



DETROIT
Health Department



2018 DETROIT COMMUNITY HEALTH ASSESSMENT

Letter from Our Mayor

The Detroit Health Department has been providing valuable support and outreach efforts across our communities, and in some neighborhoods, door to door communication. When our citizens have better access to resources and care, their quality of life improves and this helps provide more opportunities for our community. DHD will continue to be a resource you and your families can rely on.



Mike Duggan
Mayor, City of Detroit

Steering Committee Organizations

Matrix Human Services

Brad Coulter, MBA
President and Chief Executive Officer

Detroit Hispanic Development Corporation

Angela G. Reyes, MPH
Executive Director

Focus: HOPE

Jasahn Larsosa
Director of Advocacy, Equity, and Community Empowerment

Michigan Environmental Council

Chris Kolb
President

ACCESS

Mona Makki, MA
Director of Community Health and Research Center

Samah Nouredine
Medical Clinic Supervisor

Detroit Area Agency on Aging

Ronald S. Taylor, MBA, MUP
President and Chief Executive Officer

Courtney Adams, MHA
Community Wellness Manager

Neighborhood Service Organization

Linda Little, MBA, RN, CCM
President and Chief Executive Officer

Sheila P. Clay
President Emerita

Eastern Market Corporation

Daniel S. Carmody
President

Ruth Ellis Center

Pamela Alexander, MPA, MUP
Deputy Director

American Indian Health and Family Services

Ashley Tuomi, DHSc
Chief Executive Officer

CHASS Center (Community Health and Social Services)
Dr. Felix M. Valbuena, Jr., MD
Chief Executive Officer

H.A.N.D. (Homeless Action Network of Detroit)

Tasha Gray, MUP
Executive Director

Detroit Black Family Development

Alice G. Thompson
Chief Executive Officer

Detroit Wayne Mental Health Authority

Dr. Barika Butler, MD, MHCM
Chief Medical Officer

Joy-Southfield Community Development Corporation

David Law, Ph.D.
Executive Director

Henry Ford Health System

Susan Hawkins, MBA, FACHE
Senior Vice President of Population Health

MOSES (Metropolitan Organizing Strategy Enabling Strength)
G. Ponsella Hardaway
Executive Director

Wayne State University
Dr. Herman Gray, MD, MBA
Chair of Department of Pediatrics

Community Development Advocates of Detroit

Sarida Scott, JD
Executive Director

Detroit Regional Chamber

Sinziana Luchian
Director of Healthcare Initiatives

United Way for Southeastern Michigan

Eric Davis (Co-Chair)
Vice President of Basic Needs, Health, and Outreach

Detroit Health Department
Dr. Joneigh Khaldun, MD, MPH, FACEP (Co-Chair)
Director and Health Officer

Tim Lawther, MPH, MA
Deputy Director

Esperanza F. Cantú, MPH
Director of Planning and Engagement

Gadah Sharif
Program Associate

Adaora Ezike, MHS

Lauren Fink, MPH

Haifa Haroon, MPH

Bianca Lawrence, MPH



Esperanza Cantú,
from the Detroit Health
Department, leads the
youth visioning session
with a young artist.

Many residents, stakeholders, and organizations contributed to this report. We thank them for their contributions and expertise. For more information, please contact the Detroit Health Department at detroitcha@detroitmi.gov.

Letters from Our Steering Committee Leaders

Dear Detroit Partners,

I am thrilled to share the 2018 Detroit Community Health Assessment (CHA) with you. This work was guided by the understanding that Detroiters are the experts on Detroit. Not only did you inform us on the health priorities described in this report, you also presented the solutions. All too often Detroit is unfairly defined by our challenges. Instead, this report reflects what we know to be true about Detroit—our residents are the strong and talented leaders we need to solve the critical health challenges we face. Please join us in continuing this conversation and being part of the health improvement planning beyond this report. I look forward to working with you to make Detroit a healthy and equitable place, for everyone.



Dr. Joneigh S. Khaldun, MD, MPH, FACEP
Director and Health Officer,
Detroit Health Department

Dear Detroit Partners,

The act of coming together to identify opportunities for our community to improve the overall health and wellbeing of Detroiters is crucial toward the long-term success of the City and its residents. Over the past year, the Detroit Health Department has facilitated a thoughtful and intentional conversation with stakeholders throughout the City of Detroit to ensure we have the collective knowledge to create a plan to make sure that we all have the opportunity to be healthy. Through this work we have the knowledge to work collaboratively to address issues of equity, access and environment and create a brighter, healthier Detroit for all. There is still much work to be done, but this report and the effort of the community to create it moves us closer to that vision.



Eric Davis
Vice President of Basic Needs, Health, and Outreach
United Way for Southeastern Michigan

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Our Action Plan and What We Found

The Detroit Health Department (DHD) worked with community organizations, leaders, and nearly 2,000 residents to determine priority public health issues. We hosted various community-based activities and conducted a city-wide survey to discuss visions for a healthier Detroit, public health issues, and community strengths. The key findings serve as a foundation to develop our priorities and action plans. We invite you to continue working with us as we strive to improve the health of all Detroiters. For more detailed information, we invite you to visit the **Detroit Open Data Portal**.



Community members work together to determine their vision for a healthier Detroit.

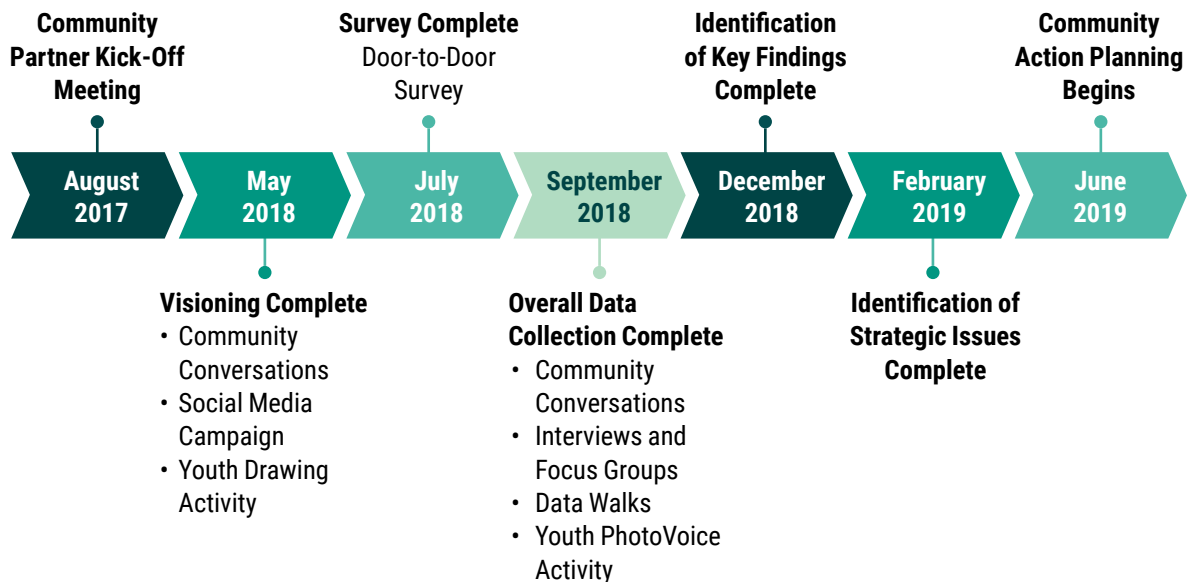


Community members discuss 'What a Healthy Detroit Means to Me' during the Detroit Health Department visioning session.



The Detroit Health Department's Lead Community Outreach team walks door-to-door in the community to provide lead education.

Our Timeline



Our Work in the Community

Our team leads many outreach efforts, directly touching our community.

SisterFriends Detroit

Ms. Joyce Penn, a SisterFriends Detroit volunteer, holds baby Camry during the SisterFriends Detroit Baby Shower. Mentors are key in providing community-based support to pregnant moms and their babies.



Community Events

The Detroit Health Department attends community events throughout the year. The Safe Summer Youth Jam is an annual event held at Butzel Family Center in June and encourages youth to have a safe, healthy, and peaceful summer.

Safe Sleep Walk-N-Rally

The Detroit Health Department's Fatherhood Initiative engages men who are fathers, uncles, brothers and mentors to help ensure the programs address varying family structures.



State of Detroit's Health

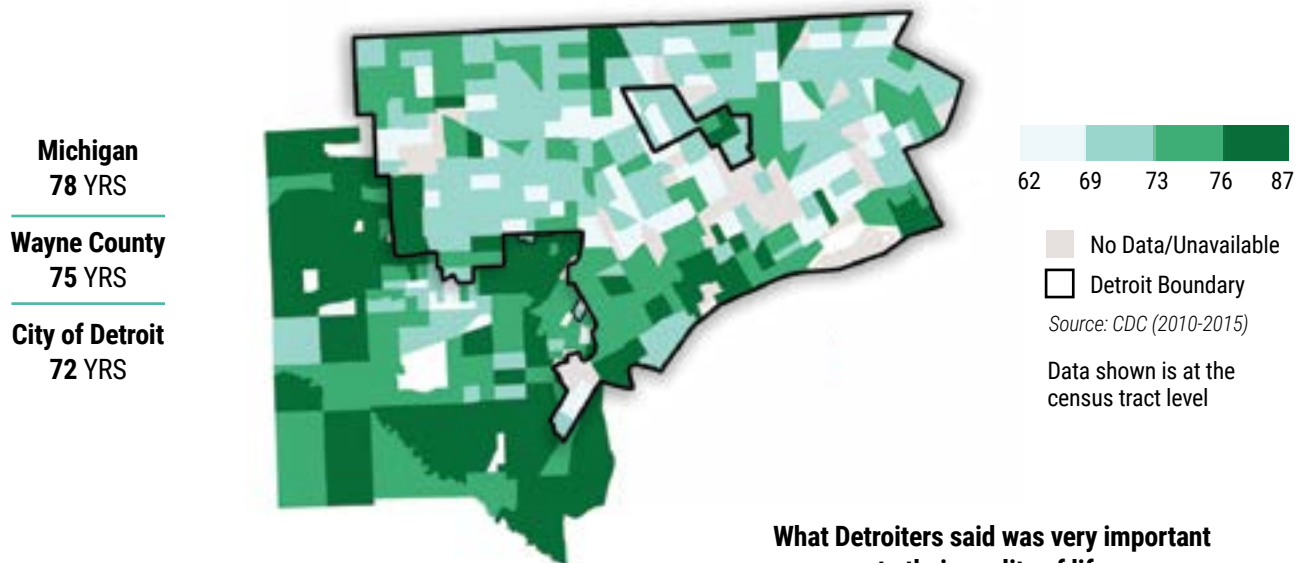
DETROIT AT A GLANCE

- **Geography:** 139 square miles of land, 143 square miles including water
- **Population:** 651,802 residents
- **Population Breakdown:** Race – 83.2% African-American, 14.4% White, 7% Asian & Pacific Islander, and 0.7% Native American; Ethnicity – 8.4% Hispanic or Latinx (Any Race)
- **Strength:** Deep and rich cultural history providing great scholarship, cultural and industrial legacies across the nation.
- **Challenges:** Faced with structural injustices such as red-lining and historical disinvestment continually impacting Detroiters today. Detroit has the highest percentage of poverty in any major U.S. city, with 38% of all Detroiters living in poverty.

