

# LEARN ABOUT

# LUNG CANCER



**This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider.**

## What is Lung Cancer

Lung cancer begins in the lungs and can spread to the lymph nodes or other organs like the brain

There are two main types:

- Small cell lung cancer
- Non-small cell lung cancer is more common
- Each type grows differently and needs its own treatment

## Signs and Symptoms

People with lung cancer might:

- Have a cough that won't go away or gets worse
- Feel pain in the chest
- Have trouble breathing
- Make a wheezing sound when breathing
- Cough up blood
- Feel very tired
- Lose weight without trying

## What Can Raise the Risk of Lung Cancer?

Things that can make lung cancer more likely include:

- Smoking
- Breathing in random gas
- Being around harmful substances like asbestos or diesel exhaust
- Having a family member with lung cancer/genetics
- Getting radiation treatment to the chest
- Some unhealthy diet choices

## Who Should Get Checked(Screened) for Lung Cancer?

You might need to get checked if:

- If you smoked one pack of cigarettes a day for 20 years
- You still smoke or have quit in the last 15 years
- You are between 50 and 80 years old
- If you think you should get screened, talk to your doctor