percentage of Adults who Reported Physical Health as Not Good for 14 or more days: Detroit – 17.1%, Out-Wayne – 12.7%, Michigan – 12.8% ²³ - Percentage of Adults who Reported their Health as either “Fair” or “Poor”: Detroit – 27.7%, Out-Wayne – 16.4%, Michigan – 17.4% ²³ - Percentage of Adults who Received a Colorectal Cancer Screening (2020-2022): Detroit – 70.5%, Out-Wayne – 75.3%, Michigan – 75.4% ²⁴ - Percentage of Women Aged 50-74 who Received a Breast Cancer Screening (2018-2020): Detroit – 64.7%, Out-Wayne – 71.5%, Michigan – 72.7% ²⁴ - Percentage of Adults who reported Physical Inactivity (2021-2023): Detroit – 32.6%, Michigan – 24.1% ²³ - Percentage of Adults who reported Current Smoking (cigarettes) (2021-2023): Detroit – 22.1%, Michigan – 15.3% ²³ - Percentage of Detroit High School Youth who reported Ever Using Electronic Vapor Products (2017): Total – 32.4%, Female – 31.2%, Male – 33.4% ³³ - Average Death Rate for Cancer per 100,000 people (2019-2023): Detroit – 163.0, Wayne County – 164.2, Michigan – 157.0 ³⁸

	• Hospitalization Rates for Heart Disease per 10,000 people in Detroit (2022): 178.8 ³⁹ • Hospitalization Rates for Hypertension per 10,000 people in Detroit (2022): 61.8 ³⁹ • Hospitalization Rates for Diabetes per 10,000 people in Detroit (2022): 54.6 ³⁹ • Ratio of Primary Care Providers (2021): Wayne County – 1430:1, Michigan – 1280:1, U.S. – 1330:1 ⁹
Community Context Assessment (Focus Groups)	Chronic Conditions: Residents identified chronic diseases and conditions as a significant health concern in Detroit. During discussions, participants raised awareness of the City's air quality issues, which have led to a high prevalence of asthma among residents, particularly affecting vulnerable populations. Other conditions included diabetes, high rates of cancer, and hypertension among residents. These factors collectively underscore the urgent need for targeted interventions and resources to address the chronic health issues affecting Detroit's residents. ⁷ • Chronic Conditions noted ○ High rates of asthma due to air quality/pollution ○ High prevalence of diabetes ○ Hypertension ○ High rates of cancer • Lack of education on caring for chronic conditions ○ Participants noted a need for advocates for those living with chronic conditions (Chronic Conditions FG) ○ Participants noted there is a need for more resources and education (Chronic Conditions FG)
Community Partner Assessment	• 63% (n=8) of organizations who responded plan to focus on chronic disease within the next 5 years. ⁸ • 63% (n=8) of organizations who responded plan to focus on healthcare access/utilization within the next 5 years. ⁸ • 38% (n=8) of organizations who responded plan to focus on cancer within the next 5 years. ⁸ • 25% (n=8) of organizations who responded plan to focus on immunizations and screenings within the next 5 years. ⁸ • 38% (n=8) of organizations who responded plan to focus on HIV/STD prevention within the next 5 years. ⁸ • 88% (n=8) of organizations who responded focus “a lot” on healthcare access and quality. ⁸ • 75% (n=8) of organizations who responded work on/with healthcare access and utilization. ⁸

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