

OFFICE OF PRESIDENT PRO-TEM JAMES TATE

DETROIT

8 MILE RD · FIVE POINTS · TELEGRAPH RD · FULLERTON · I-96 FWY · ARDMORE · PURITAN · MCNICHOLS · SOUTHFIELD FWY



DISTRICT 1 MONTHLY MEETING

TOPICS OF DISCUSSION

A DOUBLE DOSE YOUTH SPOTLIGHT

HOW FIBROIDS AFFECT WOMEN OF COLOR

DRIVING INTO THE FUTURE
WITH AV CARS

**GOOD MORNING D1!
THANK YOU FOR JOINING US
TODAY. WE'LL BE GETTING
STARTED SHORTLY.**

**THIS WOULD BE A GOOD TIME
TO SIGN IN, ENJOY JUICE OR
COFFEE AND LET'S GET
READY FOR A GREAT
MEETING.**

**ZOOM WEBINAR ID
814 6747 6342**

≡ Welcome ≡

GOD LAND UNITY CHURCH

Dorothy Thomas - President of the Board of Directors



COUNCILMAN TATE

PROTECT
YOUR
CROWN

(AND ALL THE WAY DOWN)



YOUTH SPOTLIGHT
DOMINIC & CODY CONNER

How Fibroids Affect Women of Color



Ganesa Wegienka, PhD



Michele Thomas, M.D.

featuring
Tracy Armstrong
Fibroid Foundation Detroit Chapter Ambassador

Uterine Fibroids: an Overview

Ganesa Wegienka, PhD*
Henry Ford Health

*I am not a medical doctor.

Some slides provided by University of Michigan's
Dr. Erica Marsh.

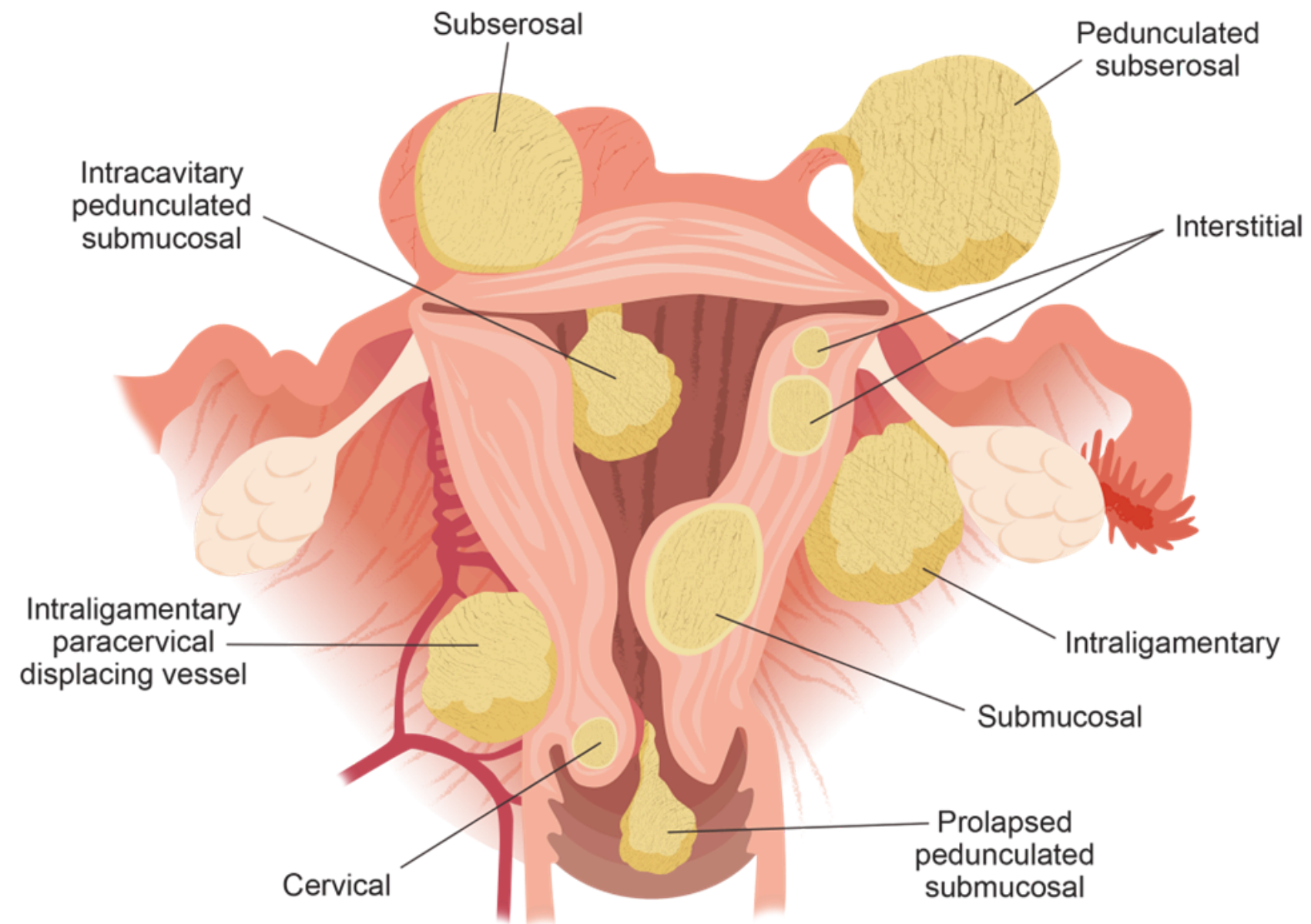
Talk Overview

- Introduce uterine fibroids
- Fibroid Treatments
- Racial disparities
- What researchers are trying to do

Uterine Fibroids

- Common non-cancerous tumors
- We do not know how to prevent them
- Cause many health and quality of life problems
- Physicians will use imaging (ultrasound/MRI) to diagnose them
- Half of women with fibroids do not have a diagnosis

- Uterine fibroids have a rubbery, super-ball feeling
- There can be multiple fibroids in a single uterus
- Sometimes sized by “gestational age”



Uterine Fibroid Symptoms

- Heavy bleeding, pelvic pain, infertility
 - Bleeding can lead to anemia which could require supplements, medications and/or blood transfusions
- They can have no symptoms
- Leading cause of hysterectomy

Uterine Fibroid - Bleeding

- Gushing type bleeding
- Can be too much for pads & tampons
- Can lead to anemia
 - Can be checked with a routine blood test (hemoglobin)
- Heavy bleeding is not “normal” – talk to your doctor

Uterine Fibroids - Risk Factors

- ☒ Black/African American
- ☒ Premenopausal (still having menstrual periods)
- ☒ No prior live births
- ☒ Tobacco Cigarette Smoker

Treatments for Fibroid Symptoms

- Depo Provera injectable
- Oral contraceptive pills
- Hormone releasing intrauterine devices
(IUD - Placed by the doctor)

Uterine Fibroids - Treatments

- Uterine artery embolization –
interventional radiologist
- GnRH agonists/antagonists –
gynecologists/family/internal medicine
- **Hysterectomy - gynecologist**
- **Myomectomy - gynecologist**

GnRH Agonists/Antagonists

- Medications to shrink fibroids
- Fibroids usually come back or regrow once you stop the medication
- The medications have side effects
 - May need to limit how long these medications are used

Hysterectomy

- Removal of the uterus (womb)
 - Partial (leave your cervix)
 - Total (takes your cervix)
- Does not mean ovaries or tubes are removed
 - Oophorectomy (ovary removal)
 - Salpingectomy (one or both tubes)
- Ends fertility/childbearing
- Open surgical incision or keyhole (laparoscopic incision)

Myomectomy

- Removal of the fibroids
- Open surgical incision or keyhole (laparoscopic incision)
- May or may not affect fertility (ability to become pregnant and safely deliver the child)

Robotic/Laparoscopic

- Laparoscopic surgeries involve the keyhole incisions
- Sometimes the surgeon uses a robot to assist them in performing laparoscopic surgery
- Sometimes the surgeon does NOT use a robot to assist them

Laparoscopic Surgery

- Less blood loss during surgery
- Tend to have quicker recovery time
- Not all patients are eligible for laparoscopic surgery
 - Less common with a large uterus

Racial Disparities Compared with White women, Black women ...

