

LEARN ABOUT

GLITTER HANDWASHING GAME



This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider

Objective

To teach kids how germs spread and why handwashing is important, in a fun and hands-on way!

What You'll Need

- A small bowl
- Hand or body lotion
- Glitter
- A big bowl or bucket
- Small toys

Why This is Fun and Important

This activity shows how quickly germs can spread and kids learn that washing hands and cleaning toys keeps everyone healthier

The Game!



Make pretend germs:

- Mix some lotion and glitter in the small bowl
- The glitter will act like germs!

Spread the "germs"

- Put a little bit of the glitter-lotion mix on your child's hands and have them rub it in
- Let them shake hands, touch toys, or touch other things to see how germs can spread to people and surfaces



Wash the germs away

- Show your child how to wash their hands with warm, soapy water
- Have them wash the toys to practice keeping things clean!