

LEARN ABOUT

LUNG CANCER



This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider.

What is Lung Cancer

Lung cancer begins in the lungs and can spread to the lymph nodes or other organs like the brain

There are two main types:

- Small cell lung cancer
- Non-small cell lung cancer is more common
- Each type grows differently and needs its own treatment

Signs and Symptoms

People with lung cancer might:

- Have a cough that won't go away or gets worse
- Feel pain in the chest
- Have trouble breathing
- Make a wheezing sound when breathing
- Cough up blood
- Feel very tired
- Lose weight without trying

What Can Raise the Risk of Lung Cancer?

Things that can make lung cancer more likely include:

- Smoking
- Breathing in random gas
- Being around harmful substances like asbestos or diesel exhaust
- Having a family member with lung cancer/genetics
- Getting radiation treatment to the chest
- Some unhealthy diet choices

Who Should Get Checked(Screened) for Lung Cancer?

You might need to get checked if:

- If you smoked one pack of cigarettes a day for 20 years
- You still smoke or have quit in the last 15 years
- You are between 50 and 80 years old
- If you think you should get screened, talk to your doctor