- Have more and larger fibroids
- Develop fibroids at younger ages
- Have a bigger uterus and worse symptoms at time of treatment
- Have a preference for uterine-sparing treatments
- Tend to be less satisfied with fibroid treatments treatment option

Impacts of Racial Disparities

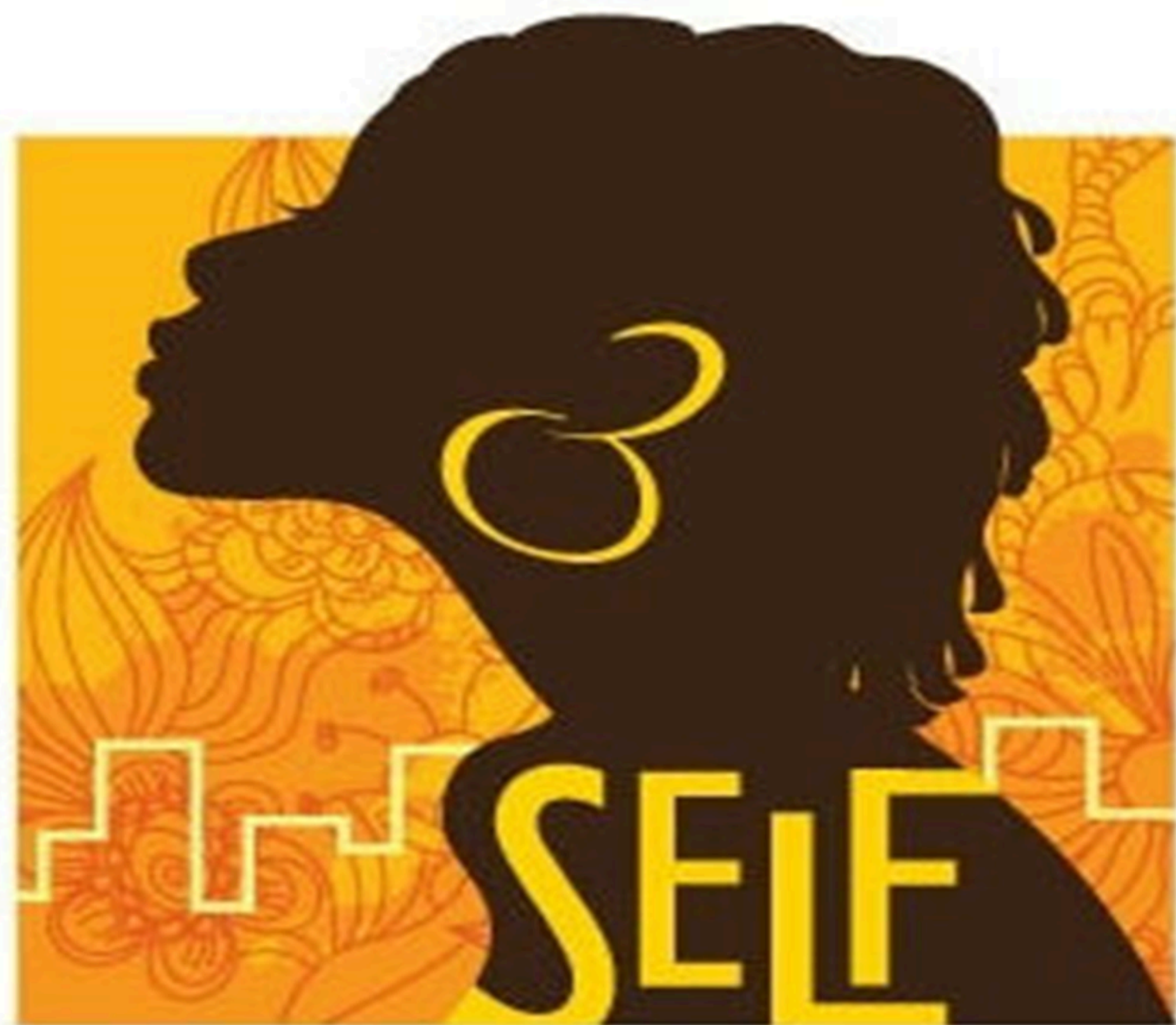
- Develop fibroids at younger ages
 - This means that Black women tend to be younger when they must make decisions about fibroid treatments.
 - What if they want to keep their uterus and/or maintain their ability to have a child?

Impacts of Racial Disparities

- **Have more and larger fibroids**
- **Have a bigger uterus at time of treatment**
 - **Black women may benefit less often from**
 - **Laparoscopic surgical approaches**
 - **Uterine sparing treatments**

Racial Disparities

- We don't understand the sources of these disparities
- We as researchers are working hard to understand the sources of racial disparities
- treatment option



**STUDY OF ENVIRONMENT,
LIFESTYLE & FIBROIDS**

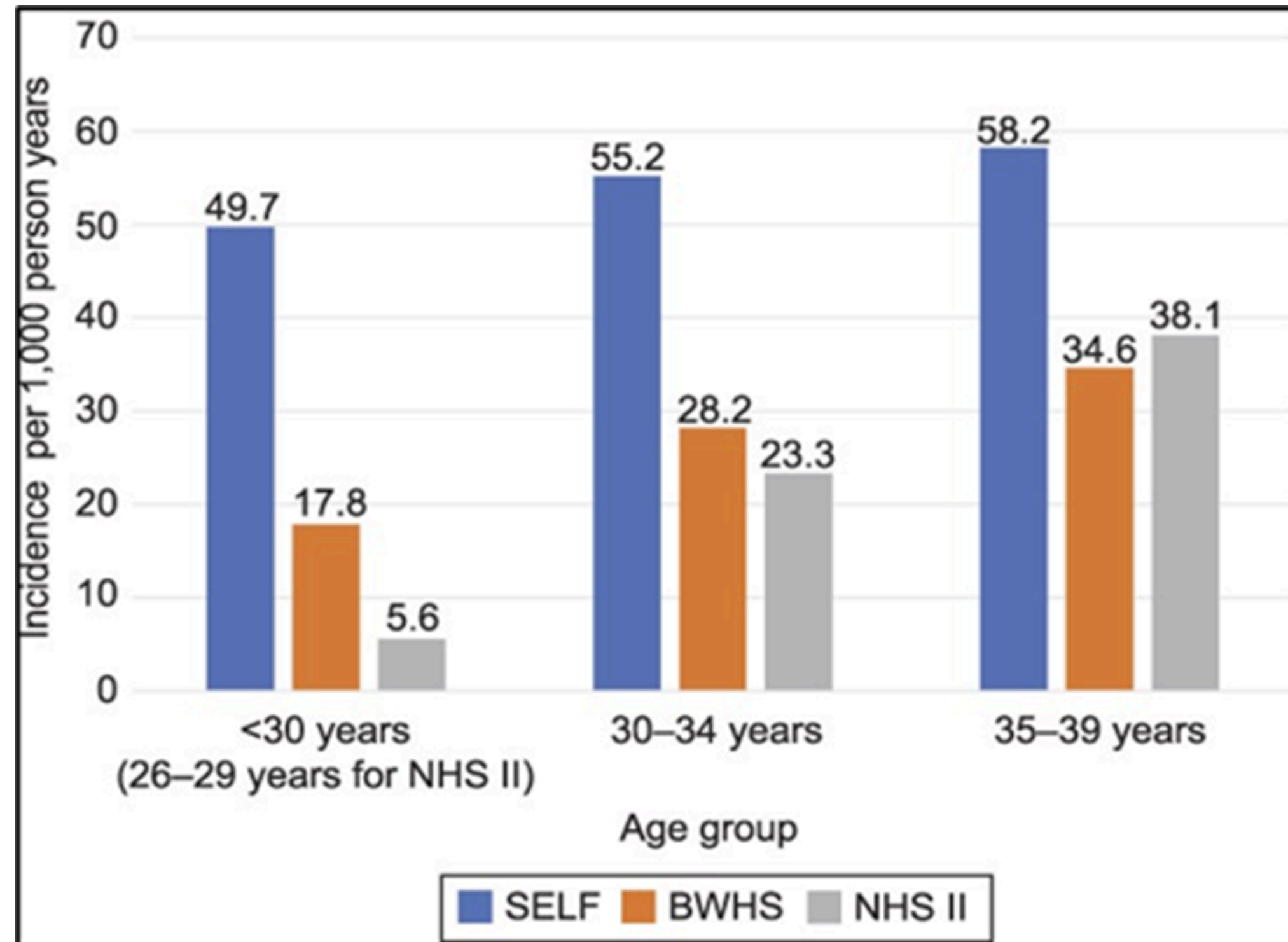
SELF

- Started in 2010
- Recruited >1600 Black/African American women from the Detroit area (the only location in the country!)
- Participants had several ultrasounds over time
- They provided blood samples and completed questionnaires about themselves

