

# CLEMENT KERN GARDENS RESIDENT NEWSLETTER



October/November 2024




## Top **Five** Things to Do During Fall with Your Family!

1. **Eat Cider and Donuts** - Visit a local cider mill and enjoy a fresh baked donut, hot cider, pick a pumpkin and enjoy a hayride! Cider In the City @ **Beacon Park** on, **Oct 19th & 20th** from 1-5pm.
2. **Read Fall Favorites** - Take a trip to your local library and check out your favorite books to share with your family. 15 additional minutes of reading a day goes a long way!
3. **Cuddle up for a movie night** - Turn the lights down, grab your favorite blanket, pop some popcorn and enjoy a family friendly movie like, "It's the Great Pumpkin", Charlie Brown is a classic.
4. **Neighborhood Stroll** - Put on your favorite sweater and walking shoes and visit Roosevelt Park. Take in the fresh air & take time to notice how the color of the leaves are changing. **There's so much to see!**
5. **Head to the Detroit Zoo** - The animals are awaiting your arrival and this month you can dress in costumes, take a hayride and receive treats! Visit the Detroit Zoo website for more information [www.detroitzoo.org](http://www.detroitzoo.org).

## October Activities - Mark Your Calendars

- 1) **Wheelers & Walkers - October 16th, 23rd, & 30th - 12-1pm @ CKG** Come walk, run or slow stroll. Let's keep moving, moving, moving, while discovering what's in the community along the way! If weather permits!
- 2) **TCB Colors House Party! - October 18th - 5-7pm @ CKG** Get ready for the fun! Music, games, food, & learning how to grow your money & build wealth. Join us!
- 3) **CKG Seniors 55 & Up - October 18th - 1-2pm @ CKG** - Hey seniors 55 & up, stop peeking out that window and join us.
- 4) **Food Distribution - October 23rd - 12:30 - 1:30 pm @ CKG.** Fall is here let's stock up those cabinets!
- 5) **Focus Hope Distribution for Seniors - October 24th @ CKG** - Seniors it is such an honor to serve you! Please coordinate the picked up of your box from the Management Office.
- 6) **Tenant Council Meeting - October 24th - 4-6pm @ CKG - THIS IS YOUR MEETING!** Come learn about what's going on in your community.



## NEXT STOP: FINANCIAL WELLNESS

### WE'RE ROLLING IN TO HELP YOU MOVE FORWARD.

At PNC, we're committed to making a difference in your financial life by offering more convenient and personalized service.



### WE'RE RIGHT ON SCHEDULE.

Stop by the PNC Mobile Branch every Friday from 10:00 a.m. to 3:00 p.m.<sup>1</sup> at:

**THE COMMUNITY BUILDERS**  
1461 Bagley St.  
Detroit, MI 48216  
313-768-1125

For more information and availability, please contact The Community Builders.

### WHAT YOU CAN EXPECT

#### ONE-TO-ONE BANKING

Our Mobile Branch gives you the opportunity to meet with a personal banker for financial guidance and support. Get assistance with setting a budget, saving successfully, managing debt and handling other financial opportunities.

#### MOBILE BRANCH SERVICES

Apply for checking and savings products, receive or replace your PNC debit card on-site, apply for a credit card, discuss lending options and more.

#### MOBILE ATM

Deposit cash or checks, withdraw or transfer funds, check balances, and set personal preferences such as preferred language, fast cash and receipt selections.

1. Fees, times and times may be subject to change.  
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We are not a bank.



**Banking just got easier because we are rolling the dough to your door!**

*Days, dates and times maybe subject to change.*

## Healthy Life Style Classes

Loving-Kindness Meditation  
Self-Paced

Link: <https://crim.org/video/loving-kindness-meditation>

Crim Mindfulness/Mat Yoga  
Self-Paced

Link: [crim.org/video/chair-yoga](https://crim.org/video/chair-yoga)

## TCB 3rd Annual Health & Financial Wellness Fair



## Breast Cancer Awareness Month:

### Tip Tuesday!

THE 5 STEPS TO EARLY DETECTION OF

breast cancer

- Routinely self-examine yourself
- Know your risks and family history
- Learn when to have a mammogram
- Regularly visit your doctor
- Follow-up after a screening test



### FOR MORE INFORMATION:

To make an appointment, please call 1-800-KARMANOS (1-800-527-6266) or visit [karmanos.org](https://karmanos.org)



1-800-KARMANOS  
KARMANOS.ORG

## Healthy Food Resources

**Food Distribution** is held monthly, in front of the Management Office from 1-2pm. Please text the CL Service Coordinators to be added to the list for pick up @ 313.484.4702. food is available on a first come, first serve basis.