Our living conditions and access to resources affect our health and quality of life. One way to assess community health is by measuring how long we are expected to live. The average life expectancy in Michigan is 78 years; Detroit's life expectancy is lower in nearly every neighborhood. Another way to assess community health is through self-rated health status. Between 2014 and 2016, twenty-eight percent (28%) of Detroiters ranked their health as "fair or poor" in comparison to 18% statewide.

Together we can use these data to build highly-localized and community-relevant interventions to improve the health and quality of life of our residents.

Life Expectancy (years)



What Detroiters said was very important to their quality of life



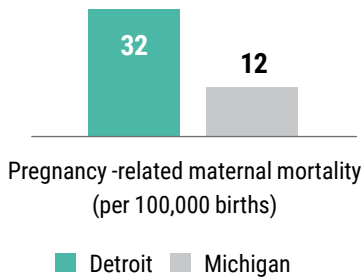
In addition to interviews, focus groups, and community meetings, the Detroit Health Department and community partners worked with the University of Michigan Detroit Metropolitan Area Community Study (DMACS) team to conduct a citywide survey to collect information about the community's priorities for health, wellness, and quality of life. The graph shows what Detroiters said about organizations, businesses, and institutions that are very important to their quality of life.

Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Maternal and Child Health

Jurisdictions often measure a community's health by focusing on maternal and child health data. These indicators reflect health and quality of life, including access to healthcare, education, and poverty. Mortality rates measure the number of deaths in a specific group of people over a period of time. The infant mortality rate in Detroit is 14 per 1,000 live births of children under one year of age, compared to 7 per 1,000 across the State of Michigan.

Maternal Mortality

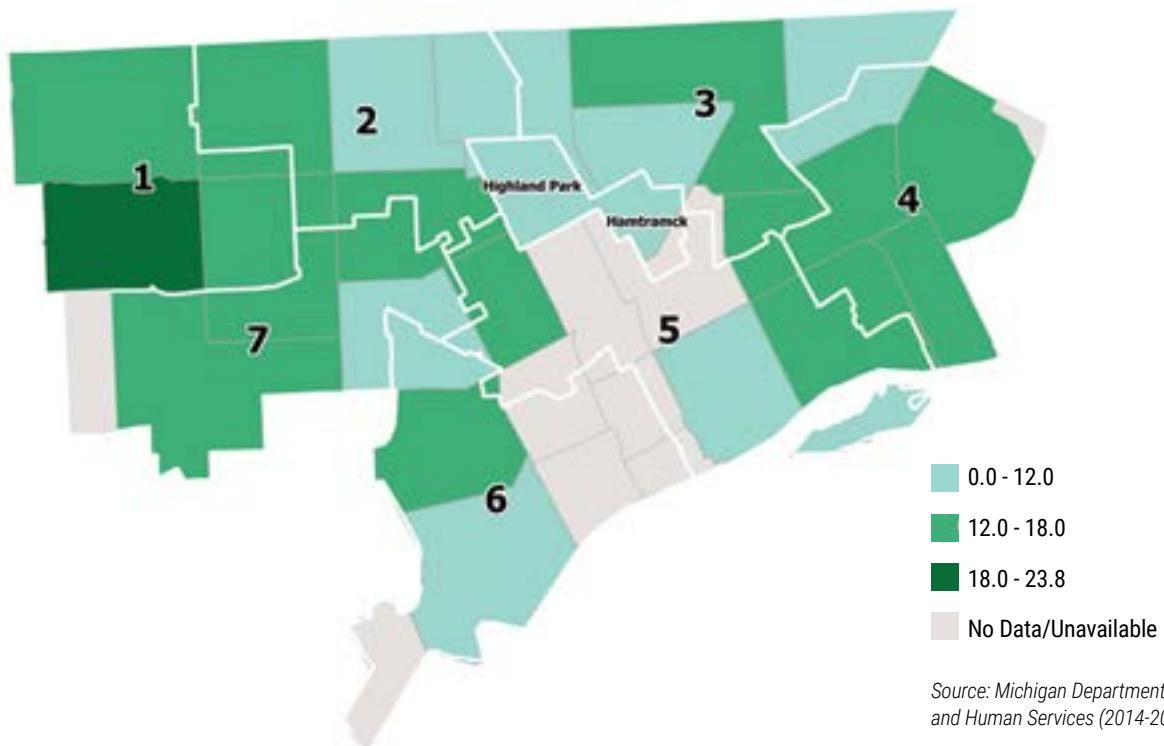


Source: Michigan Department of Health and Human Services (2011-2015)



Cerenzi and her baby Camry participate in the SisterFriends Baby Shower. Little Sisters (pregnant women) receive access to resources to support healthy pregnancy and birth experience.

Infant Mortality Rate (Deaths per 100,000 births)

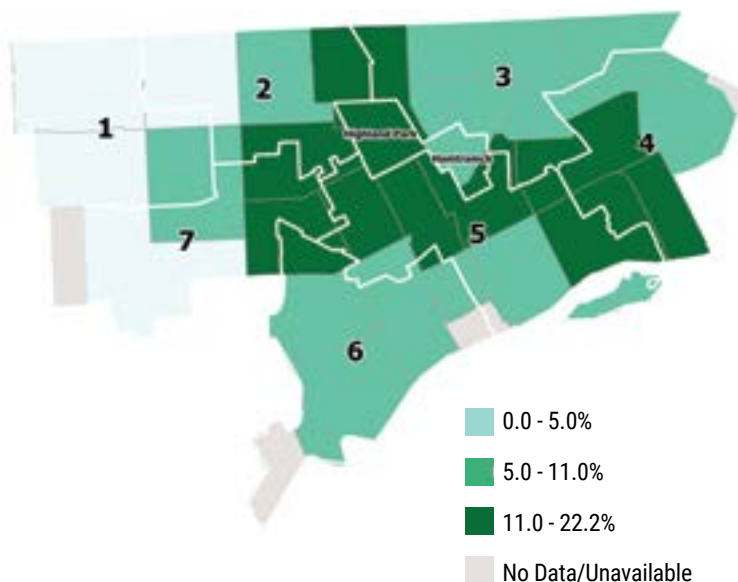


Source: Michigan Department of Health and Human Services (2014-2016)

Healthcare Services

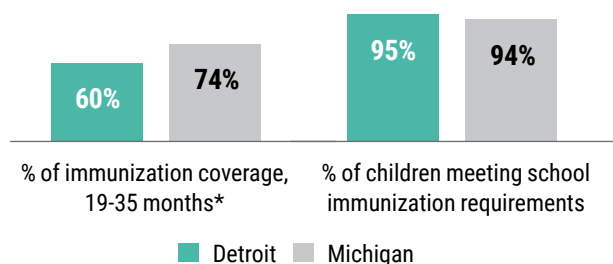
Limited access to basic healthcare services affects overall health. Areas impacted may have less prenatal care, lower youth contraceptive use, higher teen pregnancy rates, and lower immunization coverage among toddlers. Childhood lead poisoning varies across the City, with 9% of Detroit children having elevated blood lead levels, compared to 4% statewide. On the positive side, immunization coverage among schoolchildren is high and the percentage of high school students who felt sad and hopeless is lower than what is reported statewide.

Percent of Children Under Age 6 with Elevated Blood Lead Level



Source: Michigan Department of Health and Human Services (2016)

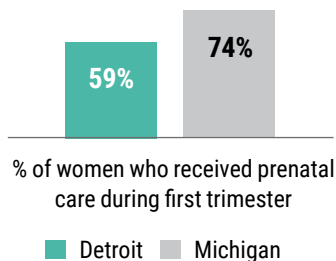
Immunizations



Source: Michigan Department of Health and Human Services (2017- 2108)

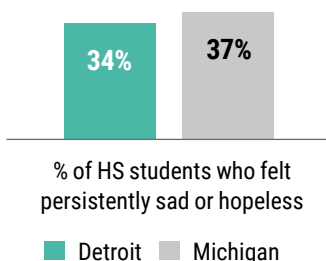
*4313314 coverage

Prenatal Care



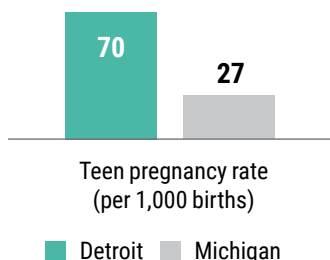
Source: Michigan Department of Health and Human Services (2017)

Mental Health



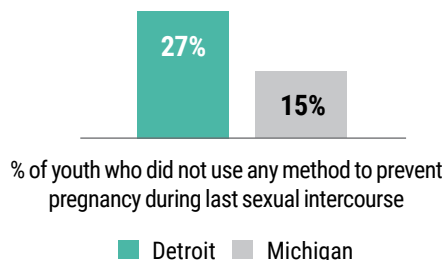
Source: Michigan Youth Risk Behavioral Surveillance System (2017)

Teen Pregnancy



Source: Michigan Department of Health and Human Services (2017)

Access to Contraceptives



Source: Michigan Youth Risk Behavioral Surveillance System (2017)



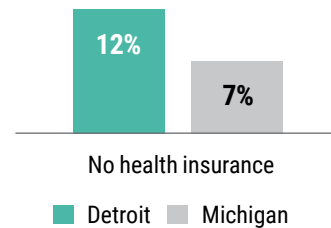
A young resident poses with iDecide Detroit Teen Health Center swag at DILLA Youth Day at The Charles H. Wright Museum of African American History.