SELF - Results

- ↓ Smoking
- ↓ Vitamin D levels in Blood
- ↑ Environmental toxicants
- Documenting the “natural history”

Age at 1st Fibroid in the SELF Cohort



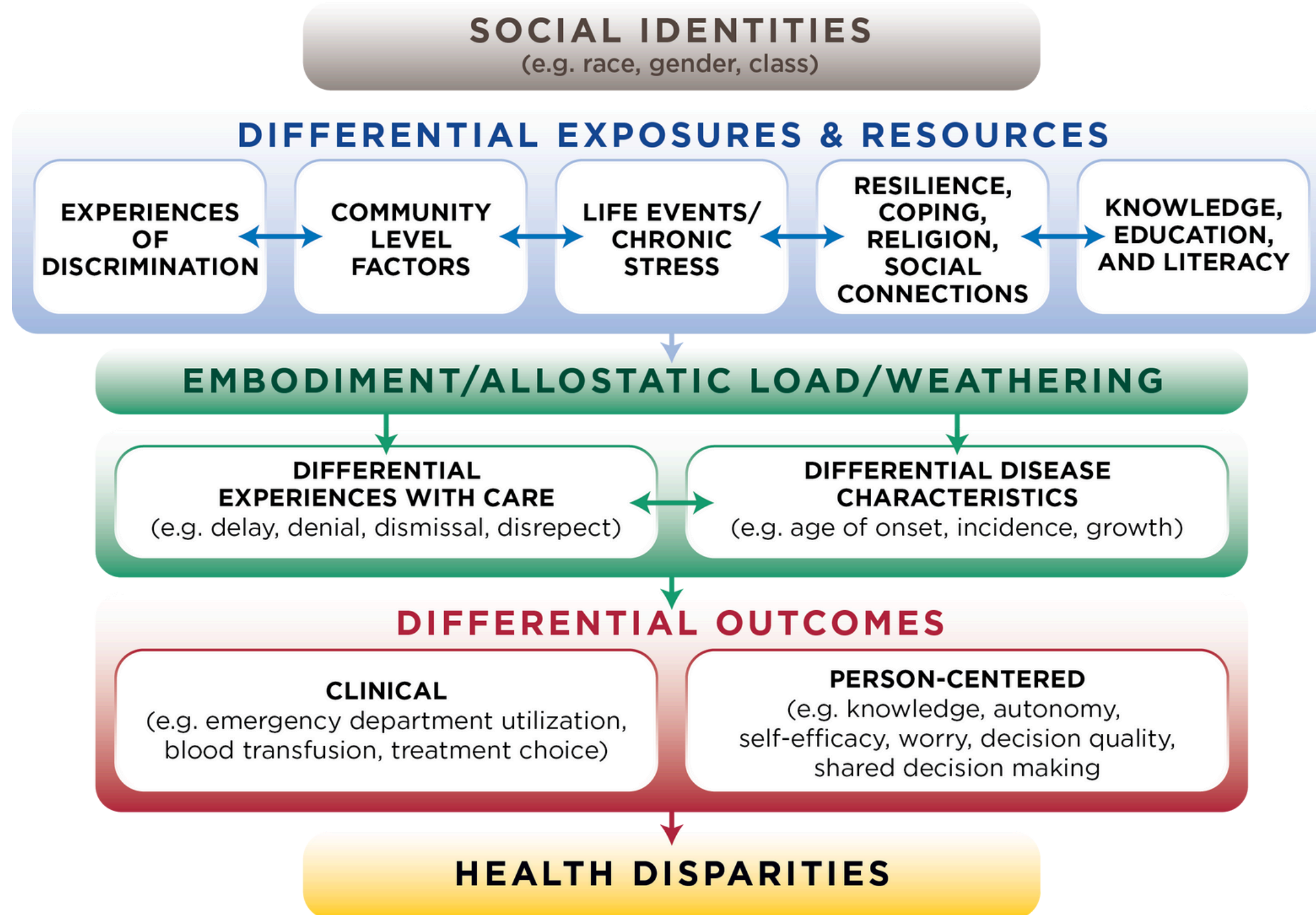
SELF

- Why haven't we made more progress?
- What have we failed to consider?

The Socio-Cultural Model of Fibroid
Disease and Experience

SOCIO-CULTURAL MODEL OF FIBROID DISEASE AND EXPERIENCE

(RACISM, SEXISM, CLASSISM, ETC.)



Adapted from Katon JG, Plowden TC, Marsh EE.; Fertil Steril. 2023 Mar;119(3):355-363. doi: 10.1016/j.fertnstert.2023.01.022. Epub 2023 Jan 20.



PEACE

PARTNERING FOR **E**QUITY:
AN **A**CADEMIC AND **C**OMMUNITY
ALLIANCE TO ELIMINATE
DISPARITIES THROUGHOUT
THE FIBROID **E**XPERIENCE

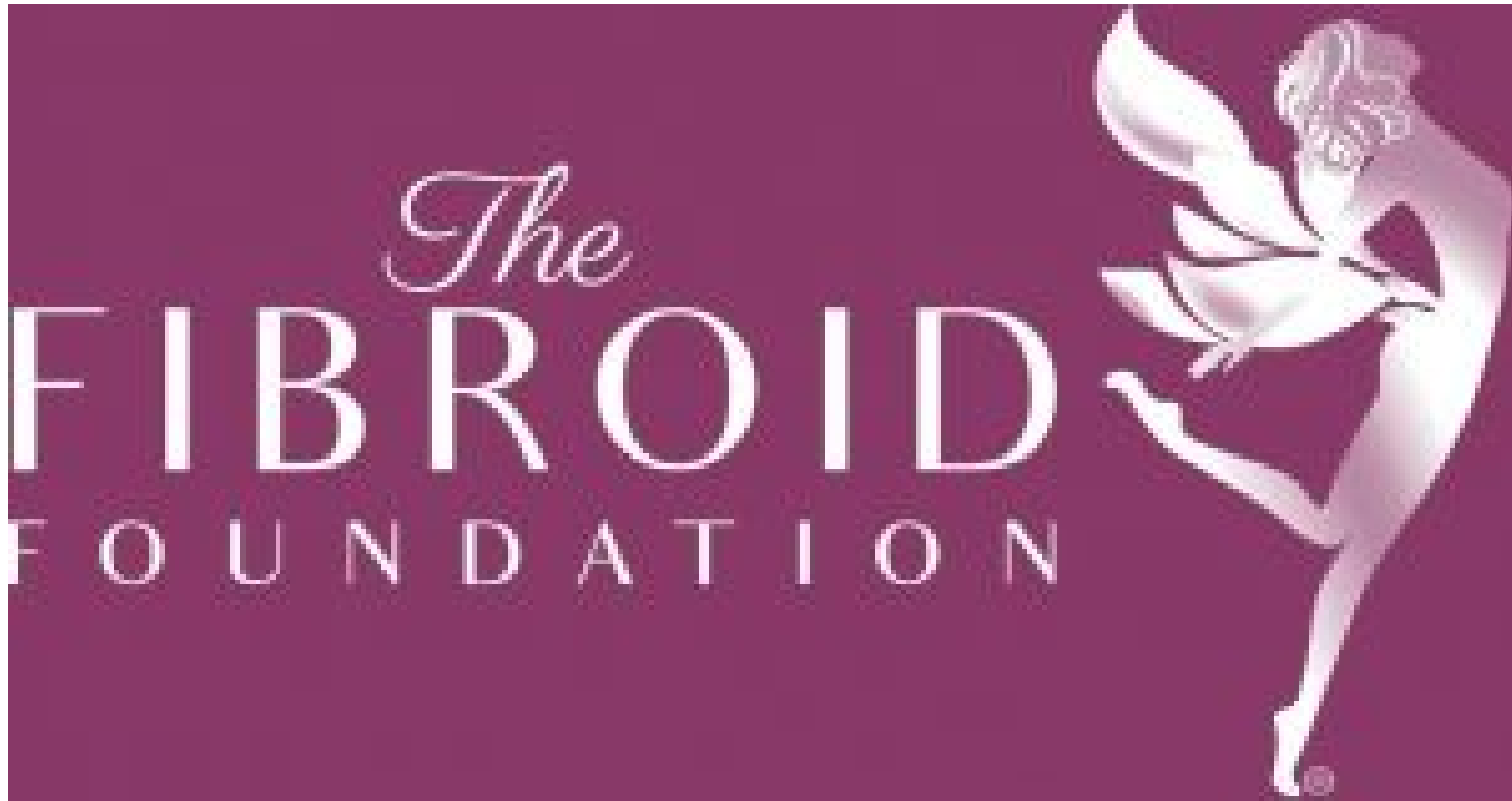


- **P50 funded by NIH**
- **\$7.8M over 5 years**
- **Community engaged**
- **Bringing diverse lenses to a complex problem**
 - **Health services**
 - **Epidemiology**
 - **Mixed Methods**
 - **Intervention Science**



www.thewhitedressproject.org

Founder: Tanika Gray Valbrun,
Member of PEACE



www.fibroidfoundation.org

Founder: Sateria Venable

Understanding Uterine Fibroids in Black Women

Michele Thomas, M.D



Final tips & takeaways

Talk to Family members to learn more about family history/experiences

- Have a YEARLY well woman exam
- Follow up with your doctor if you have the symptoms discussed (heavy bleeding, severe pain, anemia,etc)
- Monitor Diet, Exercise & Lifestyle Factors



