

DHEALTH PROVIDER NEWS

Quarterly Newsletter

January 2017

Dear Healthcare Provider,

At the Detroit Health Department we are working to rebuild, rethink, and reorganize to promote public health in Detroit. Our vision is simple—build a healthier Detroit and healthier Detroiters. We are rebuilding our health department around the unique needs of this dynamic City and organizing around a life-stage approach to public health. Under this new structure, programs that provide services for the same people will synergize to find new ways of servicing our community.

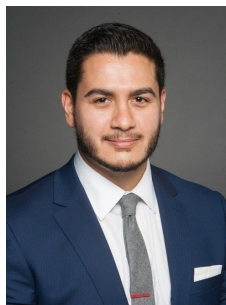
To accomplish this we understand the importance of building strategic partnerships with providers in the city to improve health outcomes for our residents, particularly those outcomes that contribute to the intergenerational transmission of poverty and prevent a child in Detroit from achieving his or her dreams. These include infant health, teen pregnancy, poor vision, malnutrition and obesity, lead poisoning, asthma, and elderly isolation and healthcare access.

Detroit is home to some of the country's best health care institutions, clinics, physicians, nurses, and other clinical providers who we know are dedicated to serving this community. With your partnership we hope to build a health ecosystem in Detroit where all partners are engaged and resources and strategies are aligned between public health and healthcare. We imagine this system of provider-public health engagement will take many forms including the establishment of regular newsletters, forums, continuing education opportunities, timely notification of potential public health threats, educational visitations with physician offices and clinics, and partnerships on special projects. We welcome your collaboration in the development of our approach. We look forward to your partnership toward a healthier Detroit.

Yours for health,



Abdul El-Sayed, MD, DPhil
Executive Director & Health Officer
Detroit Health Department



Your Detroit. Your ID.



Detroit Municipal ID

Are your patients in need of an identification card? If so, the Detroit ID program is providing identification cards to all Detroit residents above the age of 14, regardless of immigration status, housing status, criminal record, or gender identification. Costs of identification cards vary with age (ranging from \$10-\$25).

The Detroit ID will allow eligible residents to interact with important city services including the Detroit Police Department, Health Department, Water and Sewerage Department, and the Detroit Land Bank Authority. Additionally, Detroit ID card holders will be offered discounts to several local businesses as well. For more information on the Detroit ID Program visit: www.detroitmi.gov/DetroitID or call 1-800-408-1599 to schedule an appointment.

Locations:

Patton Park Recreational Center
2301 Woodmere St.
Detroit, MI 48209
&
Samaritan Center
5555 Conner St.
Detroit, MI 48213

Hours of Operation:

Mondays and Wednesdays from 1PM – 7PM
Saturdays from 10AM – 6PM

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Free CME Courses

Through a newly established joint providership between Wayne State University School of Medicine and the Detroit Health Department, we are thrilled to offer **FREE CME courses to Detroit medical providers**. Our 2017 monthly Public Health Lecture Series will include topics such as social determinants of health, intimate partner violence, teen pregnancy prevention, lead poisoning, addiction, asthma and more. Each course will be an hour long (6pm-7pm) and will be held at the Detroit Health Department's Healthier Beginnings Campus located at 55 W. Seven Mile Rd., Detroit, MI 48203. For more information or to register for this event, please email: DHealthProviders@detroitmi.gov.

First Quarter CME Courses for the 2017 Public Health Lecture Series

Wednesday, January 18, 2017	Wednesday, February 8, 2017	Wednesday, March 8, 2017
<p>Abdul El-Sayed, MD, DPhil Executive Director & Health Officer Detroit Health Department</p> <p>Topic: <i>Social Determinants of Health</i></p>	<p>Vijay Singh, MD, MPH, MS Lecturer, Family Medicine, Medical Short Stay Unit, U of M Health System, Dept. of Emergency Medicine</p> <p>Topic: <i>Identifying and Responding to Intimate Partner Violence in Health Care</i></p>	<p>Ijeoma Nnodim, MD Assistant Professor, Internal Medicine, Wayne State University School of Medicine</p> <p>Topic: <i>Providing Care to the Immigrant Community in Detroit</i></p>

Health Policy Corner

While uncertainty looms over federal health policy under the new presidential administration, The Kaiser Family Foundation has released new analyses of Americans' pre-existing health conditions jeopardizing coverage, prior to full implementation of the Affordable Care Act. (ACA).