Other Health Measures

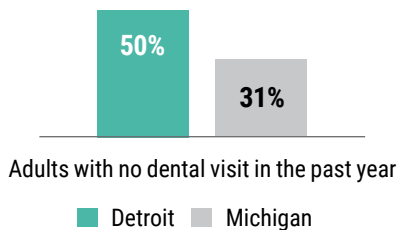
Detroit has lower access to health insurance and dental care, and much higher rates of HIV and deaths related to drug poisoning. A telling indicator of primary care access is the rate of hospitalizations for ambulatory care sensitive conditions (health conditions which can be addressed by a primary care physician in the office). For every 10,000 people, 534 Detroiters go to hospital emergency rooms compared to 271 statewide for healthcare conditions that could be treated by a primary care physician (MDHHS, 2016).

Health Insurance

Source: American Community Survey (2013-2017)

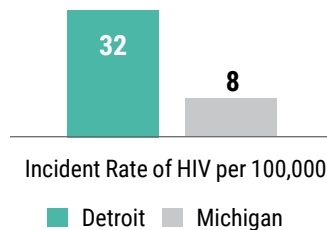


Oral Health



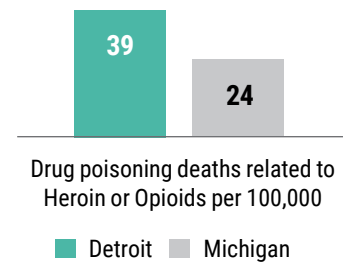
Source: Michigan Behavioral Risk Factor Surveillance System (2014-2016)

HIV Incidence



Source: Michigan Department of Health and Human Services (2017)

Drug Poisoning Deaths



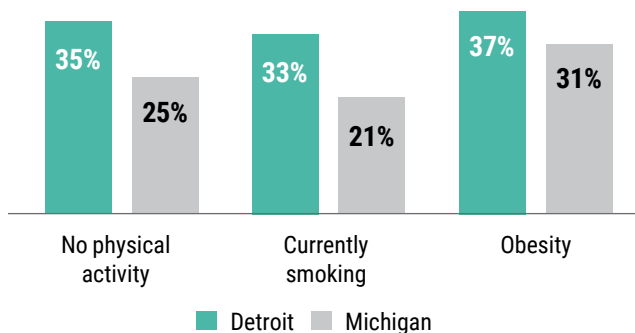
Source: Michigan Department of Health and Human Services (2016)

Health Behaviors

Living conditions and our access to social and health services impact health behaviors. People living under strained conditions without these services are more likely to abuse drugs and alcohol, and less likely to develop habits that prevent injuries and promote safety. Detroit adults are more likely to get no regular physical

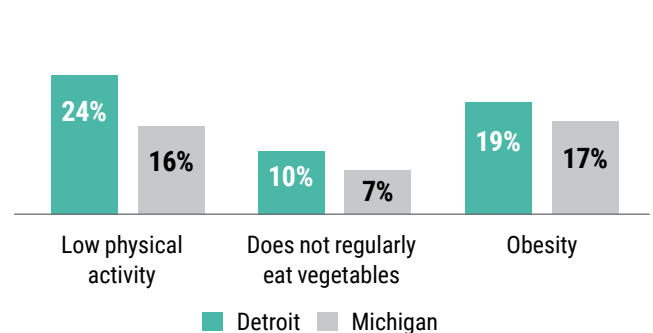
activity, contributing to higher rates of obesity than those at the state level. Detroit adults are also more likely to smoke. Detroit high school students are more likely to get a low amount of physical activity and eat vegetables less regularly, contributing to higher rates of obesity.

Adults



Source: Michigan Behavioral Risk Factor Surveillance System (2014-2016)

High School Students



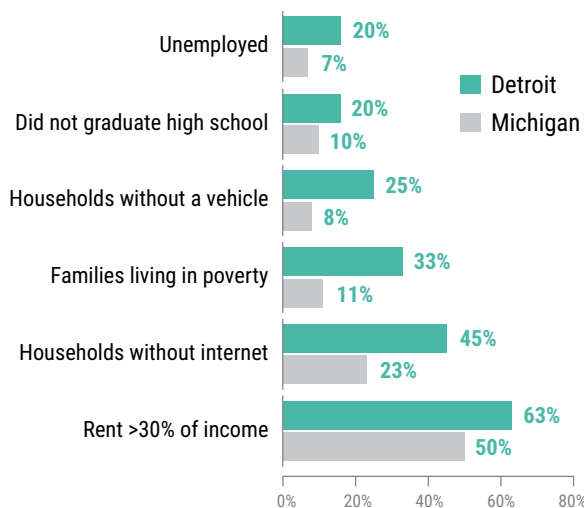
Source: Michigan Youth Risk Behavioral Surveillance System (2017)

Promoting Healthy Neighborhoods

Our neighborhoods and living conditions have a tremendous impact on our health. Employment, education, transportation, housing, access to healthy food, and poverty are just some examples of what are called the “social determinants of health.” As you can see on the right, Detroiters face far greater challenges than our counterparts in the rest of the State.

The opportunities we have access to impact the choices we make. The social determinants of health often determine the availability of those opportunities. Furthermore, our laws and policies have also impacted our opportunities, causing differences in people’s health across our neighborhoods. The Detroit Health Department (DHD) and partner organizations use data shown to the right to focus our efforts where the obstacles to health are the greatest. Together, we have knocked on thousands of doors over the past year to help connect residents to health and human services.

Social Determinants of Health



Source: American Community Survey (2013-2017)

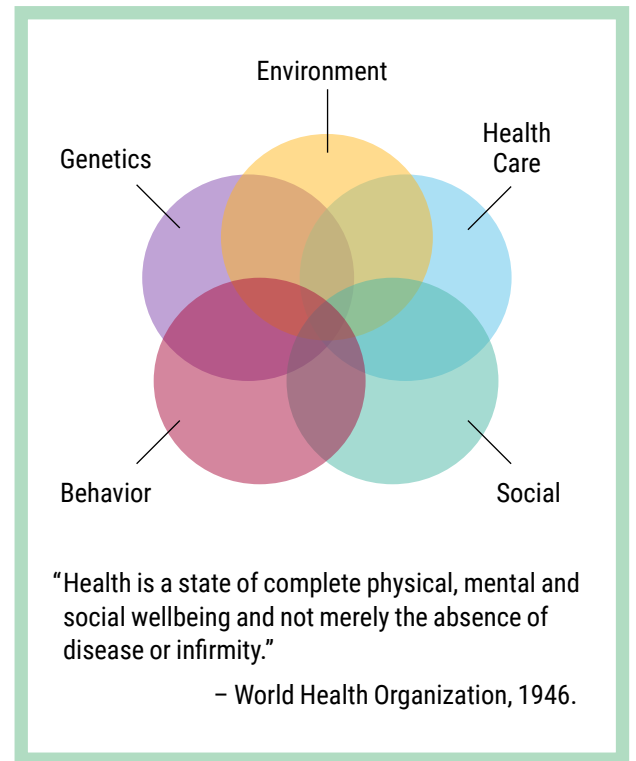
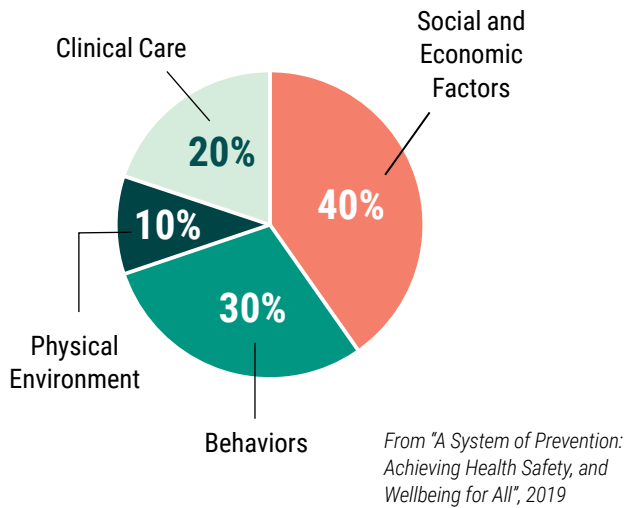
What does a healthy Detroit look like to you?

When we asked youth about their visions for a healthier Detroit, they showed a great understanding of how health operates in our neighborhoods. Take a look at some of their submissions below:



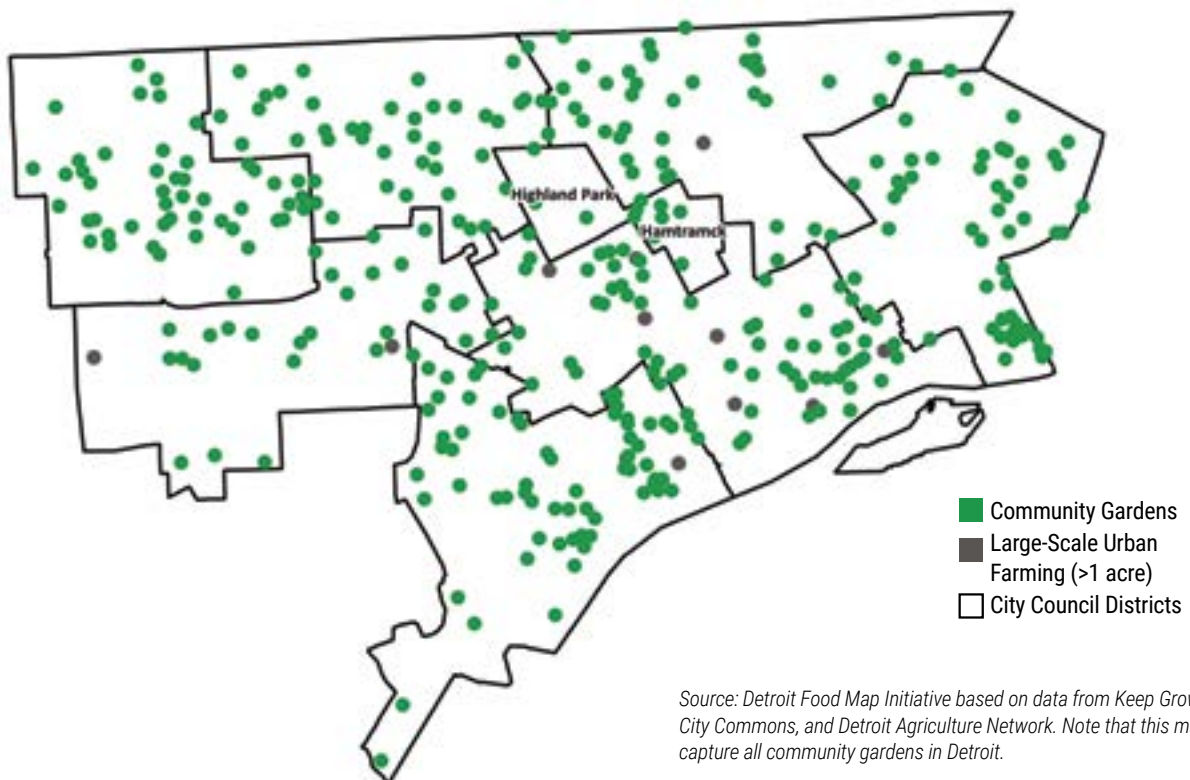
What Determines Our Health?

