

Choice Neighborhoods

RESIDENT NEWSLETTER

January 2026

Happy
New Year

Tis the Season...

Happy Holidays All, the TCB team is here to serve you!

We are THANKFUL for the opportunity to be a part of your health, education, and workforce journey. We find joy in sharing resources and opportunities to

support individual and family growth & development. To ensure you have the best experience, we need you to show up, participate, and share your ideas on what works for your community.

With the holidays upon us, we have resources to share and don't want you to miss out! So, please be kind and take our calls, answer the door, and attend our upcoming programs to access all resources and opportunities available to you. We are partners on your journey and we can't do it without you.

We look forward to seeing you soon and again, thank you for the opportunity to serve you!



Theresa Mitchell
Director of Community Life

Upcoming Activities - Mark Your Calendars

1/1/26 - Happy New Year!

1/10/26 - Financial Fade Series -12-2pm @ Jay's Fades Barbershop - 17178 Livernois - Rent or Own: Get the tools and resources to make the right housing choice.

1/13/26 - Food Distribution - 1:30-2:30pm @ CKG - in front of the Management Office - receive nutritious foods while supplies last.

1/14/26 - Women Empowerment Series (WES) - 4:30-6pm @ Left Field. Join the conversation...New Year, New You, New Mindset!

1/21/26 - Seniors of CNI Meet-Up - 1-2pm @ Left Field - Join us for an hour of love, laughter and activities.

1/21/26 - Project Graduation Meet Up - 4:00-5:30 pm @ Left Field - Inviting ALL YOUTH IN GRADES 7-12TH.

1/27/26 - Resident Council Meeting - 4-6pm @ Left Field

1/27/26 - Focus Hope Distribution - 1-4pm - Registered seniors of CNI, pick up your food boxes from the CKG Management Office.

Preserve On Ash's Home for the Holidays





Relocation Update

If you are a resident in **Buildings 11 and 12** or **have been selected by IMS for a new unit (Wave 1 of relocation)** you should have received a 30-Day notice from IMS.

Residents in Wave 1 should have met with Erin in November. If you have not had your interview with Erin, please reach out to her ASAP! You will need to receive the following:

- Your scheduled move in date
- Your new apartment # at Left Field
- 30-Day notice (if you haven't received it already)

Please contact Erin Rogers for more information related to updates on relocation and moving specifics. Email: choicerelocation@imsteam.net

Holiday Happenings



Healthy Life Style Classes

STEPPIN' INSIDE

LED BY D'NISHA BRANNON

CHAIR AEROBICS



Sit in your chair and exercise!

Wednesdays at 1:00 pm

Do one video each week or all four.

Your choice!

Week 1 Cupid Shuffle Chair Workout
<https://www.youtube.com/watch?v=4H3wz4g7t0k>
Repeat!

Week 2 eeverdanceapp Chair Exercise
<https://www.youtube.com/watch?v=4H3wz4g7t0k>
Repeat!

Week 3 Chair Workout to Lose Belly Fat
<https://www.youtube.com/watch?v=4H3wz4g7t0k>
Repeat!

Week 4 In-Home Metro Active-Matown Hits
<https://www.youtube.com/watch?v=4H3wz4g7t0k>
Repeat!

Healthy Food Resources

Food Distribution is held monthly, in front of the Management Office from 1:30-2:30pm. Food is available on a first come, first serve basis.

Next Distribution - January 13th

GLEANERS
EST. 1977
FEEDING PEOPLE. NOURISHING LIVES.

Choice Neighborhoods Website

Find updates, activities, and events within Greater Corktown by visiting detroitmi.gov/choiceneighborhoods.

Don't forget check out the photo gallery to see all the fun happening in your neighborhood!

HAPPY BIRTHDAY

Let's Celebrate!!!

January

Jue'Lz Dismuke
Kristin Smith
Makayla Taylor
Nakia Cobbs
Quadir Mann
Rosalind Tatum
Jayzeion Edwards

Bruno Adams
Channel Legreair
Cherizah Mann
Dnisha Brannon
Jessica Clark
Anieyah Council
Carmen Otero



Project Graduation!

Project Graduation (PG)

- **What is PG?** A coaching program for parents and students to help them graduate on time.
- **Who can participate?** Students in grades 7 - 12
- **Where will PG meet?** Left Field Apartments Lounge
- **When will PG meet?** Third Wednesdays, 4:00-5:30pm
- **How can you sign up?** Text "PG" with your full name and email address to 313.484.4709 or 313.484.4702. You can also enroll at any upcoming event!



January PG Meet-Up

Not sure what you want to do yet? That's okay—let's talk about it. Already have a goal in mind? Let's get moving and make it a reality!

Get EXCITED about what's next for YOU!

Wednesday, 1/21/2026

4:00 - 5:30 PM

Left Field Apartments Lounge

Refreshments will be served!



Enjoy the Holidays. Still plan your future!

Do you stop looking for work during the Holiday Season? If yes, you're missing opportunities!

Why?

- There is often less competition. Let others take a break!
- Proactive Impression - Employers view you as motivated before they even meet you. You showed initiative!
- Many companies have a hiring budget and have to fill all of their positions. Get hired now. Start in 2026!

Best Practices!

- Look for Seasonal Jobs. They can lead to permanent work.
- Starting early, you already have a plan & budget for 2026.
- If no response, update your online app for 2026. You have a head start with employers because you already applied!

Education and Resource Supports

This is also a good time to consider training and earning a Certification. SER Metro-Detroit is your source! Here are your contacts:

Training and Support Services

Malikia McGee - 313.962.9675 x 1699 or 313.945.5200 x 4341
mmcgee@detroitatwork.com

Job Placement

Gloria Messenger - 313.377.1067
gmessenger@detroitatwork.com

Parents, you are your child's greatest inspiration. Never stop caring about their future.

THE COMMUNITY
BUILDERS



ACD

IMS



United Community
Housing Coalition