CONTACT

Ganesa Wegienka, PhD
gwegien1@hfhs.org

Dr. Michele Thomas
29255 Northwestern Hwy, #301
Southfield, MI 48034
248-354-2201
www.southfieldobgyn.com

Tracy Armstrong
Fibroid Foundation
Detroit Ambassador
www.fibroidfoundation.org
(844) 484-7698

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Driving Detroit Into The Future with AV Cars & May Mobility

Konnor Petz

Senior Mobility Strategist
Mayor's Office of Mobility Innovation City of Detroit

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Detroit ADS Grant Program Overview

Overview: In 2019, The City of Detroit won a US Department of Transportation grant to demonstrate a safe and equitable Automated Driving System (ADS) by deploying a self-driving shuttle service to serve older adults and people with disabilities through collaboration with the community and leading mobility entities

Problem Statement



Older adults and people with disabilities in Detroit **lack adequate access to transportation** solutions necessary to live a **full and healthy life**

Our Solution

1. **Understand unique needs** of Detroit's older adults and people with disabilities
2. **Acquire and extensively test** an accessible **ADS fleet**
3. **Deploy a pilot program** in Detroit neighborhoods

Our Team



The **Michigan Mobility Collaborative (MMC)** is a partnership of **world-class, Michigan-based mobility organizations**



Program Timeline*

**Based on current understanding; subject to change*

YEAR 1: 2022

YEAR 2: 2023

YEAR 3: 2024

YEAR 4: 2025

Community Research & Engagement

Select shuttle provider; determine route

Safety Testing at University of Michigan's Mcity and the American Center for Mobility

Detroit Testing

Detroit Pilot Demonstration
Deployment data collection and analysis



Program Aspiration

To increase ***safety, trust, and equity*** in the transportation system through developing a ***scalable approach*** to ADS deployments worldwide, ***starting in Detroit, MI.***

Program Objectives

SAFETY

Increase safety of urban transportation

DATA

Make ADS data more accessible and usable

COLLABORATION

Increase collaboration among all stakeholders, including residents

MOBILITY EQUITY

Increase the mobility of older adults and people with disabilities in focus neighborhood(s) of Detroit





Sharon Johnson

“Life just isn’t the same since I gave up my car.”

About Sharon

Sharon is a grandmother of twelve residing in NW Detroit. She loves her neighborhood and is a regular at the NW Activities Center. However, as Sharon has gotten older, it has become more difficult for her to get to doctor appointments, the store, and family gatherings.

AGE	72
OCCUPATION	Retired
HEALTH	High Blood Pressure
LOCATION	Bagley, Detroit
INCOME	\$29K / YEAR

Sharon’s Challenges

Lack of easy-to-use transportation has limited Sharon’s ability to live a full, healthy life

- Sharon **does not own a car** due to the high cost of ownership as well as her older age
 - Sharon relies on the bus to get around. However, **restrictions exist** such as:
 - Limited ability to carry groceries
 - Challenges during extreme weather
 - Lack of route access to her doctor
 - She sees friends and family less because she does not like burdening others for rides.
- Getting around is a hassle**
- Recently **skipped a doctor’s appointment due to transportation issues** and stopped taking her blood pressure medicine because she couldn’t get to the pharmacy

ADS Opportunity

Autonomous driving systems (ADS) can improve Sharon’s quality of life

- ADS can **greatly impact Sharon’s mobility challenges**, for example:
 - Shuttle from house to the bus station
 - Dropping Sharon off at block club or family gatherings, rain or shine
 - Delivering fresh groceries or medicine
- ADS will allow Sharon to **feel connected** with her family, friends, and community and access the basics she needs to **live a full, healthy life**

To embrace this solution, Sharon needs to be convinced that ADS is safe, reliable, and easy-to-use



Eligibility Requirements



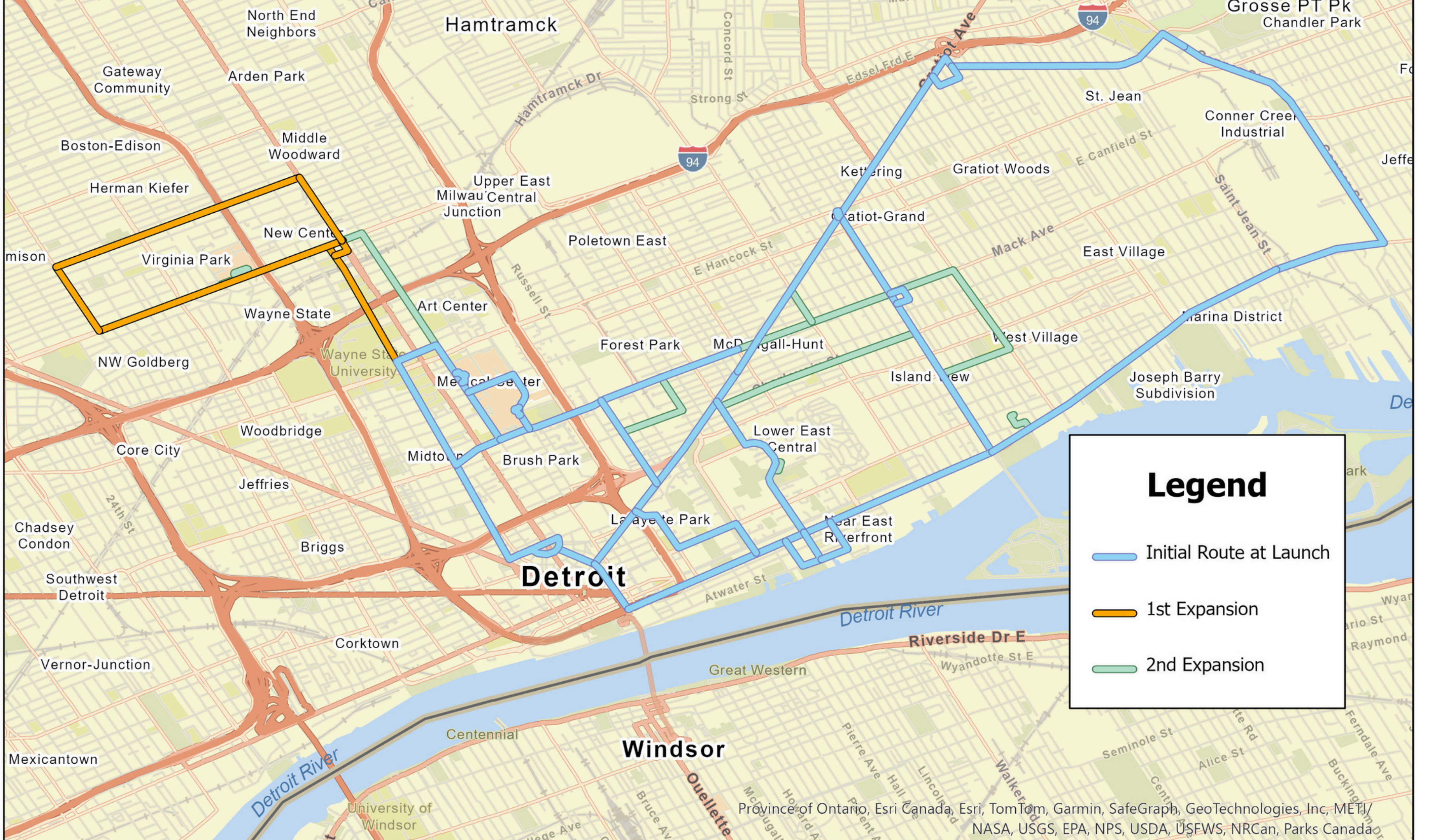
Older Adult (62+)