Nearly 52 million adults, including nearly 1.7 Michigan residents, would have been denied health insurance under rules in place prior to the ACA. Twenty-eight percent of Michigan residents aged 18-64 have health conditions that would have disqualified them from pre-ACA individual plans. The CDC estimates that approximately 26% of Detroiters in this age range already lack insurance.

Coverage for pre-existing conditions is a popular feature of the ACA, but it raises the cost of the plans. These costs have been balanced by the individual mandate, which broadened the risk pool to include younger, healthier participants. Without these participants, average costs will rise, driving up premiums, further winnowing the risk pool and leading to a "death spiral" of premium increases and insurer exit from the market.

Wholesale elimination of the individual insurance market, either through immediate repeal or insurer exit in a "repeal and delay" law, would likely result in a fierce political backlash from over lost coverage through the exchanges. Less clear, however, are the political repercussions of changes to the Medicaid program, which covers the majority of insured Detroiters.

Access to health care and treatment of chronic diseases are key to preventing the intergenerational transmission of poverty. Providers are vital sentinels over the safety net, and we encourage you to share with us your concerns and observations during these changing times. For more information on ACA open enrollment, visit www.healthcare.gov.

A Call to Action: Detroit Must Increase Childhood Lead Testing

Most Detroit homes were built prior to the banning of lead based paint in 1978. Therefore, Detroit children are at a particular risk for having elevated blood lead levels (EBLL). Based on data collected by the Michigan Department of Health and Human Services, only about 38% of children less than 6 years of age have had lead testing with about 7% having EBLL (above 5µg/dL). Unfortunately, many vulnerable children are being missed.

Current American Academy of Pediatrics (AAP) guidelines recommend lead risk assessment at 6 months, 9 months, 12 months, 18 months, 24 months and at 3, 4, 5 and 6 years of age. Given that all children residing in Detroit are at high risk of lead poisoning, **the Detroit Health Department recommends routine screening for all children starting at 9 months of age. Even if testing is normal, repeat screening should occur at 12 months, 18 months and yearly until age 6.**

Appropriate testing entails obtaining a blood lead level via a venous sample. If capillary testing is performed, confirmatory testing via venous sample should be conducted as well. If a lead level is obtained that is greater than **5µg/dL, intervention and follow-up testing should be conducted to ensure the level decreases**. When levels are elevated, the health department is notified in order to decrease or eliminate risk of child lead exposure in the city. Of note, levels >45µg/dL necessitate chelation, but treatment options should be discussed with the local Poison Control Center.

For more information on confirmatory testing intervals, recommended follow-up, and interventions, please visit the Michigan Department of Health and Human Services website. An easy-to-read chart is available here: <http://tiny.cc/iuhxhy>

For additional lead testing related questions, contact the Detroit Health Department at 313-876-4000.

Link-Up Detroit

The Link-Up Detroit/Data to Care program assists HIV-positive individuals living in Detroit who are not currently accessing HIV/AIDS care. Link-Up Detroit provides each individual short-term, intensive support through referrals to existing community support programs and/or engagement with an HIV medical provider.

On Monday, December 12, Link-Up Detroit held a dinner forum for HIV medical providers in the Detroit Metro area to obtain providers' feedback on Link-Up Detroit and determine how the Ryan White HIV Program can better support HIV providers. Providers presented many concrete ideas for how the Ryan White Program can help increase HIV medical capacity as well as specific communication channels Link-Up Detroit will use to make expedited medical appointments for their patients.

For more information on this program, please contact Lindsey Kinsinger, Link-Up Detroit Program Coordinator, at kinsingerL@detroitmi.gov or 313-300-5672.



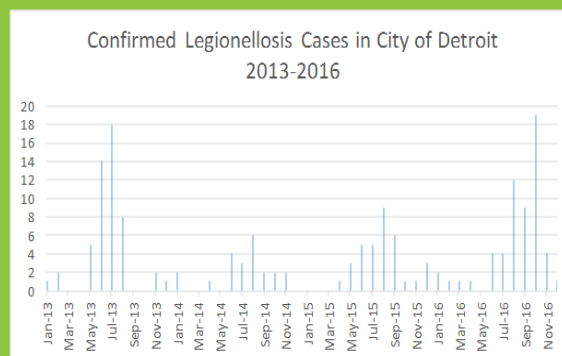
Link-Up Detroit team hosts a Detroit HIV Service Provider forum in December, 2016

Communicable Diseases

There has been a recent increase in cases of Legionella bacterial infections in the metropolitan Detroit area. Legionella occurs naturally in freshwater environments, and can multiply in water systems. When it is aerosolized and inhaled it can cause mild to severe symptoms, including cough, fever, and even death. Many cases of Legionnaire's disease go undiagnosed, so it is important clinicians remain vigilant regarding diagnosis, testing and treatment. Information on what patients to test can be found at (<http://tiny.cc/csn9hy>).

