

Care, Covid & Carts!

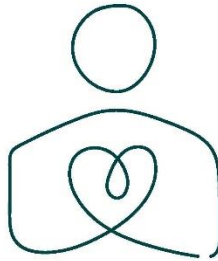
St. Patrick Senior Center is making a difference in the lives of Detroit Seniors!

Senior Care

St. Patrick Senior Center is the largest senior center in Detroit, **servicing over 4,000 seniors** annually. Currently, the Center is designated as a Community Wellness Center by Detroit Area Agency on Aging. St. Patrick is the only center that is based upon a social model to promote healthy aging for older adults.

Some of the social activities pre-pandemic were:

- Home-cooked meals
- Friendship, Fellowship, and Birthday celebrations
- Day and overnight trips
- Health and Fitness Programs
- Health Advocacy
- Wellness Courses
- Caregiver Assistance
- Benefit Enrollment
- Transportation



Designed to address the needs including social isolation of seniors, the pandemic limited many of these social programs that they provide. However, the work did not stop!

Covid-19

Working with Covid-19's most vulnerable population, St. Patrick Senior Center quickly pivoted their services to support the immediate needs of Detroit seniors. In a partnership with the City of Detroit, **receiving CARES ACT CDBG-CV** funding, they began providing services such as:

- Wellness Checks
- Prescription pick-up
- Grocery delivery
- Prepared meals provided to senior citizens
- Hygiene PPE Kits
- Meal and Supplies Delivery

On top of these services, St. Patrick taught seniors how to use digital technology, partnered with organizations to find computers for seniors, learned how to address cultural language barriers and more!



GROCERY CARTS



St. Patrick's **most active and desired service** that began as a result of the pandemic, is the **grocery delivery program**. St. Patrick's provides seniors with a **personalized grocery shopping and delivery service**. Seniors are allotted \$200, they make their own grocery list and St. Patrick staff does the rest. With **seniors being a high-risk population** during the pandemic, the simple act of going to the grocery store can expose them to the possibility of contracting Covid-19. Grocery shopping for Detroit seniors is a way that St. Patrick is trying to **reduce seniors' public exposure** to Covid-19.

If you would like to know more about **St. Patrick Senior Center**, they invite you to call the Center **313-833-7080** and experience the one-on-one personal connection provided by their staff.