**Next Distribution - October 14th**

## Join Corktown Health's Programs

### Wednesday's Walkers & Wheelers - Led by D'Nisha B.

**When:** Oct 16th, 23rd, & 30th 12:00pm- 1:00pm  
**Where:** Across from the Leasing Office  
**Led by:** RC - D'Nisha Brannon & Corktown Health

### Nutritional Cooking Classes: Made with Love

**When:** October 23rd @ 2:00pm-3:30pm  
**Where:** 1726 Howard St., Detroit, MI 48216  
**Who:** Corktown Health & Chef Nina Love

**Flu season is upon us, get vaccinated!**  
**Offering Flu & COVID shots!**

## Choice Neighborhoods Website

Stay up to date on the latest news, activities, and events, with the City of Detroit's Choice Neighborhood by simply visiting the website at [detroitmi.gov/choiceneighborhoods](https://detroitmi.gov/choiceneighborhoods) and don't forget check out our photo gallery!





## September Resident Council Meeting Recap!



United Community Housing Coalition (UCHC) hosted the tenant council meeting on Monday, September 30th. JFM Consulting Group, Michigan Coalition Against Homelessness and The Michigan League of Women Voters spoke to residents about the Greater Corktown Survey and voting rights. JFM Consulting had physical and digital surveys for residents to complete. Residents can give feedback on how they feel and what they think about their neighborhood. JFM Consulting wants to hear from you. For more information you can reach out to Jason Gapa at [jgapa@jfmconsulting.net](mailto:jgapa@jfmconsulting.net). Michigan Coalition Against Homelessness (MCAH) walked attendees through common myths about voting rights. If you need to register to vote, you can do it online at [www.Michigan.gov/VoterRegistration](http://www.Michigan.gov/VoterRegistration). The Michigan League of Women Voters gave out sample ballots of the November Election to residents as well as a voter guide. If you have questions about where you vote and who you can for, visit [www.vote411.org](http://www.vote411.org) for election information. You can also visit [www.lwvdetroit.org](http://www.lwvdetroit.org) for more information on absentee ballot voting. If you need additional information on voting, you can also call (313) 288-9590 to get in contact with someone from the organization. If you have any ideas or want to get involved in the planning process for future tenant council meetings, you can contact Pablo or Meg below. Thank you to all who joined, and we hope to see you next time!

For Questions, Contact United Community Housing Coalition:

Meg Marotte: 313-261-4709

Pablo Marcos: 313-572-1401

Claudia Sanford: 313-570-0992

League of Women Voters: 313-288-9590

JFM Consulting Group: 313-818-3000

Michigan Coalition Against Homelessness: 517-485-6536

# Let's Celebrate!!!

## HAPPY BIRTHDAY

Aminah Dawson  
Ana Diaz  
Aniyah Samuel  
A'Urbre Clerk  
Elias Williams  
Freddie Thomas

Geroid Johnson  
Jane Bonney  
Jasce Jackson  
Josh Dawson  
Karrine Duncan  
Lauryn Clerk  
Sharee Edwards

Lisa Rodriguez  
Ratosha Johnson  
Reginald  
Moorehead III  
Rhonda Ellington  
Roderick Pickens  
Sade Keith



## Welcome the New Education & Resource Manager Kimberly Cooley!



She is no stranger to us, but please join us in welcoming our new Education and Resource Manager to the TCB Team! Kimberly comes to the team with much experience. In addition, she is a mother of three daughters and grandmother. She loves helping people and has a passion for entrepreneurship. Her goal is to ensure students graduate on time and gain access to post-secondary opportunities, along with providing access to training and education opportunities for everyone interested.



### How to find employment or training when help is not around!

1. Network - Neighbor, Family, Friend, Social Media leads
2. Referrals - If company offers bonus, find an employee
3. Job boards - Indeed, LinkedIn, USAJobs.gov, Glassdoor
4. Job Fairs - Listen to news, Search online near you
5. Volunteering - Team leaders note your excellent help
6. Temp Company - Short term jobs open doors
7. One Stops - Detroit at Work! Centers - WIOA Training
8. Free Online Certifications - LinkedIn Learning, Google Certs
9. Michigan Reconnect - Matches you to college and training
10. Future Proud Michigan Educator - Grant and Scholarships
11. Michigan Tuition Grant - Degree at Colleges & Nonprofits
12. Check where you work. Tuition assistance is often available.

Kya French

### New Program Alert!



### Project Graduation (PG)

- What is PG? A coaching program for parents and students to help them graduate on time.
- Who can participate? Students (Grades 7 - 12)
- Where will PG meet? TCB Office
- How can you sign up? Text PG to 313.484.4709 or 313.484.4702. You can also enroll at any upcoming event!

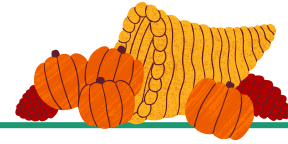
**NOTE** - To get to where you want to go, you have to start planning now!



# CLEMENT KERN GARDENS RESIDENT NEWSLETTER



## November 2024



Happy  
Thanksgiving



### CKG, Let's Rock this Vote!

Vote on Nov 5th, like your life depends on it



Get your sticker  
don't let anything hold you back!