The socioeconomic impact of our behaviors and environment on our health far outweigh that of our clinical care. Health determinants begin at home and in our neighborhoods and are extended to schools and workplaces. Safe housing and neighborhoods plus access to quality education and jobs support a complete state of health.

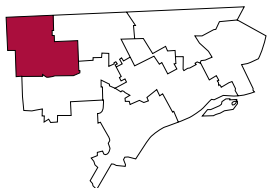


Community Gardens

Creating gardens and green spaces where our community can engage with nature adds to a healthy neighborhood.



Source: Detroit Food Map Initiative based on data from Keep Growing Detroit, City Commons, and Detroit Agriculture Network. Note that this map may not capture all community gardens in Detroit.

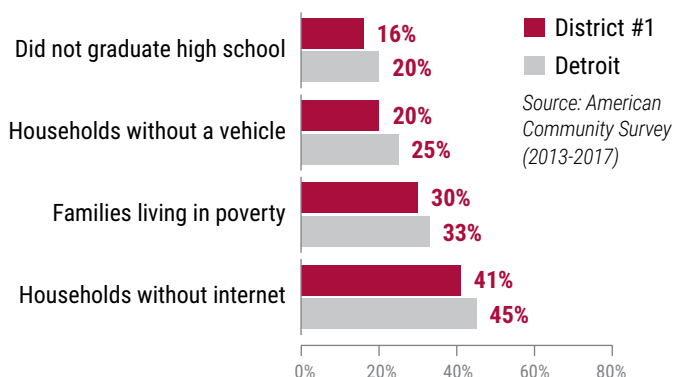


District #1 Health



Residents of District 1 report strong social support in their community, and the district has higher levels of education and lower poverty than the city overall. District 1 residents care about their schools, and recognize the importance of addressing mental health in their community.

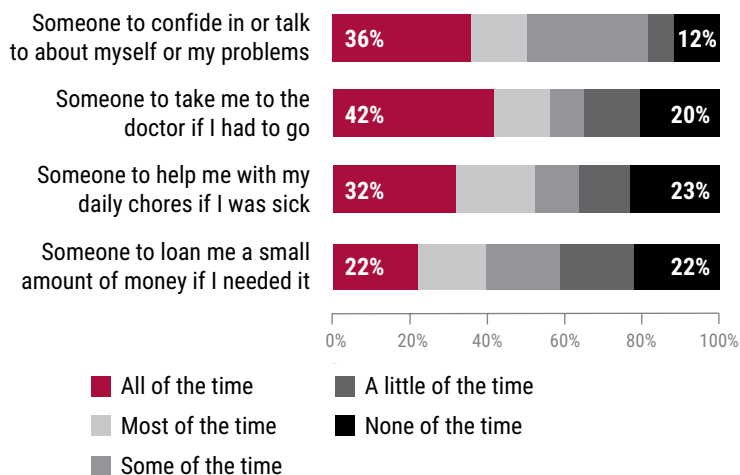
Social Determinants of Health



Community Story: One way social networks support residents' success is by providing positive relationships that result in a connection to other social service supports. We talked to a resident who believes there should be more support for programs like Detroit Police Athletic League (PAL), which helped him develop positive relationships in his neighborhood. **"...I played PAL football on a neighborhood team, which allowed me to have some interaction and develop relationships with kids in my neighborhood since I didn't go to school with them."**

– Resident, 48235

Social Support

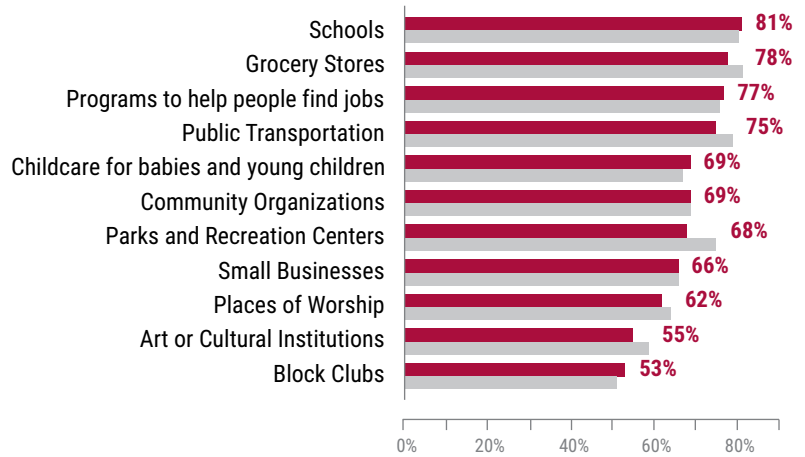


Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Community Story: People in District 1 agreed public transportation was one of the top five things supporting their neighborhood quality of life. One resident tells the story of her fellow church-goer and neighbor who struggles with his diabetes and often feels isolated. She recognizes it takes resources to help people stay in their homes and engaged in their communities. Of her neighbor she says, **“He would love to come out and socialize but transportation is a real challenge for him. He is handicapped, and he has to find someone [to help him get] in and out of the car.”** Fortunately, his church is able to provide him transportation so that he can go to church and socialize with others while he is there.

– Resident, 48219

What District 1 residents said was very important to their quality of life

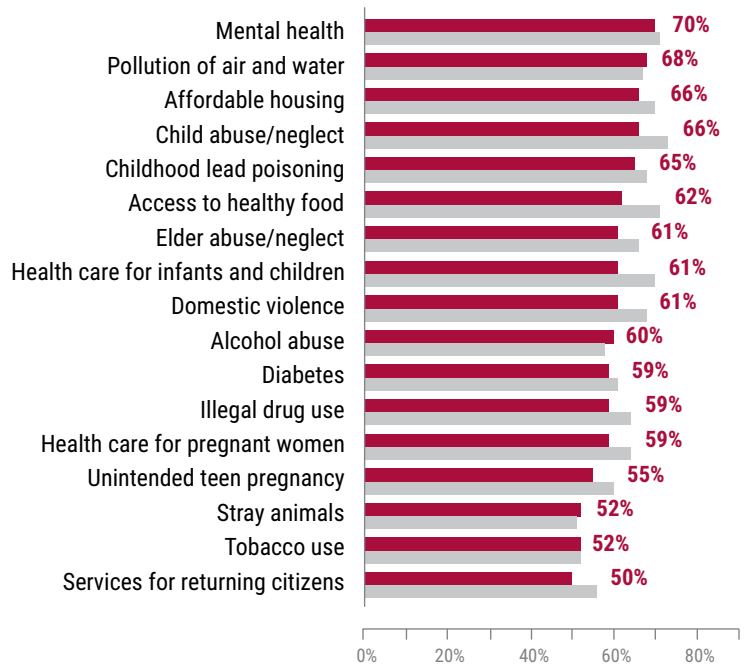


■ District #1 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

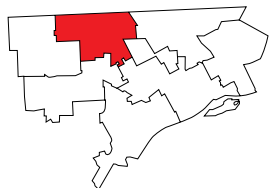


Priorities to Improve Community Health



■ District #1 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

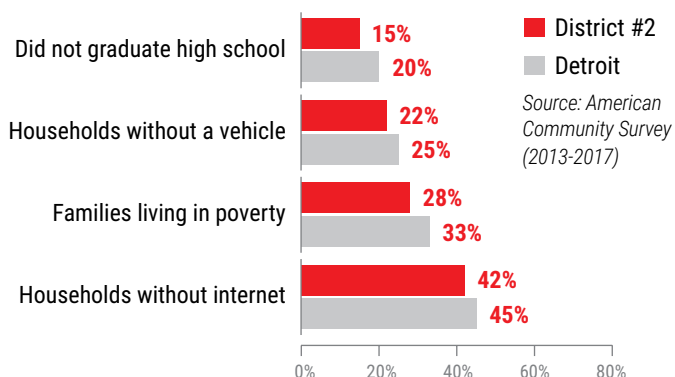


District #2 Health



District 2 residents care about the health and wellbeing of the children in their community. Children's health is a top priority for District 2, where schools were most frequently cited as a quality of life asset. Furthermore, child abuse, neglect, childhood lead poisoning prevention, and healthcare for infants and children were consistent public health priorities.

