

FREE MCOLES AGILITY TESTING for Detroit Police Candidates

APPLY NOW AT: DETROIT PUBLIC SAFETY HEADQUARTERS, 1301 Third St. Detroit, MI 48226

Monday through Friday 8:00 a.m. to 4:00 p.m.—No Appointment Needed Business Attire and Valid Driver's License Required

MCOLES AGILITY TEST MINIMUM PERFORMANCE STANDARDS

MALES						
Age Group	Vertical Jump	Sit Ups	Push Ups	1/2 Mile Shuttle Run		
18-29	17.5	32	30	4:29.6		
30-39	16.0	30	30	4:38.2		
40+	15.0	30	28	4:54.7		

FEMALES						
Age Group	Vertical Jump	Sit Ups	Push Ups	1/2 Mile Shuttle Run		
18-29	11	28	7	5:35.4		
30-39	9.0	19	7	5:59.1		
40+	8.0	18	7	4:45.7		

MCOLES AGILITY TEST SCORES ARE VALID FOR 6 MONTHS. PARTICIPANTS MUST HAVE COMPLETED THE MCOLES READING 8 WRITING TEST