

SNAP

Support for Detroiters

If you are impacted by the stoppage of SNAP food benefits, or if you want to help someone who is, here is what you can do.

HEAD TO [DETROITMI.GOV](https://detroitmi.gov) FOR DETAILS

1 FIND FOOD

Scan QR code for locations:



2 GIVE

Make a financial donation of any size to any food bank.

- What \$25 buys at the grocery store



- What a \$25 food bank donation gets



Donate Food

Whether or not you donate money, we welcome nonperishable food donations that are unexpired, undamaged, and unopened

- To donate food to Gleaners, visit: gcfb.org/food-drives
- To donate food to Forgotten Harvest visit their warehouse at: **15000 W. Eight Mile Road Oak Park, MI 48237**

Protein items are especially welcomed (i.e., canned tuna, canned salmon, and peanut butter)

3 VOLUNTEER

Scan QR code to sign up to volunteer:



4 ADDITIONAL SUPPORT

If you are feeling overwhelmed by this or any other challenge and need emotional support:

- Call **United Way at 211**
- Contact the Detroit Wayne Integrated Health Network's 24-hour help line at **1-800-241-4949**
- Contact the Detroit Health Department and speak to a Behavioral Health Specialist at **313-938-3677**
M-F from 8am-4:30pm.

