

| <b>ANNUAL MEMBERSHIP FEES</b> |       |          |              |
|-------------------------------|-------|----------|--------------|
|                               | AGE   | RESIDENT | NON-RESIDENT |
| UNDER 2                       | 0-2   | FREE     | FREE         |
| TODDLER                       | 3-5   | \$2      | \$2          |
| YOUTH                         | 6-12  | \$5      | \$7          |
| TEENS                         | 13-17 | \$7      | \$10         |
| ADULTS                        | 18-59 | \$10     | \$20         |
| SENIORS                       | 60+   | FREE     | \$10         |
| UNIVERSAL                     | 6-59  | \$25     | \$35         |

  

|                   | RESIDENT      | NON-RESIDENT  |
|-------------------|---------------|---------------|
| <b>OTHER FEES</b> |               |               |
| WEIGHT ROOM       | \$30/6 MONTHS | \$45/6 MONTHS |
| HUSTLE CLASS      | \$5/CLASS     | \$5/CLASS     |

## RECREATION CENTER POLICIES:

- Children must have a valid membership card to participate.
- Children and teens must be with an adult and/or engaged in staffed activities.
- All gym activities require proper gym attire including clean gym shoes.
- Locks must be removed each day from the lockers.
- The City of Detroit is not responsible for any lost, stolen or damaged items.



General Services  
Department  
PARKS AND RECREATION  
DIVISION

## CROWELL REC CENTER

16630 Lahser St. (313) 628-2047  
Rec Center Supervisor: Valerie Kokoszka

## SUMMER 2022

June 27 - August 19

Hours:  
Mon - Fri: 12PM - 8PM  
Sat/Sun: Closed

[detroitmi.gov/recreation](http://detroitmi.gov/recreation)



# GYM

|      | Mon                             | Tues                       | Wed                        | Thurs                           | Fri                          |
|------|---------------------------------|----------------------------|----------------------------|---------------------------------|------------------------------|
| 12PM | BASKETBALL<br>AGE 55+           |                            |                            |                                 | BASKETBALL<br>AGE 55+        |
| 1PM  |                                 | PICKLEBALL<br>AGE 18+      | PICKLEBALL<br>AGE 18+      |                                 |                              |
| 2PM  | YOUTH SPORTS CLINIC<br>AGE 6-12 |                            |                            | YOUTH SPORTS CLINIC<br>AGE 6-12 | YOUTH VOLLEYBALL<br>AGE 6-12 |
| 3PM  |                                 | YOUTH OPEN GYM<br>AGE 6-12 | YOUTH OPEN GYM<br>AGE 6-12 |                                 |                              |
| 4PM  | TEEN SPORTS CLINIC<br>AGE 13-17 | TEEN OPEN GYM<br>AGE 13-17 | TEEN OPEN GYM<br>AGE 6-12  | TEEN SPORTS CLINIC<br>AGE 13-17 | TEEN VOLLEYBALL<br>AGE 13-17 |
| 5PM  |                                 |                            |                            |                                 |                              |
| 6PM  | PICKLEBALL<br>AGE 18+           | FAMILY GYM<br>ALL AGES     | BASKETBALL<br>AGE 18+      | PICKLEBALL<br>AGE 18+           | VOLLEYBALL<br>AGE 18+        |
| 7PM  |                                 |                            |                            |                                 |                              |

# FITNESS

|      | Mon                                       | Tues  | Wed                                   | Thurs                                       | Fri                                       |
|------|---|---|---------------------------------------|---|---|
| 12PM |   |   |                                       |   |   |
| 1PM  | HUSTLE WITH MS. T<br>AGE 18+<br>\$5/CLASS | HUSTLE WITH JOCELYN<br>AGE 18+<br>\$5/CLASS | ZUMBA GOLD<br>AGE 18+<br>\$32/8-WEEKS | HUSTLE WITH JOCELYN<br>AGE 18+<br>\$5/CLASS |   |
| 2PM  |   |   |                                       |   |   |
| 3PM  |   |   |                                       |   |   |
| 4PM  |   |   |                                       |   |   |
| 5PM  |   |   |                                       |   |   |
| 6PM  | ZUMBA<br>AGE 18+<br>\$25/8-WEEKS          | PILATES<br>AGE 13+<br>\$10/CLASS            |                                       | PILATES<br>AGE 13+<br>\$10/CLASS            | HUSTLE WITH MS. T<br>AGE 18+<br>\$5/CLASS |
| 7PM  |   |   |                                       |   |   |

# ENRICHMENT

|     | Mon                           | Tues                           | Wed   | Thurs                                     | Fri                        |
|-----|-------------------------------|--------------------------------|---|---|----------------------------|
| 1PM | ARTS & CRAFTS<br>AGE 6-12     | YOGA<br>AGE 5-17<br>\$10/CLASS |   |   | ARTS & CRAFTS<br>AGE 6-12  |
| 2PM |                               |                                |   |   |                            |
| 3PM | ARTS & CRAFTS<br>AGE 13-17    |                                | CRICUT CLASS<br>AGE 18+<br>\$75/4-WEEKS<br>AUG 1-26 |   | ARTS & CRAFTS<br>AGE 13-17 |
| 4PM |                               |                                |   | YOUTH MENTORING<br>AGE 6-12<br>\$30/CLASS |                            |
| 5PM |                               |                                | ANATOMY OF ANXIETY<br>AGE 15+<br>STARTS JULY 1      |   |                            |
| 6PM |                               |                                | YOGA<br>AGE 18+<br>\$15/CLASS                       | TEEN MENTORING<br>AGE 13-17<br>\$30/CLASS |                            |
| 7PM | YOGA<br>AGE 18+<br>\$15/CLASS |                                |   |   |                            |

SENIOR
  ADULT
  YOUTH

\*Schedules subject to change.

## WEIGHT ROOM

12PM - 8PM Mon - Fri

## TIKTOK ROOM TIME

12:30PM - 2:30PM Mon - Fri AGE 6-12

3PM-5PM Mon - Fri AGE 13-17

## GAME ROOM

12PM - 5:30PM Mon - Fri

6PM - 8PM Mon - Fri

## MEET UP EAT UP

8AM-11AM Mon - Fri

12PM - 3PM Mon - Fri

## WOMEN'S SELF-DEFENSE

JULY 29, 2022 \$15 AGE 13+

## ADULT CRAFTS

JULY 15, AUGUST 15 \$50ea

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