#### VOTING INFORMATION

##### You CAN register and vote:

- ✓ Misdemeanors and felonies on your record.
- ✓ Incarcerated pretrial or waiting to be sentenced.
- ✓ Without a photo ID.
- ✓ On probation or parole.

##### How to register and vote:

Online (Michigan ID required) or by mail (absentee):  
[www.michigan.gov/vote](http://www.michigan.gov/vote).

##### In Person:

Visit your city or township clerk's office and provide proof of residency any time up to 8:00pm on election day - Tuesday, November 8th.

##### You can vote early!

You don't need to wait until election day to vote. Get started today! Visit [www.michigan.gov/vote](http://www.michigan.gov/vote) and select "Early voting."

#### November Activities - Mark Your Calendars

- 1) **Women Empowerment Series Part 24 - Making History!** Join us **Tues. November 5th from 4:30-6:00pm @ TCB 1842 Michigan Ave.** for Cocktails & Conversation, as we celebrate the opportunity to make history by casting your ballot. **We look forward to seeing you!**
- 2) **Walkers & Wheelers - Wed. November 6th, 13th, & 20th - 12-1pm @ CKG** Come walk, run, slow stroll, or roll. Let's keep moving, while discovering what's in the community along the way! **Session is subject to cancellation if inclement weather.**
- 3) **Food Distribution - November 11th - 1:30 - 3:30 pm @ CKG.** Fall is here let's stock up those cabinets! Food is given on a first come first serve basis, while supplies last.
- 4) **Financial Empowerment Session** (Invest in your future) - Financial Literacy workshop and focus group. **Thurs., November 14th from 5-7pm @ TCB 1842 Michigan Ave.**
- 5) **GreenPath Financial Education- Tues., November 12th 5:30-7:00 pm Keys To Homebuying:**  
[https://greenpath.zoom.us/webinar/register/WN\\_I\\_XfZrQNTOKk4xhdVyPbhg](https://greenpath.zoom.us/webinar/register/WN_I_XfZrQNTOKk4xhdVyPbhg)



Visit  
[detroitvotes.org](http://detroitvotes.org)  
to check your registration and learn more.

August 2024

PROJECT CLEAN SLATE



# Save the Dates!

COLLABORATION WITH ESSENTIAL ASCENTS PROJECT WOW

Presents  
**H.E.R SERIES HEALING GROUPS**

This group will equip you with the knowledge, skills and resources to navigate and heal from past traumas by fostering a safe and supportive space weekly

WEDNESDAY, OCTOBER 16th - December 11th, 2024  
10:00am-12:00pm

Please Register [Bit.ly/SHGROUP2](http://bit.ly/SHGROUP2)  
Or Call 313-681-6506

BUILDING THE CAPACITY OF BLACK PROGRAMS (BCP) INITIATIVE IS FUNDED AND SUPPORTED BY GRANT NUMBER 90E0550-01-00 FROM THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES



## FREE Estate Planning and Will Preparation



Protect your family's future with an estate plan. Work with an experienced attorney to ensure your home is passed down to the next generation.

### 2024 Workshop Dates:

**Thurs, October 31st - 2:00PM**  
Location: 7310 Woodward Ave  
Hosted by Wayne Metro

**Thurs, November 14th - 5:30PM**  
Location: 11475 East Outer Drive  
Hosted by U-SNAP-BAC

**Note:** Workshops available within the next 90 days are displayed.

Scan QR code to sign up for our estate planning workshop!



### Workshops will cover:

- **Will** - a legal document that outlines a person's final wishes.
- **Power of Attorney** - assigning a person to handle some or all of your property and financial affairs.
- **Ladybird Deed** - A deed that allows a property owner to transfer the property to another person at the time of the owner's death.

[MYDHN.EDUCATION](http://MYDHN.EDUCATION)

(866) 313-2520



### ALL 2024 WORKSHOP DATES:

- **FOUNDATIONS OF WEALTH BUILDING WORKSHOP: @10AM FOR 2.5 HRS**  
6/18, 7/16, 8/20, 9/17, 10/15, 11/19
- **RENTING RIGHT WORKSHOP: @2PM FOR 1.5 HRS**  
6/18, 7/16, 8/20, 9/17, 10/15, 11/19
- **HOMEBUYER CLUB: @10AM FOR 3.5 HRS**  
6/17, 7/17, 8/21, 9/18, 10/16, 11/20
- **KEEP MY HOME WORKSHOP: @2PM FOR 1 HR**  
6/17, 7/17, 8/21, 9/18, 10/16, 11/20
- **MAINTAINING THE DREAM WORKSHOP: @10AM FOR 2 HRS**  
6/20, 7/18, 8/22, 9/19, 10/17, 11/21

Learn more and register at [waynemetrol.org/housing/](http://waynemetrol.org/housing/)

### THANK YOU TO OUR PARTNERS!