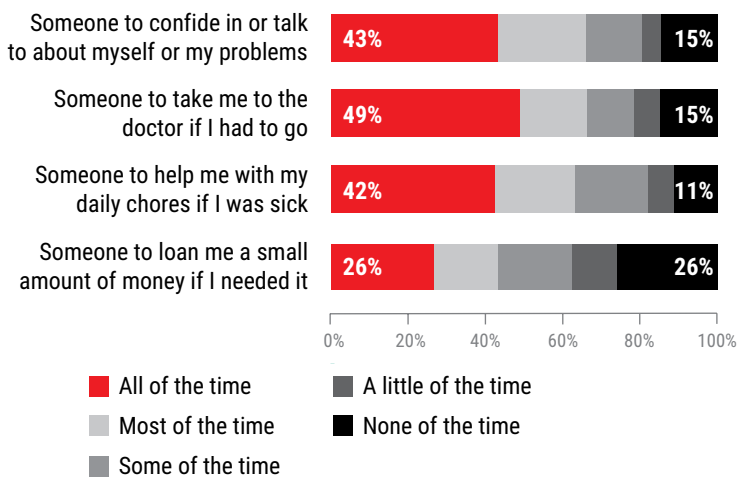
Social Determinants of Health



Community Story: One challenge faced by our older adult residents is social isolation. The need for support and connection emphasizes the importance of community places where people can gather and connect. One of our older adult residents who lives in an assisted living facility discussed with us how nice it is to live close to the Northwest Activity Center. **"[The] community center provides games such as checkers and family feud. It's a lot of fun."**

– Resident, 48235

Social Support

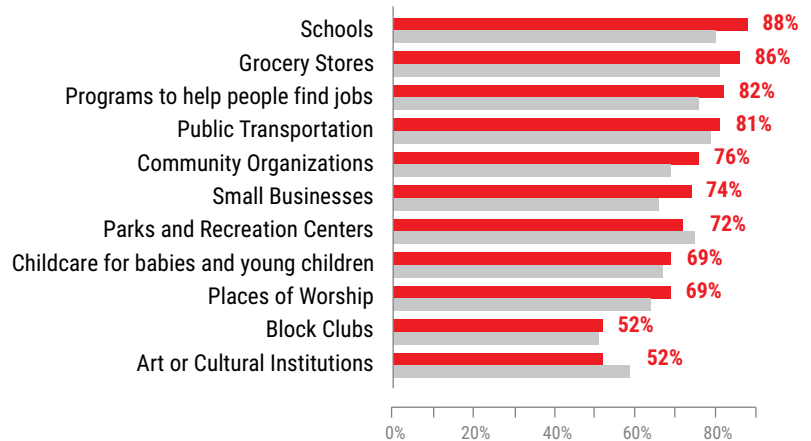


Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Community Story: Residents in District 2 indicate schools, grocery stores, jobs, transportation, and community organizations are vital to the health of the community. We talked with a resident who discussed the importance of after school programs for children. He says, **“When I was growing up, a village raised a child.”** He says more after-school programs are needed and children need more parental support at home. **“After-school programs keep our children out of trouble.”**

– Resident, 48235

What District 2 residents said was very important to their quality of life

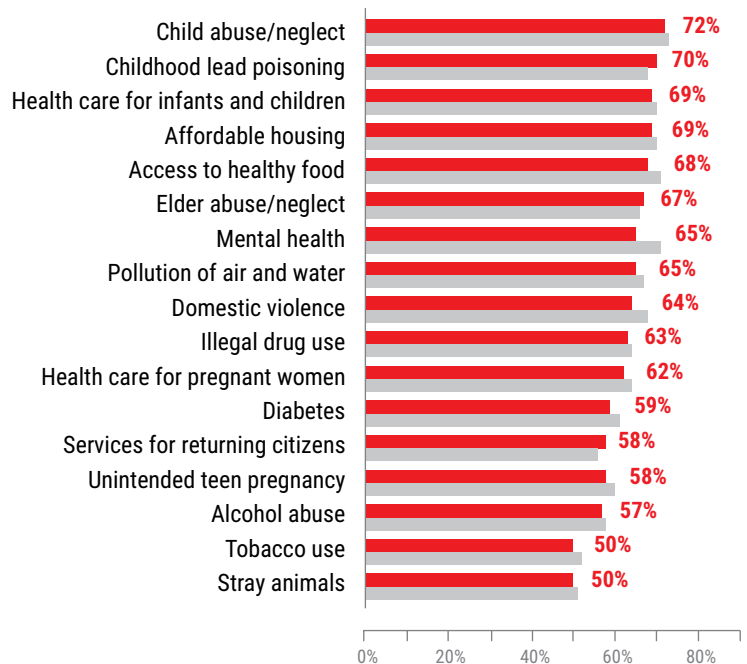


■ District #2 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

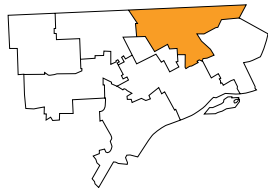
The GOAL (Get On And Learn) Line is one example of a city initiative aiming to address the after-school challenges. Since August 2018, Northwest Detroit families have benefited from an unprecedented partnership between charter school operators, Detroit Public Schools Community District, teachers, parents, multiple foundations, and city leaders to improve educational opportunity for Detroit students. The GOAL Line transports K-8 students from ten schools to the participating school of their choice and then to the after-school program located at Northwest Activity Center. **For more information, please visit the following link: goaldetroit.org/**

Priorities to Improve Community Health



■ District #2 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

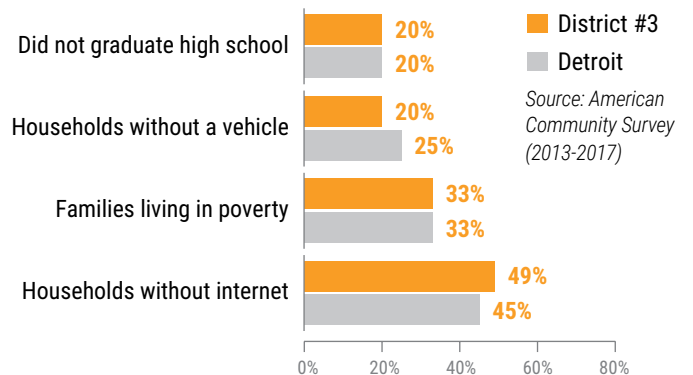


District #3 Health



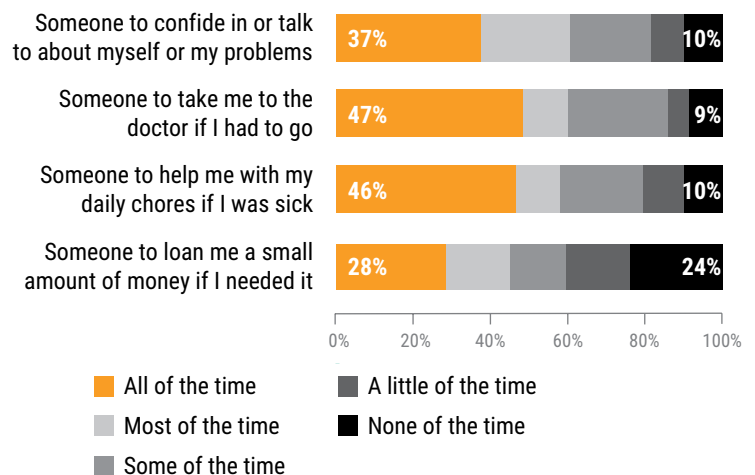
Residents of District 3 show a strong concern for the most vulnerable members of their community. A very high proportion of residents cited abuse and neglect for children and older adults as their top two priorities to improve community health. Many residents in District 3 also have strong social support networks compared to the other districts.

Social Determinants of Health



Community Highlight: Residents in District 3 identified healthcare for infants and children as a top community health priority. One organization impacting infant health is the Black Mothers Breastfeeding Association, a nonprofit organization located in District 3 whose goal is to have a national impact on the reduction of racial disparities in breastfeeding success. They provide education, valuable resources, and ongoing support to Black families and public and private agencies that serve these families. **For more information, please visit blackmothersbreastfeeding.org**

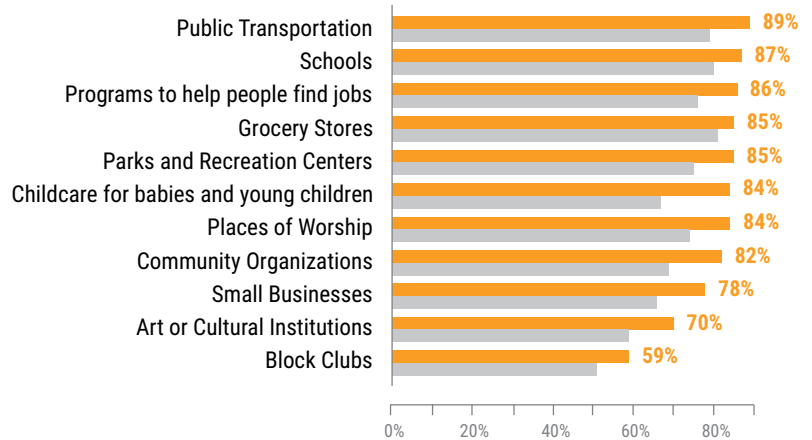
Social Support



Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Community Story: Residents in District 3 identified access to healthy, affordable food as a significant priority improving community health. Create Northeast Detroit is a collaborative project where residents take care of unused and abandoned lots, creating community gardens and green spaces to host many community events. Residents worked with neighborhood associations plowing land, planting trees, vegetables, and fruit to share with the larger community. This was a collaborative effort between Restore NED, Allied Media Projects, and the Work Department. Through a grant from Art Place America, residents brought to life visions for land use, public art, and landscape architecture, all reflecting community pride.

What District 3 residents said was very important to their quality of life



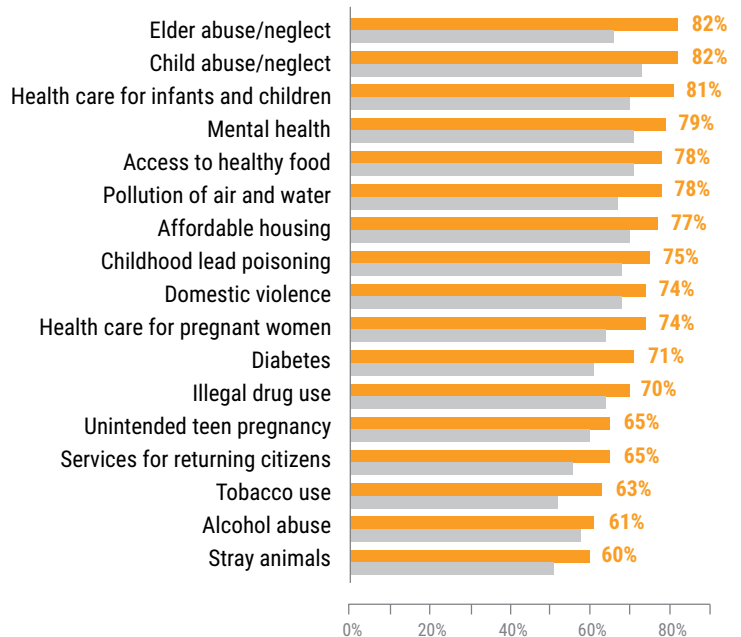
■ District #3 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

Priorities to Improve Community Health

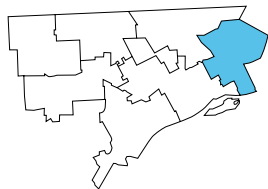


A grandfather attends the Detroit Health Department's Infant Safe Sleep class with his granddaughter. Attendees learned about the ABC'S of Safe Sleep which include: Babies should sleep ALONE, on their BACKS, in a CRIB, and in a SMOKE-FREE environment.