OR






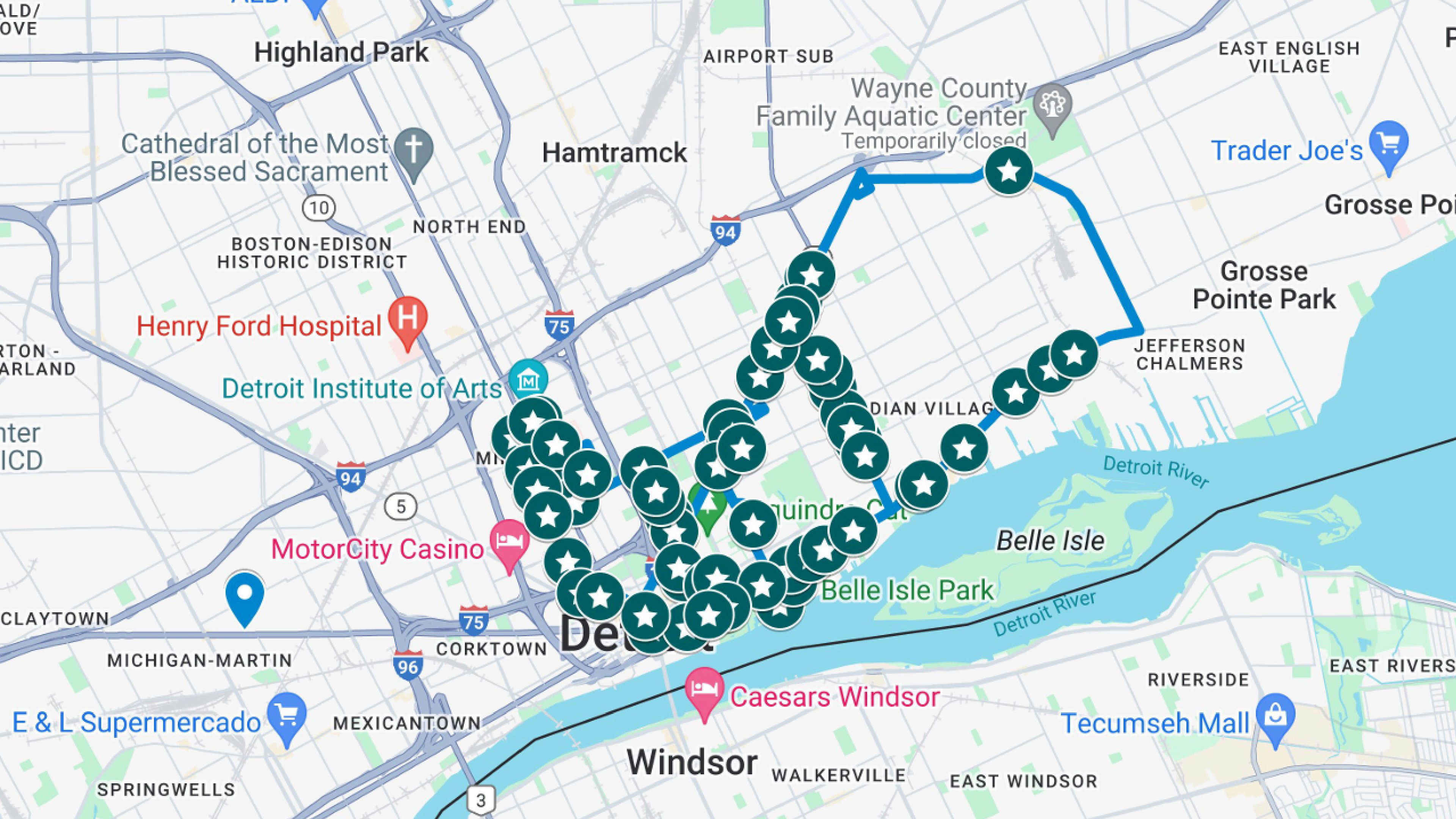
Person with a Disability





Legend

-  Initial Route at Launch
-  1st Expansion
-  2nd Expansion



Highland Park

Hamtramck

Wayne County Family Aquatic Center
Temporarily closed

EAST ENGLISH VILLAGE

Cathedral of the Most Blessed Sacrament

Trader Joe's

Grosse Pointe

BOSTON-EDISON HISTORIC DISTRICT

NORTH END