Tests for Legionnaire's disease are culture of lower respiratory secretions on selective media and Legionella urinary antigen. Ideally those are done simultaneously, prior to the initiation of antibiotics. Treatment should be done in collaboration with your hospital's infectious disease specialists, and should follow updated guidelines for community acquired pneumonia (see <http://tiny.cc/vkixhy>).

It is important to contact the Detroit Health Department within 24 hours if your patient is infected so we can identify sources and prevent further infection. If you have any questions or have a patient diagnosed with Legionella infection, please contact the Detroit Health Department Communicable Disease Program at 313-876-4000.



Reporting Animal Bites

Detroit practicing physicians must report animal bites to the Detroit Communicable Diseases Program by completing an animal bite and rabies exposure intake form. To complete this form, go to detroitmi.gov and locate the "Animal Bite Reporting" form under the "About the Health Department" tab on the right sidebar of the homepage. Fax the completed form to 313-877-9286.

Reporting Foodborne Illness

Remember, the top 5 foodborne illness that must be reported are:
Norovirus, Shigella, Hepatitis A Virus, *E. Coli* O157, & *Salmonella Typhi* (Typhoid Fever).
To report foodborne illnesses within Detroit, contact the Detroit Health Department at 313-876-4000 or email dhealth@detroitmi.gov.



WIC Clinics

Did you know that patients who have active Medicaid **also** qualify for Women, Infants and Children services?

For WIC inquiries, contact the Detroit Health Department WIC appointment line at 313-876-4555.

Meet the Medical Director

Hello Detroit Physicians!

I am very excited to share with you the first Detroit Health Department clinician newsletter, one of the many channels through which we hope to engage clinicians in the City of Detroit.


I've been in my role as Medical Director of the Detroit Health Department for about 6 months, but my ties to Detroit—and the health of its residents—is longstanding and personal. My parents grew up on the east side of the city, and my grandparents and parents were graduates of Detroit Public Schools. I grew up just around the corner in Ann Arbor, but spent much of my childhood in Detroit riding my bicycle up and down some of the very streets that now, unfortunately, are sparsely populated. What I saw then were the complex health challenges in my community, and as a young girl I vowed to do something about them by becoming a physician. I went to the University of Michigan for my undergraduate degree, and left 15 years ago to pursue medical and public health training.

I attended the University of Pennsylvania Perelman School of Medicine, where I worked on several community health programs and had my first opportunities to get involved in my public health passion—violence and injury prevention. I completed my emergency medicine training and chief residency at Kings County Hospital Center in Brooklyn, New York, and then completed a Health Policy Fellowship and MPH while serving as faculty at George Washington University. I've had the unique opportunity to work in the Office of Health Reform, implementing the Affordable Care Act under the Obama Administration. Most recently, I was the Chief Medical Officer of the Baltimore City Health Department, where I oversaw seven clinics, a free-standing laboratory, overdose response efforts, and care coordination activities citywide.

Now I'm back home. The positive energy, resilience, and courageous leadership in Detroit make this an ideal place to be for someone who, at their core, is a patient and physician advocate. We have a unique opportunity to change the way the health system and public health work together, in a way that best serves our patients and helps you do the great work of providing outstanding medical care every day. I, too, practice emergency medicine in the city, and see it as a true honor.

My commitment is to keep you informed of the public health priorities and activities in the city, to provide meaningful information that supports your clinical practice, and to build partnerships that advance public health in a way that considers and incorporates physician challenges and concerns. I welcome your feedback and support as we work to improve the health of every Detroiter!

Sincerely,



Joneigh Khaldun, MD, MPH, FACEP
Medical Director
Detroit Health Department



Dr. Khaldun and Dean Carpenter, FNP-BC partnering to serve patients at the Neighborhood Service Organization-Tumaini Center.

The Detroit Health Department is currently seeking medical fellows and interns. Fellowships/internships vary in length. If you or someone you know is interested in becoming a health department fellow or intern, please contact DHealthProviders@detroitmi.gov

If you would like to receive future newsletters, emails, and/or public health alerts from the Detroit Health Department, please send your updated contact information to DHealthProviders@detroitmi.gov

Detroit Health Department

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