■ District #3 ■ Detroit

Source: University of Michigan Detroit
Metropolitan Area Community Study (2018)

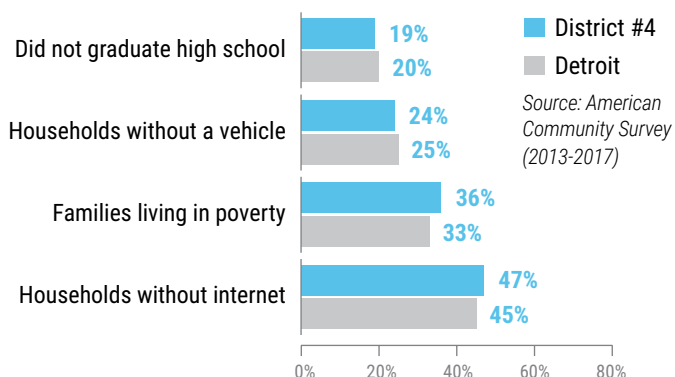


District #4 Health



District 4 residents reported having strong social support and concern for the health and wellbeing of young children. They identified schools, parks, and recreation centers as their top quality of life assets. They ranked child abuse and neglect, mental health, and healthcare for infants and young children among their top three priorities.

Social Determinants of Health

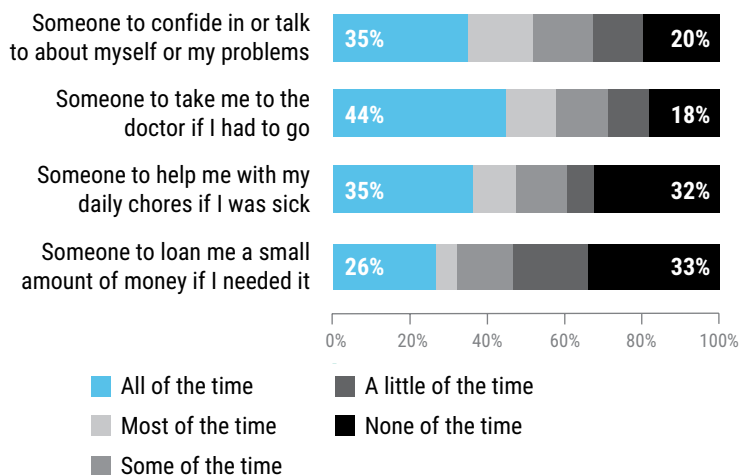


Community Story: One resident describes how his neighborhood has become less populated, but is getting better overall. He said, **"Houses in the area are being restored all the time."** He also acknowledged Hope House as a community resource where adolescents can learn important life skills.

– Resident, 48215

Hope House's activities and programs include Teen Council, Bible Study, Girls' Club, Guy's Group, and more. **For more information, please visit: hopehousedetroit.org/**

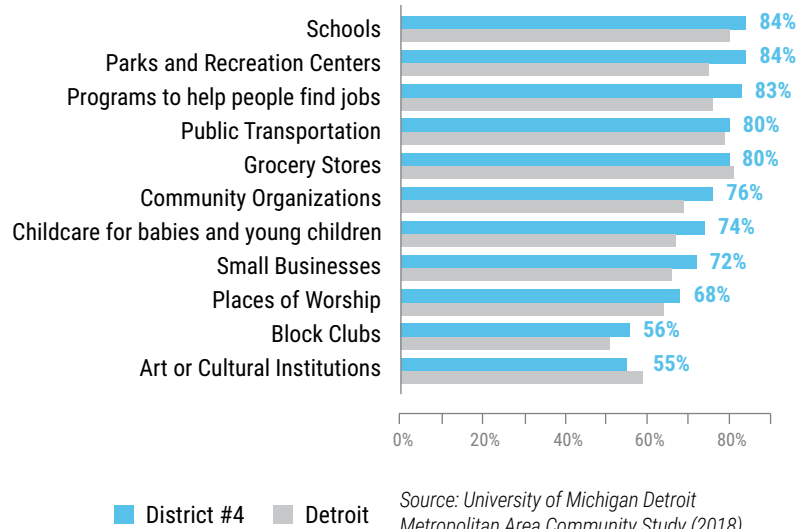
Social Support



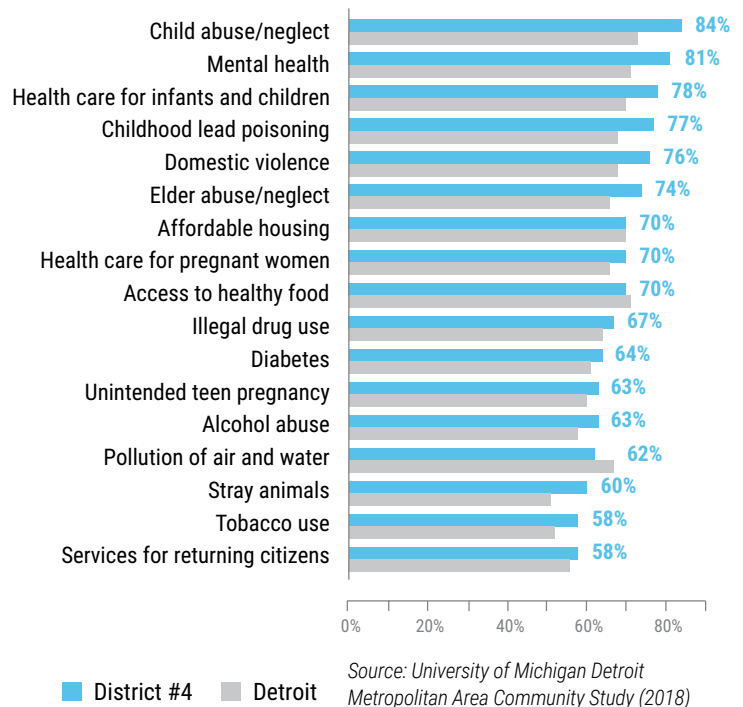
Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

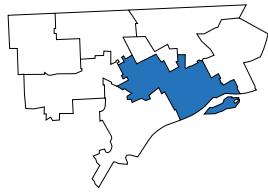
Community Highlight: The importance of parks and green space was identified by District 4 residents as an important contributor to health and quality of life. Eastside Community Network (ECN), formerly known as the Warren/Conner Development Coalition, is an organization working with residents and partners driving lasting, positive change in neighborhoods and communities. Their mission is to develop people, places, and plans for sustainable neighborhood growth on Detroit's Eastside. In 2015, ECN worked with multiple community partners such as St. John Providence Hospital, Chandler Park Conservancy, Detroit Community Academic Urban Research Center, Gensler, and DHD. ECN enhanced the social and urban infrastructure at Chandler Park, and made an impact on physical activity and other lifestyle changes. They continue to work with residents and other community partners to drive positive transformations on the east side of Detroit. **For more information, please visit: ecn-detroit.org**

What District 4 residents said was very important to their quality of life



Priorities to Improve Community Health



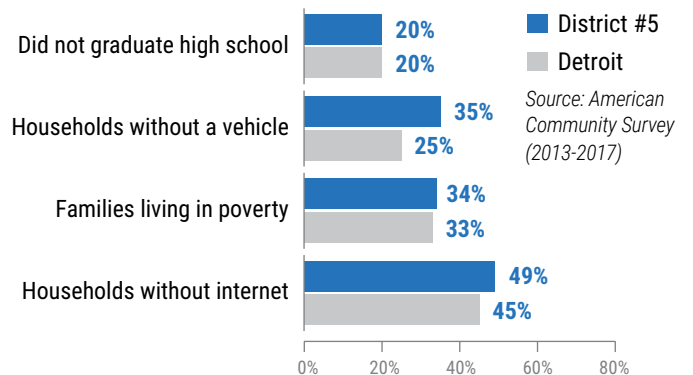


District #5 Health



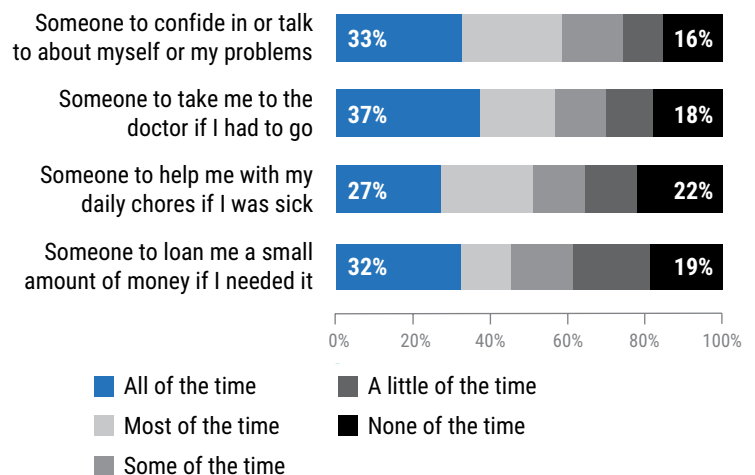
District 5 residents consider grocery stores an important quality of life asset in their community. They also consider access to healthy food as the most important priority to address. Residents in this district struggle with access to transportation, ranking it as another important priority to address.