Grosse Pointe Park

Henry Ford Hospital

JEFFERSON CHALMERS

Detroit Institute of Arts

DIAN VILLAGE

Detroit River

MotorCity Casino

Belle Isle

Belle Isle Park

Detroit River

Detroit

Caesars Windsor

Tecumseh Mall

Windsor

RIVERSIDE

EAST RIVERS

E & L Supermercado

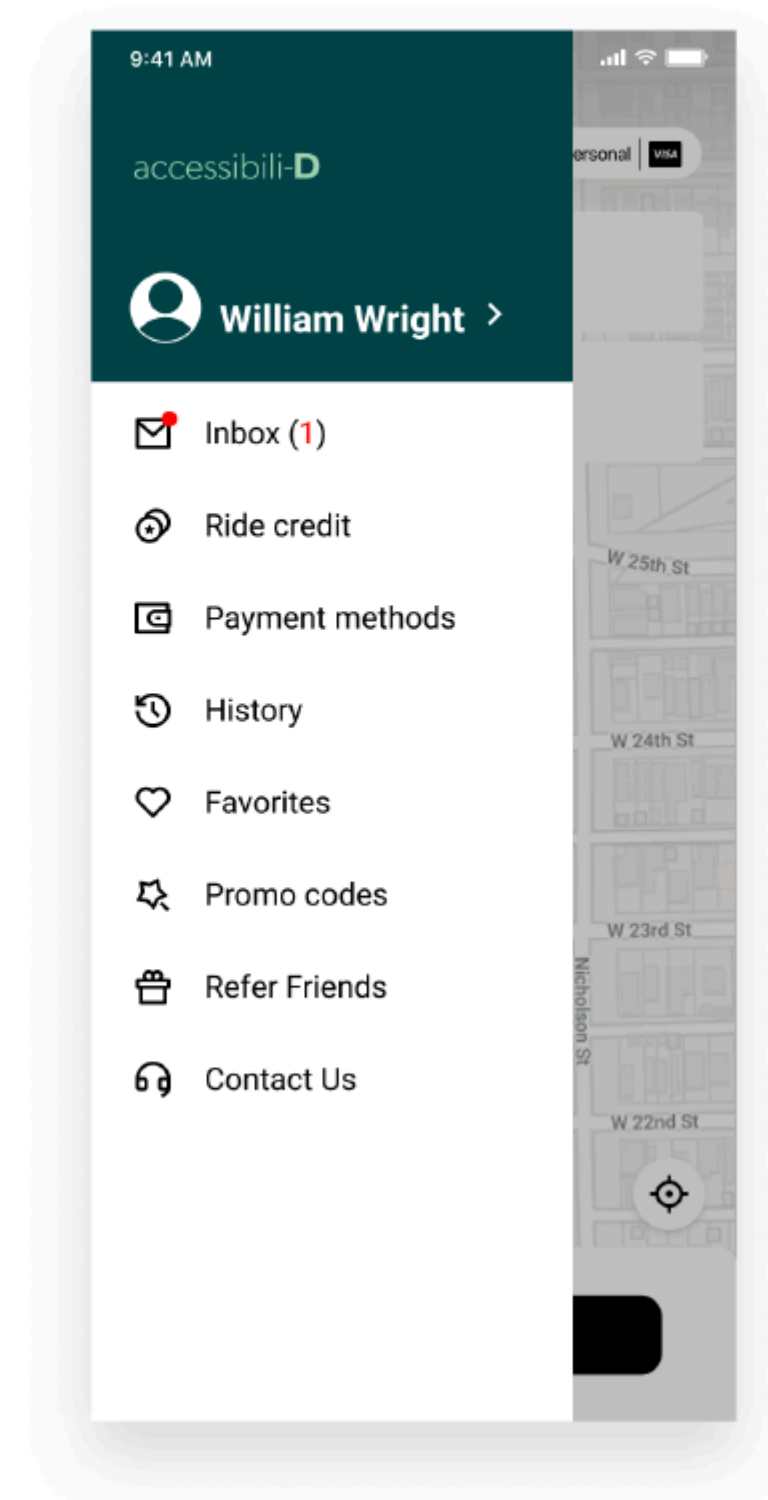
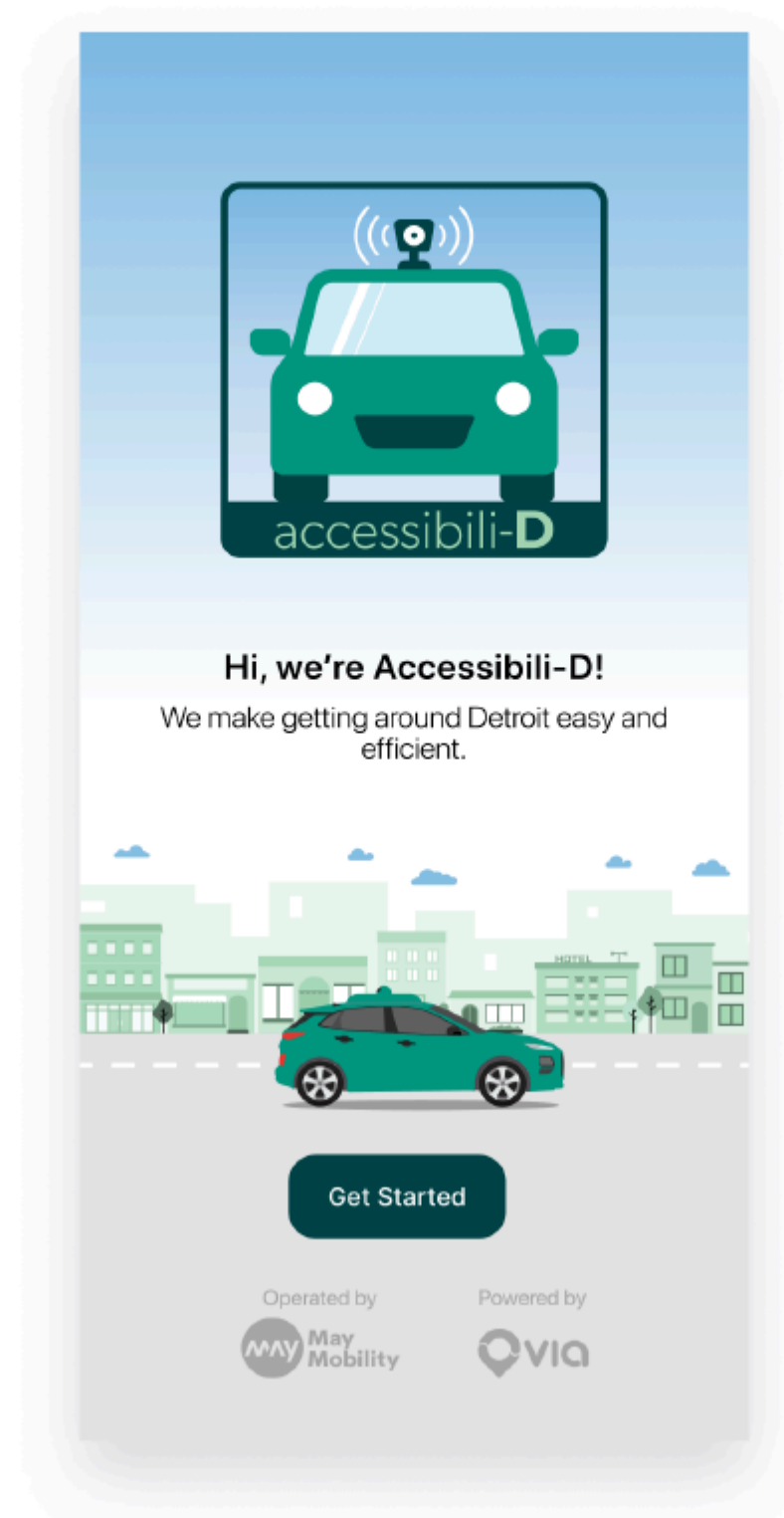
MEXICANTOWN

