### **LEARN ABOUT**

# SIGNS AND SYMPTOMS OF AUTISM SPECTRUM DISORDER



This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider. For more information, contact your health care provider or visit the Centers for Disease Control and Prevention at www.cdc.gov.

#### **Important Note**

Not all children with autism will have every sign listed here - every child is different!

## Social Skills and Communication

Kids with autism may have a hard time talking and playing with others. Some signs to look for are:

- Doesn't look people in the eyes
- Doesn't respond to name by 9 months
- Don't smile or show different facial expressions by 9 months
- Doesn't play simple games like pat-a-cake by 12 months
- Doesn't show things they like to others by 15 months (like a toy)
- Doesn't point to things they find interesting by 18 months
- Does not notice when someone is hurt or upset by 2 years
- Doesn't join other kids in play by 3 years
- Don't sing, dance, or act in front of others by 5 years

### Repeating Behaviors or Having Strong Interests

Kids with autism often have strong routines or do the same things over and over. Some signs are:

- Lines up toys or objects and gets upset if the order changes
- Repeats words or phrases
- Plays with toys the same way every time
- Pays close attention to one part of a toy (like a wheel)
- Gets very upset with small changes
- Has very strong interests in certain things
- Needs to follow the same routine every day
- Flaps hands, rocks body, or spins in circles
- Reacts in unusual ways to sounds, smells, tastes, or how things feel

#### **Other Possible Signs**

- Trouble learning to talk
- Trouble learning how to move (like walking or using hands)
- Trouble thinking or solving problems
- Trouble paying attention, sitting still, or acting without thinking
- Seizures (a health problem in the brain)
- Trouble with sleeping or eating
- Big mood changes or strong feelings