Social Determinants of Health



Community Highlight: It is important to have community organizations utilizing and leveraging residents' strengths to improve neighborhoods. MACC Development is an organization founded by the Mack Avenue Community Church providing this outreach. Their goal is to seek the holistic revitalization of Detroit's 48214 ZIP code, block by block and neighbor by neighbor, to transform the community, both spiritually and physically. Some of their activities include a mission trip, a sports league, community planning, education and literacy programs, and legal services. **For more information, please visit maccdevelopment.com**

Social Support



Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Community Story: Residents in District 5 agree grocery stores and access to healthy food are important contributors to health in their neighborhoods. One resident describes his challenges with food, saying that “[he] shops everywhere because [he] is mobile,” but overall says we are disconnected from our food. He says that WIC and Project Fresh are good programs, but “[there is a] lack of information. People don’t know what’s out there.”

– Resident, 48206

This lack of information about healthy food access and the connection to chronic disease is a challenge for residents and other decision makers. This resident leader has stepped up to the challenge by creating a learning market teaching people how to shop and cook, emphasizing the importance of eating together with others.

What District 5 residents said was very important to their quality of life



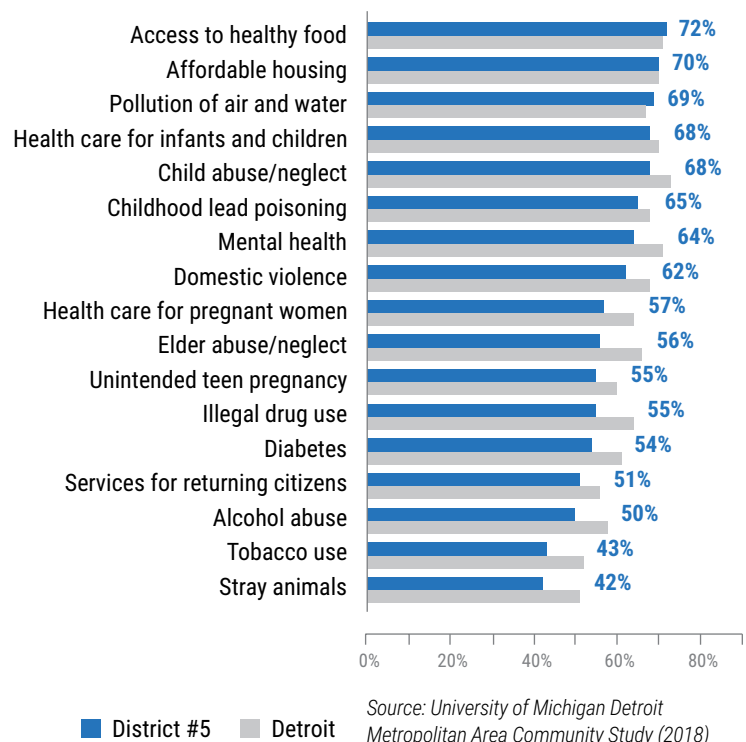
Community Story: A mother and daughter, in a joint interview, said, “If you want to help children, you need to target the parents because they are teaching the children.” Service providers should make the services more accessible to reduce the stigma often associated with accessing services.

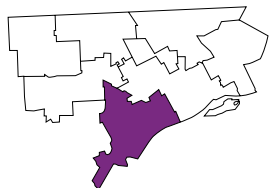
– Resident, 48202.

Focusing on parents providing the skills, resources, and opportunities to help their families be healthy is a fundamental tool in breaking the intergenerational poverty cycle. Many community organizations are working together providing services to residents at pre-existing community events, including those in District 5.



Priorities to Improve Community Health



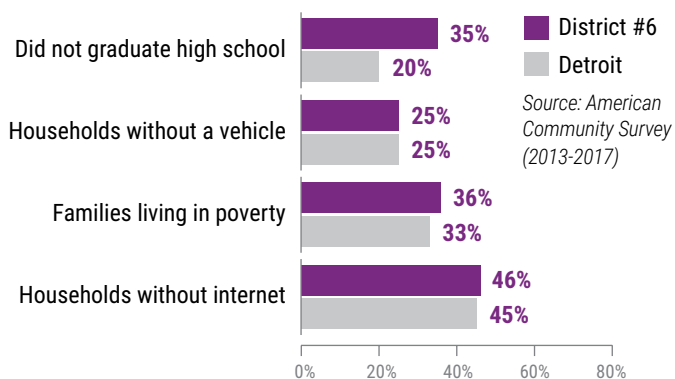


District #6 Health



District 6 residents consider grocery stores as an important quality of life asset in their community. Furthermore, they consider access to healthy food as a very important priority. District 6 residents also place a significant value on programs helping people find jobs in their community.

Social Determinants of Health

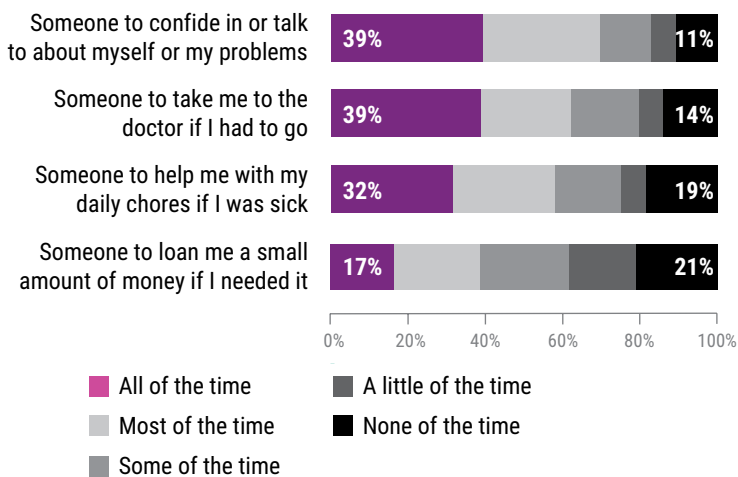


Community Story: While we benefit from our social networks and relationships, we also need coordinated health and social services. One resident said, **"There are more health issues and barriers in the poor areas than in the growing neighborhoods, so as the city continues to grow we can't continue to forget the basic necessities those in the poor parts of the city need."**

– Resident, 48210

This is why it is important to focus services and outreach in neighborhoods with the greatest needs.

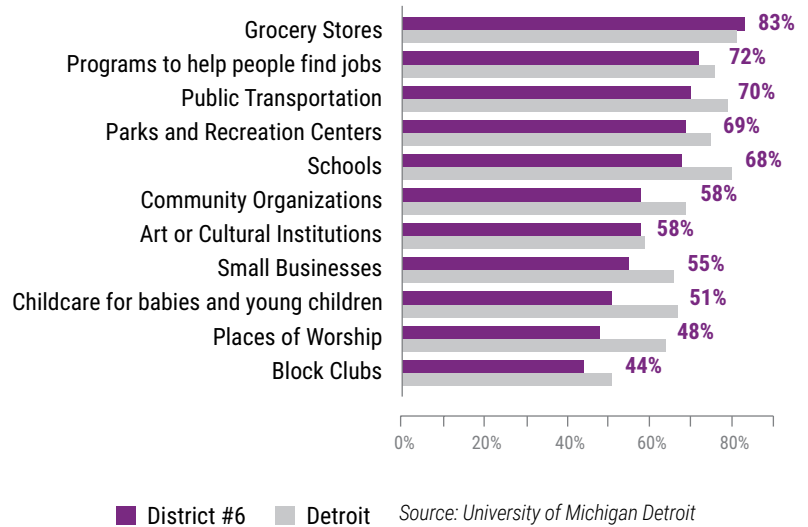
Social Support



Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

Community Highlight: In response to the Gordie Howe International Bridge construction proposals in 2008, residents formed the SW Detroit Community Benefits Coalition (CBC). In 2017, \$45 million was approved for a City-State Agreement providing community benefits in SW Detroit covering the costs for job training, health monitoring, air quality monitoring, home swaps, and home improvements. In 2018, the Detroit Health Department worked with the SW Detroit CBC, University of Michigan, and Detroit Hispanic Development Corporation to conduct a household survey documenting environmental health and safety concerns. One tangible impact has been an increase to 3 permanent air quality monitors in the area. Up to 40 families will also host moveable indoor air monitors, and a mobile air quality monitoring vehicle providing residents and leaders with real-time data for more informed decisions.

What District 6 residents said was very important to their quality of life

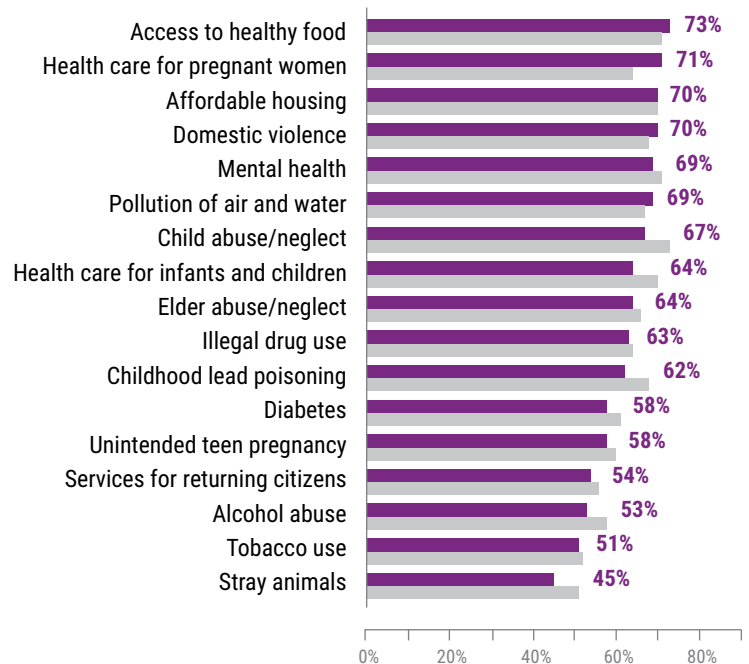


Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

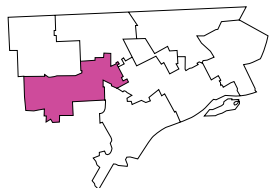


Gadah Sharif, from the Detroit Health Department, leads community members through a health visioning exercise.