WALKERVILLE

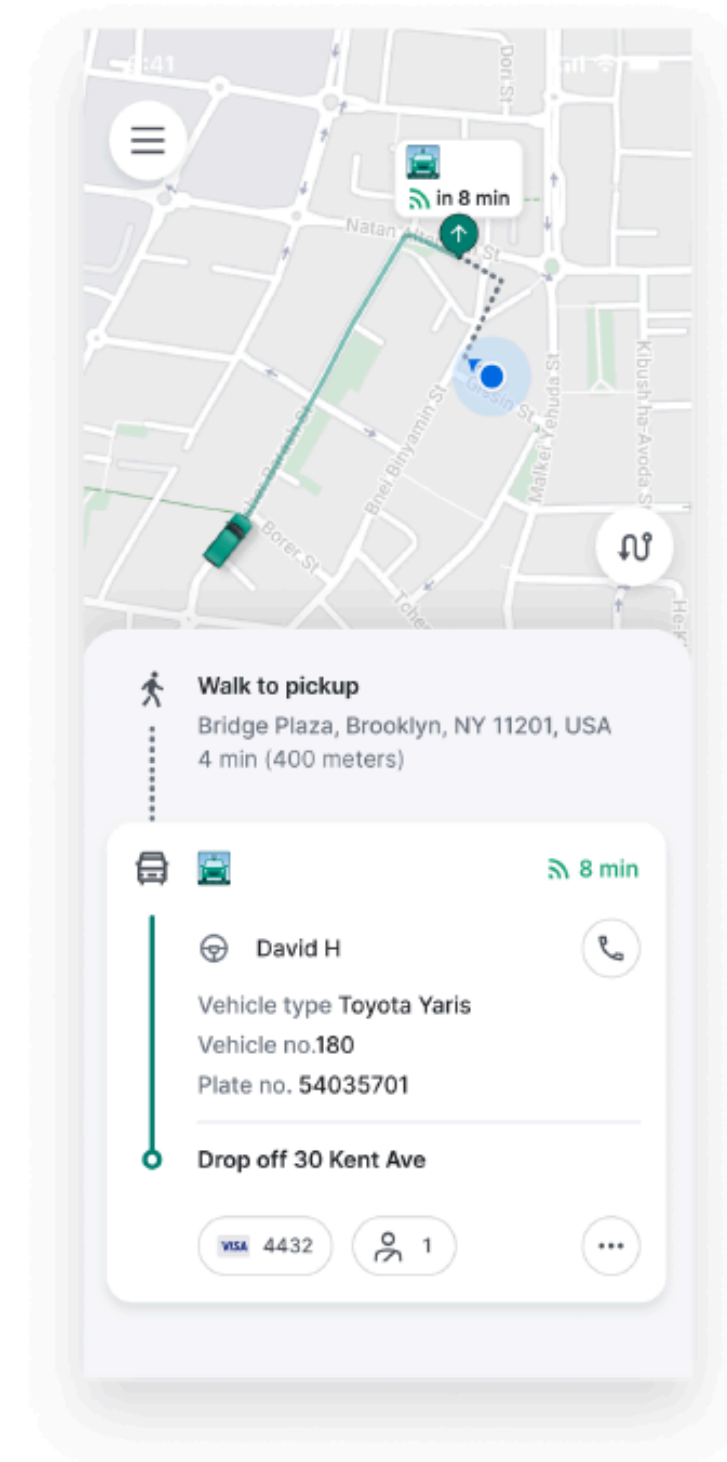
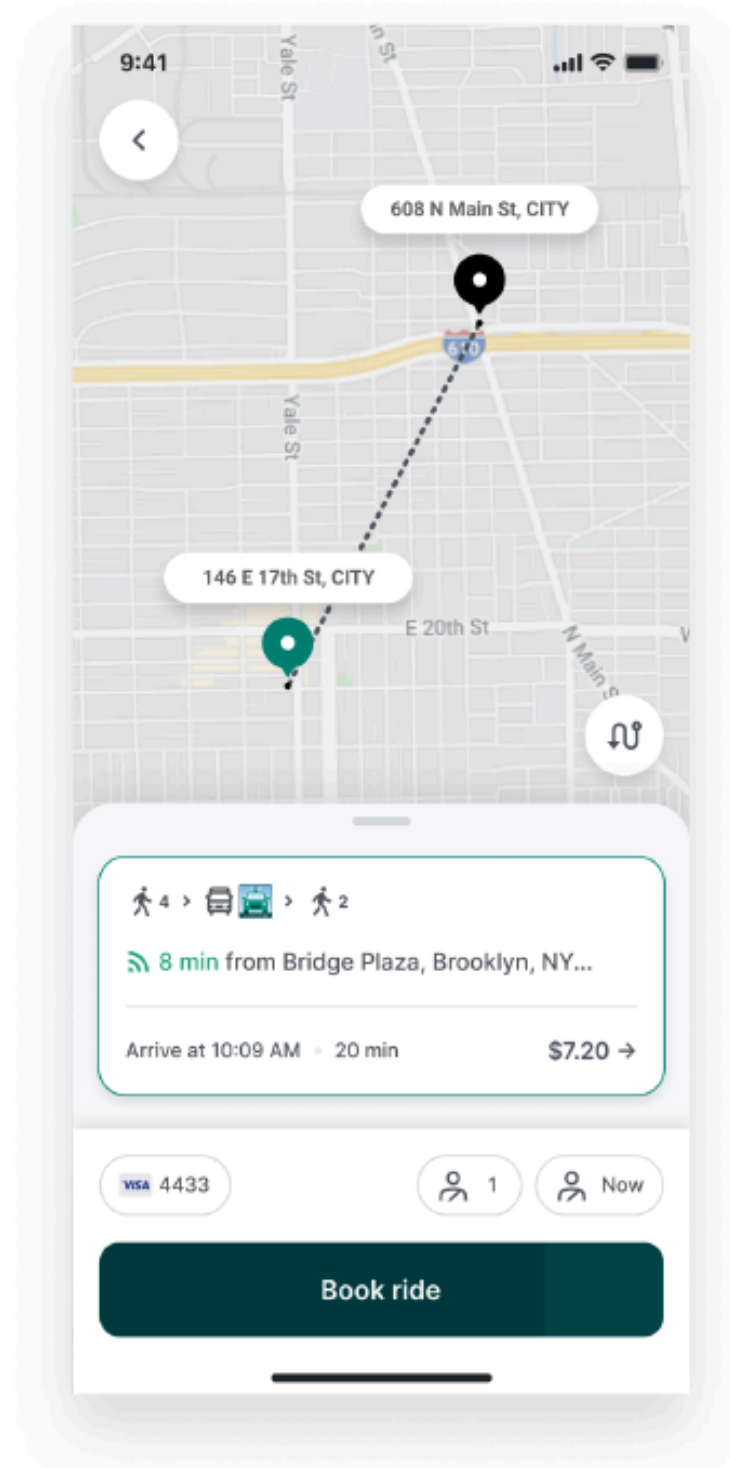
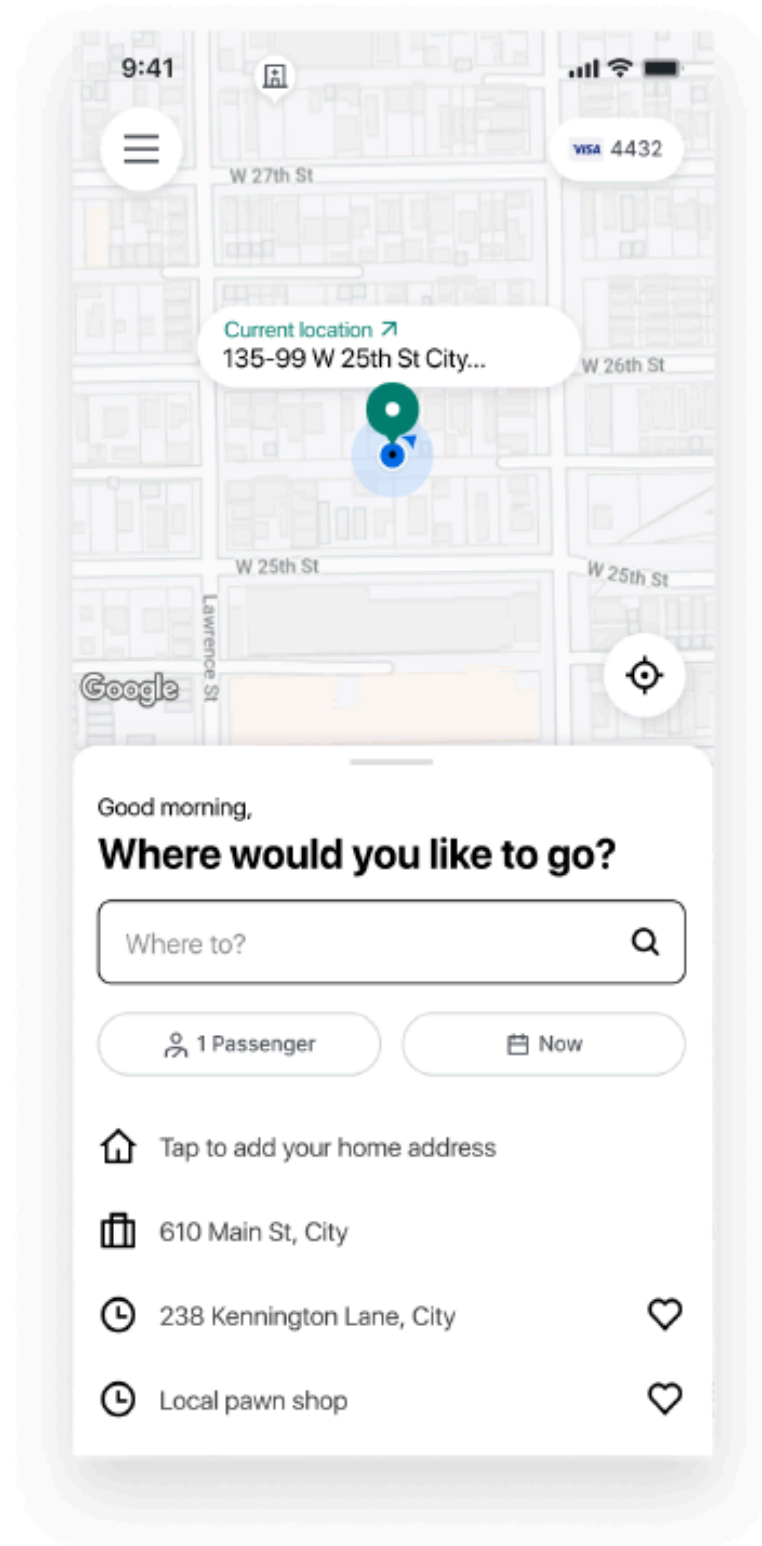
EAST WINDSOR

SPRINGWELLS

HOME SCREEN & MENU



BOOKING FLOW



Need a Ride?

Check out the free self-driving Accessibili-D pilot!

This service is open to older persons and people of all ages living with a disability.

Free rides start Summer 2024!

View the map to see if you live in the service area!

** Not a DDOT service.*



Older Adult (62+) OR Person with a Disability



LEARN MORE:
<https://bit.ly/DetroitAccessibili-D>

Scan or visit us online to sign-up!



CONTACT US FOR MORE INFO!



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The graphic features the words "HOT TOPICS" in a large, white, bold, sans-serif font. The text is centered and appears to be rising from a horizontal band of stylized flames. The flames are rendered in shades of red, orange, and yellow, with a white base where they meet the text. The background of the entire graphic is a solid blue color.

HOT TOPICS

The City of Detroit's
Civil Rights, Inclusion & Opportunity
Department Presents Our



JUNETEENTH DETROIT STUDENT POETRY CONTEST

Make your voice heard!
Enter for a chance to win a cash prize and
perform your poem at the City's Juneteenth
Celebration of Freedom in Spirit Plaza!



<http://bit.ly/42ZoU7E>

Prizes:

1st Place: \$250

2nd Place: \$150

3rd Place: \$100

Write a poem using one of these prompts:

1. What does your Blackness mean to you?
2. Detroit Black History
3. Black Historical/Current Figures

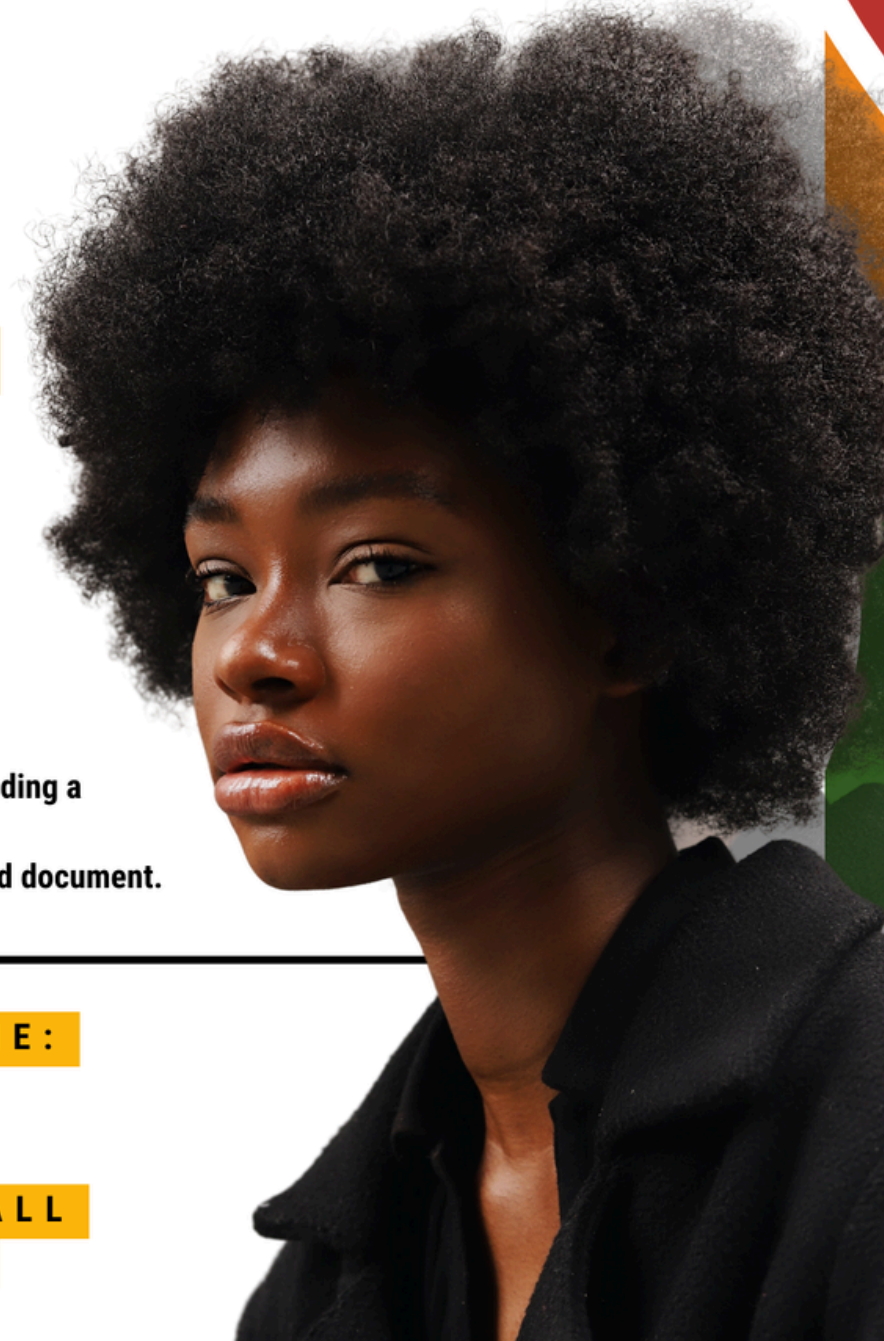
ELIGIBILITY:

Students in grades 9-12, attending a
school in Detroit.
Submissions must be in a Word document.

ENTRY DEADLINE:

May 31, 2024

QUESTIONS? CALL
CRIO AT (313)
224-4950



LOCATION

19440 W 7mile
(Lou's Deli),
Detroit, MI
Time: 2pm-5pm

WE NEED HELP WITH

- REMOVING TRASH
- CANVASSING
- LAWN SERVICE

BENEFITS FOR COMMUNITY

- FREE FOOD & BEVERAGES
- LIFE INSURANCE
- JOB RESOURCES
- HOUSING ASSISTANCE



ADOPT THE BLOCK CLEAN UP

MAY 19TH 2024

PUBLIC SAFETY ROUNDTABLE

TOPICS INCLUDE:

Car theft, traveling cops legislation, staffing challenges and recruitment, the new distracted driving law update and more!

MONDAY • JUNE 3 • 5–6:30 P.M.

Rep. Young will be joined by these public safety experts:

MICHIGAN STATE POLICE DIRECTOR
COL. JAMES F. GRADY II

WAYNE COUNTY SHERIFF
RAPHAEL WASHINGTON

DETROIT POLICE CHIEF
JAMES WHITE

LIVONIA POLICE CHIEF
THOMAS GORALSKI

REDFORD TOWNSHIP POLICE CHIEF
JENNIFER MANSFIELD

DETROIT POLICE DEPUTY CHIEF
FRANKLIN HAYES

zoom <https://bit.ly/44f0xnz> | Call: (312) 626-6799 | Webinar ID: 821 7297 7017

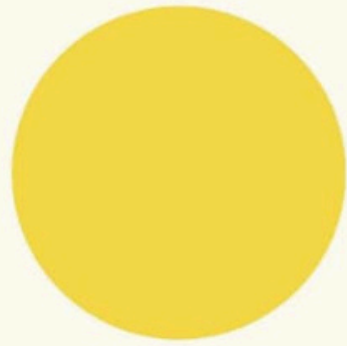


STATE REPRESENTATIVE
STEPHANIE A. YOUNG

Lansing: (517) 373-2576
StephanieYoung@house.mi.gov
RepStephanieYoung.com

ROSEDALE PARK IMPROVEMENT ASSOCIATION

JUNE DAY 5M BIKE RIDE



SAT. JUNE 1 9:30 AM



FREE ENTRY

STOEPER PARK - WESTWOOD ENTRANCE

MORE INFORMATION KUURU@GMAIL.COM

NORTH ROSEDALE PARK CIVIC ASSOCIATION PRESENTS

SAVE THE DATE!

JUNE DAY
Schedule
SATURDAY JUNE 8TH

8AM: RUN FOR THE ROSES
9AM: ROSEDALE BASEBALL AT THE DIAMOND
1030AM: JUNE DAY PARADE

1130AM: PONY RIDES, EXOTIC ZOO, TRAIN RIDES, FACE PAINTING, & BOUNCE HOUSES OPEN
12PM: MIDWAY OPENS

1-8PM: ENTERTAINMENT ON THE PATIO
2-5PM: ROUND 1 GAMING LAB SITE

EVENING CONCERT AND DANCING @ 6PM WITH DETROIT SOCIAL CLUB BLUES BAND

FREE FOOD FROM 1-6PM

CELEBRATING 100 YEARS OF COMMUNITY

VISIT NRPCA.ORG FOR MORE INFO





Abbott Coop Resource Center

**New home of
Mended Hearts**



We invite you to our

GRAND OPENING

**Unveiling of Mural
from our incubator
youth Entrepreneurship Program**

**We look forward to celebrating the Grand Opening of
our very own community building with our clients,
partners, and community, and it would be even more
meaningful with your attendance.**

**All made possible by generous funding from
Priority Health Care/Total Health Care Foundation
and YOU.**

1-3pm

8

June

**20740 Grand River Ave
Detroit MI 48219**



**Free Prom Dress
First come First
served**

Reservation:

brightmoorconnection@gmail.com

Wayne Metro Hub Station



**Live
Entertainment**

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ANN ARBOR • BENTON HARBOR • BIRMINGHAM • CANTON • DETROIT • FAYETTEVILLE • GRAND RAPIDS • KANSAS CITY • LANSING • MIAMI • MINNEAPOLIS • NEW YORK • OAKLAND • PORTLAND • RICHMOND • TAMPA • WASHINGTON DC

Plan DETROIT



Help us plan for Detroit's future!

The City of Detroit's Planning and Development Department recently launched a 20-month planning process called **Plan Detroit** to update the City's Master Plan of Policies.



WHAT IS A MASTER PLAN?

The Master Plan is a roadmap for Detroit's future. It assesses where we are now, proposes a vision for Detroit's future, and identifies policies and actions needed to achieve that vision. Learn more at plandetroit.com.

Scan the QR code
or visit
plandetroit.com
to take the
survey!

TAKE OUR SURVEY NOW-MAY 31ST!

Your feedback is critical to Plan Detroit's success! Please take a moment to complete this survey and tell us your current views and future aspirations for Detroit. Help us get the word out by sharing this survey with your friends, family, and neighbors.

NEED HELP? Call 313-224-1339 for assistance in a language other than English. For any other questions or comments contact the Planning and Development Department at 313-628-0221 or detroitmasterplan@detroitmi.gov.

PROTECT YOUR CROWN

Mental Health Campaign
May 22nd Launch Day

Attitudes Survey

<https://bit.ly/4bKZq1x>



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DETROIT

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CONTACT



@COUNCILMANTATEJR
@DISTRICT1_DETROIT



COUNCILMAN JAMES TATE
DISTRICT ONE DETROIT - D1



(313) 224-1027



COUNCILMEMBERTATE@DETROITMI.GOV

THANK YOU!

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