

## LEARN ABOUT

# SOCIALIZING YOUR TODDLER



This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider

### What is Socializing?

Socializing means helping your toddler learn how to play, share, take turns, and talk to others. It builds confidence and teaches how to work through their feelings.

### Why It's Important

Kids who learn to get along with others early often do better in school, feel less stressed, and understand their emotions better.

### Ways to Help Your Toddler Socialize

- 1. Play dates:**  
Invite a friend over for short playtimes. Stay close and guide them as they learn.
- 2. Go outside:**  
Parks and libraries are great for meeting other kids.
- 3. Group activities:**  
Try toddler storytime, music class, or simple art groups.
- 4. Read together:**  
Use books that show kindness, feelings, and friends.
- 5. Talk about feelings:**  
Help your child name emotions like happy, sad, mad, and excited.
- 6. Model good behavior:**  
Let your child see you being kind, patient, and using calm words.

### Fun Ways to Help Boost Your Toddler's Language Development

- Reading books
- Talk about what you do every day
- Teach your toddler new words
- Use technology to your advantage, like reading applications
- Sing songs
- Encourage language development through play, like dollhouse or building blocks
- Incorporate fun family traditions
- Talk to your child about your day