Priorities to Improve Community Health



Source: University of Michigan Detroit Metropolitan Area Community Study (2018)

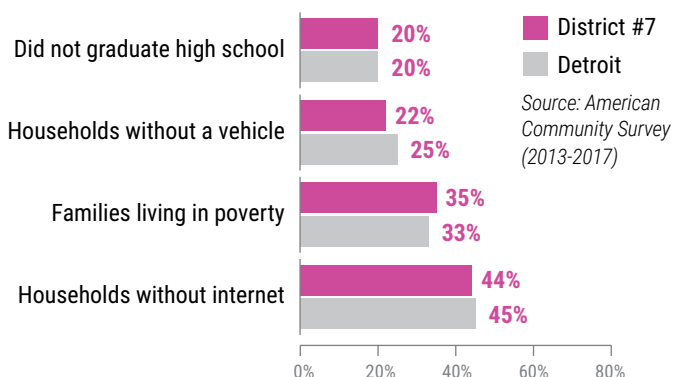


District #7 Health



District 7 residents highlighted public transportation as a very important asset to their quality of life in the community. Furthermore, they share a citywide concern about the wellbeing of infants and children. They ranked child abuse and neglect as the highest community health priority to address.

Social Determinants of Health

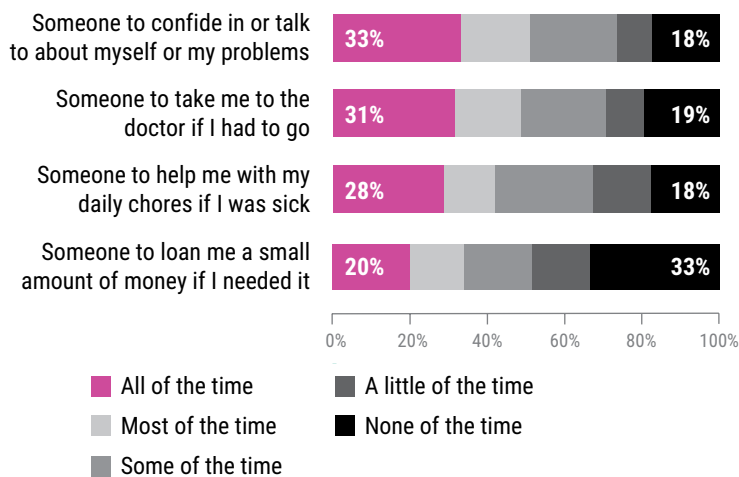


Community Story: When it comes to institutions supporting people and quality of life, one resident reported that **"We need a resurgence on another level of community activism..."** She said faith-based organizations, nonprofits, community-based groups, and self-help groups have all been great resources; however, we need more.

– Resident, 48239

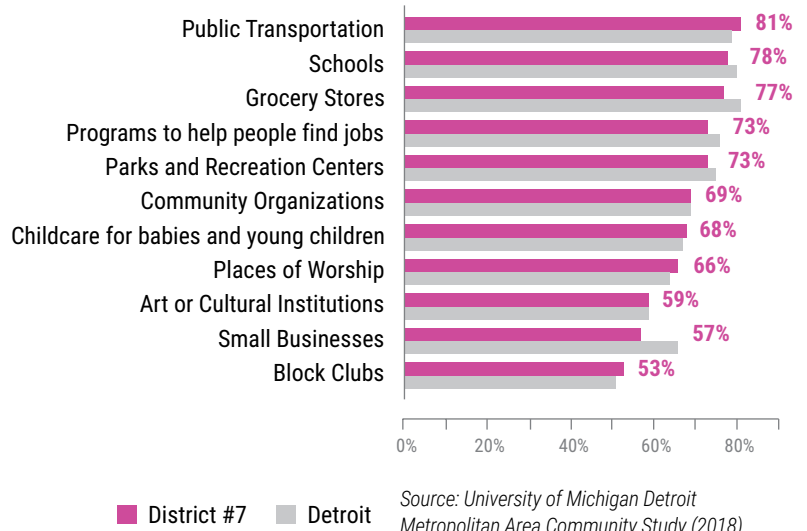
The City has hundreds of block clubs and community organizations that could use your support and activism. **We encourage residents to find out more by getting engaged with your local Detroit Department of Neighborhood District Manager at detroitmi.gov/departments/department-neighborhoods**

Social Support

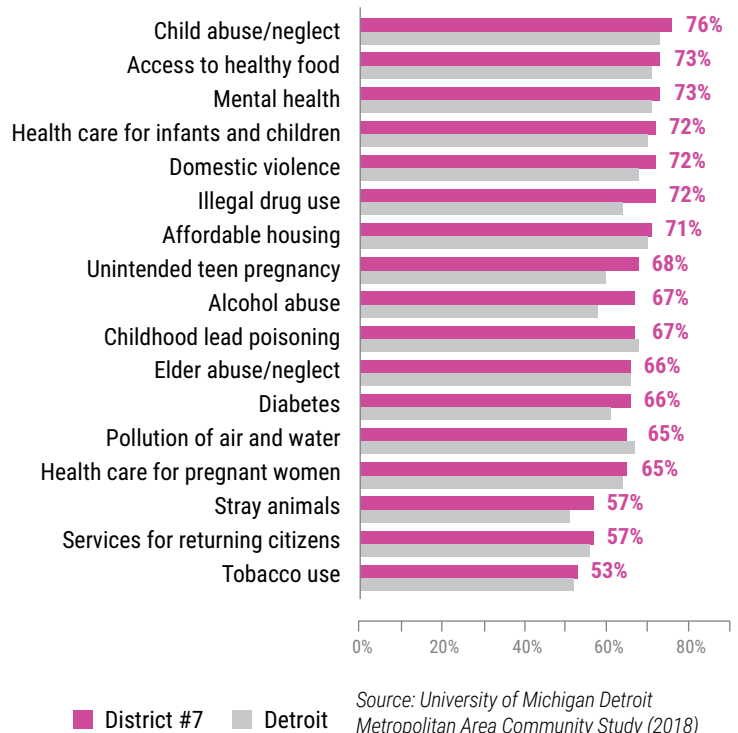


Community Highlight: The Cody Rouge Community Action Alliance Community Development Corporation is a nonprofit organization charged with achieving sustainable economic growth for the entire Cody Rouge community. In partnership with the Detroit Planning and Development Department, the Skillman Foundation, General Motors, Joy-Southfield Community Development Corporation, Trinity Health System, and others, they are creating a community centered on children's wellbeing. **For more information about the Cody Rouge Community Action Alliance, please visit: codyrouge.org/**

What District 7 residents said was very important to their quality of life



Priorities to Improve Community Health



Our Work Continues

Many factors impact how long and how well we live. These include our socioeconomic status, where we live, living conditions, access to social and health services, stress, health behaviors, and genetics. All these factors impact our health outcomes and quality of life. To make an impact on health equity, we need to improve the social determinants of health impacting our residents and neighborhoods.

We have tremendous residents, community partners, and local assets helping us achieve our community's vision for a healthier Detroit. While we acknowledge there are many challenges, we have also encountered many opportunities to positively impact health.

After reviewing input from almost 2,000 people, we are left with the goals identified below. Three of these goals will be prioritized by the community and will become the foundation for a health improvement plan.

The steps we take over the next couple of years to address the issues raised by our residents will undoubtedly define our city for generations to come. No government or organization can do this work alone, but together our vision for a city that allows all people to have the opportunity to live the healthiest lives possible can be achieved.

The Detroit Health Department will continue working with community stakeholders prioritizing our community health goals. Together, we will develop community action plans building upon our current strengths and resources.

Our vision for this work is challenging but achievable: to establish accountability for achieving healthy and thriving communities, where all Detroiters engage and participate in a compassionate, coordinated public health system supporting complete well-being.

Detroit Community Health Goals

- 1 Improve health and quality of life by strengthening educational and economic policies.**
- 2 Protect and promote neighborhood environments that support healthy living opportunities for all.**
- 3 Ensure the basic housing needs and health of residents are supported and sustained by increasing access to safe and affordable homes in all neighborhoods.**
- 4 Build safe and supportive neighborhoods with all residents through collaborative social networks and community partners.**
- 5 Promote healthier habits and wellbeing for everyone by strengthening the community's access to resources.**
- 6 Improve health access and outcomes by coordinating community and health resources.**

DETROIT HEALTH DEPARTMENT'S CONTACT RESOURCES

SisterFriends Detroit **313-961-BABY (2229)**

The SisterFriends Detroit Program is an initiative of the health department that focuses on the reduction of infant mortality by providing and linking pregnant women to viable resources and community volunteers that provide mentoring and social support throughout their pregnancy and one year after the birth of their child.

iDecide Detroit Teen Health Center **833-9-DECIDE** **www.idecidedetroit.com**

iDecide Detroit is a network of teen-friendly reproductive health providers offering teens and adults services like condoms, STD/STI testing and treatment.

Lead Prevention and Intervention **313-876-0133** **www.detroitmi.gov/leadsafe**

Provides lead testing, case management, and lead education.

Immunizations

Vaccines for infants, children and adults. Patients should bring their shot record, picture, ID and insurance card.

HOURS:

Monday, Tuesday, Thursday, and Friday: 8 am to 5 pm

Wednesday: 9 am to 6 pm.

Saturday: 10 am to 4 pm

The Samaritan Center
5555 Conner Street Detroit, MI 48213
313-410-8142

Detroit ID **313-876-4000**

The Detroit ID is for all Detroiters. Use it to access city services, open utility accounts, open a bank account, and receive discounts at local businesses.

Food Safety **313-876-0135**

Food Safety inspects, licenses, and reviews proposals to open small and large food businesses and temporary events serving food. Food Safety also educates the community about safe food handling and storage, and responds to restaurant complaints.

Detroit Animal Care and Control **313-224-6356**

7401 Chrysler Drive, Detroit, MI 48211

HOURS:

Monday - Saturday: 10:30 am to 3:30 pm

Sunday: 11 am to 1 pm for lost dog identification purposes only

Women, Infants, & Children (WIC) **313-876-4555**

The Detroit Health Department WIC program provides nutritious foods, nutrition education & counseling, breastfeeding support, and referral services that may help your family in a time of need.

STD/HIV Testing **313-577-9100**

Confidential testing and resources.

Communicable Disease **313-876-4000**

Cases of suspected communicable diseases are required to be reported.

Health Department Main Line **313-876-4000**

General information and connection to programs and services.



Detroit Health Department

3245 E Jefferson Ave #100, Detroit, MI 48207 | (313) 876-4000 | <https://detroitmi.gov/departments/detroit-health-department>